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### HON 1515:
First Year Honors Seminar
(Fulfills General Education First-Year Seminar Requirement)
Wolves: Flesh and Fantasy

Kristan Cockerill
Department of Interdisciplinary Studies
cockerillkm@appstate.edu

TR 12:30 – 1:45 PM 162 AH

Throughout history humans have revered, feared, honored, and hunted wolves. Their real and fantastical lives inhabit multiple physical and cultural landscapes. Comparing real, flesh and blood wolves with the fantasies we create about them (beast, hero, hybrid) enables us to think about this singular species as a reflection of our own animal reality. This interdisciplinary course will weave information from biology/ecology about wolves with representations of wolves and werewolves found in fairy tales, myths, film, and television.

Max Capacity: 12

Harry Potter and the Quest for Social Justice

Angela Mead
The Honors College
meadad@appstate.edu

TR 5:00 – 6:15 PM 162 AH

This course will examine social justice issues in historical and contemporary society through the lens of the J.K. Rowling’s Harry Potter series. We will start by looking at examples of social justice (or the lack thereof) issues within the Harry Potter universe and then expand those to consider examples in the Muggle world. Examples may include: issues regarding socio-economic status (contempt for the less wealthy Weasley family); discrimination (against Mudbloods, part-creature individuals, lycanthropy, etc.); the legal system and criminal justice (Sirius’ illegal incarceration, laws favoring purebloods, bribery to escape prosecution, etc.); media and propaganda (Rita Skeeter and the Daily Prophets crusade against Harry); backlash over the revelations of Dumbledore’s sexual orientation; gender and relationships; and other relevant contemporary topics. Students will select one area of interest and write a research paper for the final project of the course. Throughout the course, students will write short and medium length papers regularly. Class participation is an extremely important component of this course, and students will be evaluated on their attendance, participation and preparation for the course in addition to written papers and projects.

Note: we will not be reading the books or watching the Harry Potter film series in class, and the expectation is that students will be very familiar with all 7 books and all 8 films prior to the course.

Max Capacity: 12
Section 103

The Civil Rights Movement in America during the Twentieth Century
Louis Gallien
Reich College of Education, The Honors College
gallienlb@appstate.edu

MW 3:30 – 4:45 PM 161 AH
This course will examine one of the more momentous and consequential social, political, economic and racial movements in United States history focusing on the previous Century. Through a variety of texts, documents, field trips, speakers, films and the professor’s background growing up in a Civil Rights family, the class will encounter a movement that shaped future generations of American citizens, politicians and leaders.

This movement included every strain of society—from churches to civil courts and spawned a multitude of political and social structures that have grown and flourished in this Century. It also can be stated and historically defended that the election of President Barack Obama was a direct consequence of this movement.

A field trip during Fall Break to Montgomery, Alabama, the home of several outstanding and brand-new museums, that highlight historical events during this period are on display in the center of the City that was once a major slave trade in the Antebellum South and was the first Capital of the Confederacy.

Max Capacity: 12

Section 104

Introducing Research: From Theory to Practice
Scott Collier
Department of Health and Exercise Science
colliersr@appstate.edu

TR 11:30 – 12:45 PM TBD LLHS
Honors students from all majors and interest areas are invited to explore the theory and the practice of research in this course. Topics will include finding a research mentor, taking advantage of research opportunities on campus, understanding the role of research in fulfilling your Honors senior thesis requirement and in your future career aspirations. The course will begin with an exploration of research questions and of differences among scientific, scholarly, and creative disciplines. Through inquiry and discussion, including guest researchers from across the university, we will seek an understanding of what well-designed research is and how it can contribute to our lives. Finally, all students in the course will be given the chance to engage deeply in a pilot research project, including data collection and analysis. No previous research experience is required.

Note: Course will be held in LLHS.
Max Capacity: 12
The Anti-Hero in American Movies & TV

Jeff Lindsay
Affiliate Faculty in the Department of Theatre and Dance
jeffrylindsay@yahoo.com

MW 3:30 – 4:45 PM 187 AH

Anti-heroes have been uniquely popular in our culture. From Maltese Falcon and Shane up through Death Wish, Dirty Harry and Cool Hand Luke—all the way to (dare I say it?) Dexter, we have loved heroes who coolly, deliberately, violate societal norms. And recently, the virus has spread to women: Cat Woman (in Batman), the Dragon Tattoo series, “the Bride” in Kill Bill, and even Katniss Everdeen in the Hunger Games series. We idolize these people, even though we know they’re bad. Or do we love them because they’re reprehensible? Why? Is this attraction uniquely American? How has the anti-hero evolved, and what does it say about us?

Through a combination of film study and discussion, students will examine the basic conundrum of the Good Bad Guy. What are the moral implications of liking her or him? When is being bad actually a good thing? And what does it say about us that we cheer for these naughty fellows?

