

**THE  
HONORS  
COLLEGE**  
at Appalachian State University



**2011-2012 Yearbook  
The Honors College  
Appalachian State University**

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## **History of the College**

Appalachian State University has offered team-taught honors courses that fulfill core curriculum/general education requirements for over 40 years. In the late 1960s, several departments hired new faculty members with innovative ideas regarding student learning. Some of these new faculty members began advocating for an honors program, which they had experienced at previous academic institutions, among them Dr. Tom McGowan and Dr. Tom McLaughlin in the English department. The honors program began under the leadership of Dr. O. Kenneth Webb in the General College before later moving to Academic Affairs in the late 1980s. In 2008, Honors moved to the newly formed University College, led by Dr. Dave Haney.

Dr. Hans Heymann organized the first departmental honors program in English in 1970, and, at first, honors was only available in academic departments. Dr. Helen Latour (Languages/Latin), and Dr. Max Smith (Music) were instrumental in forming the General Honors curriculum in the late 1970s, with the first General Honors course offered in the early 1980s. The honors courses and curriculum have been revised several times since it began, most recently in 2007. In July 2010, The Heltzer Honors Program turned into The Honors College at Appalachian State University, housing the Heltzer Honors Program for International Education.

In the late 1970s, the Honors Program began administering the Chancellor's Scholarship. It became the University's only full academic scholarship during the 2007-2008 academic year. The University Honors Program was renamed the Heltzer Honors Program in 2004 to acknowledge a generous bequest from Harry and Jerri Heltzer of Lenoir, North Carolina.

University Honors Coordinators/Directors:

- Dr. Hubie Williams (English, 1981-1984)
- Dr. Tom McLaughlin (English, 1984-1987)
- Dr. Don Saunders (History, 1987-1999)
- Dr. Ozzie Ostwalt (Philosophy and Religion, 1999-2004)
- Dr. Lynn Moss Sanders (English, 2004-2008)
- Dr. Leslie Sargent Jones (Biology, 2008-present)

## **Honors College Mission Statement**

Appalachian State University, a member institution of the University of North Carolina, has offered academic Honors programs to its most academically successful students for more than 35 years. The Honors College offers stimulating Honors classes, a living and social community of like-minded learners, and an environment that values global understanding and service. These characteristics contribute to the goal of providing opportunities to broaden and enrich the university experience of the most intellectually-motivated students at ASU. The emphasis is on developing independent and creative thinking, promoting open and provocative discussion, and nurturing cultured and caring idea exchange. Honors at Appalachian is an academically rigorous program within the larger University, preparing students for their post-graduate training and long-term goals, and developing the intellectual and moral leaders of the future.

## Honors College Staff

*Director of The Honors College:* Leslie Sargent Jones, Ph.D., Professor, Biology

*Academic Advisor, pre-health*

A.B., Bryn Mawr College, PA (Psychology)

Ph.D., Northwestern University, IL (Anatomy)

Postdoctoral Fellow, Duke University, NC (Pharmacology)

Dr. Jones was a neuroscience researcher and medical school educator for over 20 years before discovering a passion for the role