Max Capacity: 12

Balanced Brains

Garrett McDowell
The Honors College
mcdowellga@appstate.edu

M 5:00 – 7:30 PM 162 AH

In this course, we will explore visual, intuitive, right brain intelligence. Through exercises, students will come to understand and condition their own visual and intuitive intelligence and learn to integrate that with their more commonly exercised verbal, rational, left brain intelligence in order to develop whole-mind cognition. Specifically, students will learn to and practice visualization, drawing, photography, meditation, and analyzing their own dreams and media images. Working from the model presented by Williams and Newton (2007) in Visual Communication: Integrating Media, Art, and Science, and with the goal of what Williams labels “omniphasism,” students will come to better value, strengthen, and integrate their many forms of intelligence to be “all in balance.” Students will read and discuss debates forming the foundation for the theory of omniphasism drawn from anthropology, art, biology, communication, media, neuroscience, and psychology. In addition, global, cross-cultural differences in teaching and learning will be explored and compared to better understand social, structural, and systematic influences over intelligence. The goal of the course is for students to develop more balanced brains. Further, as more creative, better decision makers, students will become more competent problem solvers, and with whole mind synthesis, able to engage with and contribute to society.

Max Capacity: 20
This Honors seminar is built around a Fall Break trip to Ireland. Students will discover, research, and present to the class various aspects of Irish history and culture, from pre-history to today, before we leave. Based on these presentations, as a group they will decide where to visit in Dublin and the surrounding area as they dig deeper into their own research interests in preparation for a final project. Students will be encouraged to relate their experiences to their own academic and personal interests.

Note: First-Year Chancellor’s Scholars Only.

Max Capacity: 10
Speaking Peace in Conflict
PJ Nelsen
Reich College of Education
nelsenpj@appstate.edu
TR 12:30 – 1:45 PM 186 AH

Conflict seems to be everywhere. From our politics, to our classrooms, to our personal lives... Many of us avoid conflict because we do not understand its underlying dynamics. Others use violence to get their needs met because they don’t understand alternatives. Simultaneously, in response to this seeming increase in violence, people across the globe, especially young people, are searching for and embracing new resources, new strategies to resolve differences in peaceful ways, ways that bring us together instead of pushing us apart. In this course we will explore nonviolent resources to engage conflict. Nonviolence aims to build connection even when we’re in conflict over issues that traditionally divide us, ones having to do with our deepest moral and social commitments. While we will explore both theoretical resources and practical strategies for engaging across difference in a variety of contexts, our challenge, though, will be to live this intellectual exploration in our engagement with each other in the classroom. In order to live nonviolently, the, we will also take a deep personal dive into practical strategies and processes for navigating difficult conversations and interpersonal conflicts, approaches for speaking and listening amidst conflict to create connection, tools for guiding conflict to uncover new solutions and create clear agreements, as well as mindfulness-based self-connection practices that offer internal resources to respond effectively to difficulty and challenge. Through experiential engagement both in and outside of classroom time, our aim will be to live nonviolently together and to support one another in the development of both our intellectual understanding and practical skills so we bring peace to conflict wherever we find it.

Max Capacity: 15

What is Vegan Studies? Exploring an Emerging Field
Kathryn Kirkpatrick
Department of English
kirkpatrick@appstate.edu
TR 2:00 – 3:15 PM 187 AH

With the publication of Laura Wright’s *The Vegan Studies Project: Food, Animals, and Gender in the Age of Terror* (U of Georgia Press, 2015) and *Through a Vegan Studies Lens: Textual Ethics and Lived Activism* (U of Nevada, 2019), a powerful transdisciplinary field has emerged which is in turn influencing work across the disciplines (see the recently proposed *Rhetorics of Veg(etari)anism*). Arising from the intellectual and activist currents within ecofeminism, human-animal studies, and critical animal studies, vegan studies examines the ways food choices affect personal identity; discourses of gender and race; sustainable development, including adaptation to climate change; the lives of individual animals, including animals traditionally used as food; and human health. This course offers students the opportunity to understand how new fields are born by tracing the genesis of vegan studies, including the socio-historical and environmental contexts that have given rise to it. By reading texts by Mark Bekoff (biology), Carol Adams (ecofeminist ethics), Lori Gruen (philosophy), Greta Gaard (literary studies), Erica Fudge (history), as well as Wright’s founding texts, we will explore the dimensions of this new field, weighing and debating its transformational potential in an era of social and environmental disruption.

Max Capacity: 15
Music from All Angles

Joby Bell
Hayes School of Music
belljr@appstate.edu

MWF 12:00 – 12:50 PM  TBD BROYHILL

This course will offer students various ways to listen to and consider the music they hear. We will not only explore the role of music in society, but will also spend time learning some engaging nuts-and-bolts of the music all around us. Central will be the development of discerning ears and minds for many types of music beyond our own familiar preferences. We will enjoy hands-on experiences with instruments, acoustics, classical and pop music, musical scores, and a brick-and-mortar music library, the Nicholas Erneston Music Library.

Max Capacity: 15

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Physiology, Culture & Health

Jonathan Stickford
Department of Health and Exercise Science
stickfordjl@appstate.edu

&

Carolyn Smith
Department of Health and Exercise Science
smithcj7@appstate.edu

TR 9:30 – 10:45 AM  161 AH

This course is a discussion-based class which is open to honors students only. Topics to be discussed are in the broad fields of physiology, culture, and health-related issues, and other related topics which are of interest to participating students. Previous topics discussed include regional health disparities across the U.S., indices of health in Appalachia, obesity and body image, healthcare systems around the world, etc. Evaluation will be based on class participation and discussion, attendance, and coursework assignments including presentations, written reports and preparing for and leading a class discussion.

Max Capacity: 15
A Changing World: The Leadership and Ethics Challenge
Bob Stec
Department of Management
stecrs@appstate.edu

MW 9:30 – 10:45 AM 187 AH

"Change is challenging. Leadership and ethics in a time of rapid change is even more challenging." In a rapidly changing world landscape that impacts all disciplines, the roles and effectiveness of leadership and ethics is being challenged. This course is designed to deeply engage students in:
a) understanding the major change agents that are impacting the world in which they live, as well as the critical value that leadership and ethics can play;
b) developing a personal leadership and ethics model for use in this challenging environment;
c) developing a plan to use that model in order to leverage change for positive results; and
d) examining real time situations that call for ethical leadership and developing innovative solutions for these situations.

Max Capacity: 15
Creativity in the Arts

Ray Miller
Department of Theatre and Dance
millerrf@appstate.edu

TR 9:30 – 10:45 AM 186 AH

Are you living a creative life? Fostering and developing a creative life is important both personally and professionally. Imagination, improvisation, finding confidence in yourself and others, risk taking, and finding joy in discovery and play are essential to living a life creatively—and well. This Honors course will help you discover these potentialities in yourselves and to share them with others.

Max Capacity: 9

Literatures of Tyranny and Resistance

Kristina Groover
Department of English
grooverkk@appstate.edu

TR 11:00 AM – 12:15 PM 162 AH

What does literature have to do with resisting tyranny? This course is built on two premises: that stories provide us with frames and prisms for understanding the world; and that they also provide alternative narratives that help us to imagine other worlds and other possibilities. Stories can help us to think and to live courageously, capiously, and creatively. With those aims in mind, this course will examine stories of tyranny and resistance, both contemporary and historic. We’ll examine each of the texts we read in the literary, historical, and cultural moment in which it was written and is read. Class discussion will include not only close analysis of the primary literary texts, but history, politics, culture, religion, science, current events, biography, and other contexts. Students will bring this secondary material to the class through research projects and presentations.

Texts may include: Timothy Snyder, On Tyranny: Twenty Lessons from the 20th Century; Margaret Atwood, The Handmaid’s Tale; Alan Paton, Cry, the Beloved Country; Sandra Cisneros, Woman Hollering Creek; Kristina Hannah, The Nightingale; Harriet Jacobs, Incidents in the Life of a Slave Girl; Sinclair Lewis, It Can’t Happen Here

Max Capacity: 14
East and West on the Global Stage  
Kin-Yan Szeto  
Department of Theatre and Dance  
szetoke@appstate.edu

TR 9:30 – 10:45 PM 187 AH

This course is designed to foster understanding between the Eastern and the Western worlds through film, theater, and dance. By examining how film and performing artists of the East and the West create innovative artistic practices, we will look at the ways they are able to succeed within a shifting global, economic and political landscape. We will take a cross-cultural and interdisciplinary approach, drawing from Euro-American and Eastern perspectives. Through close reading of primary texts, viewing of films and videos, and participating in class activities, students will develop and apply skills in comparative analysis and critical thinking. The course will be highly participatory in nature, as blending theory and practice is one of the most exciting and rewarding ways to learn about the East and the West on a global stage.

Max Capacity: 14

With the Best Intentions: Education in the Name of Cultural Uplift  
Albert Stabler  
Department of Art  
stablera@appstate.edu

TR 3:30 – 4:45 PM 186 AH

Over the last two centuries, European-derived ideas of education have been a means of controlling and pacifying colonized and marginalized groups in (and beyond) the U.S., among them indigenous people, Blacks, women, orphans, and the “white savages” of Appalachia. This course will draw on texts and visual representations from a range of disciplines to show how, even before the widespread American dissemination of Darwinism, analogies between species evolution, human development, and cultural hierarchy partook in a “sentimental” ethos linked to white supremacy, and how these historic connections have echoes in contemporary practices of education and philanthropy.

Max Capacity: 14
The First Amendment has long been thought of as containing our most fundamental rights. However, in recent years, the right to free speech, free press, and free association has come under attack. Why is it necessary to have these freedoms in our country? What can we do when these freedoms are threatened? This course examines the vast history of the First Amendment in U.S. Supreme Court rulings, as well as current controversies that bring these freedoms into focus.

Max Capacity: 5
Contact Us

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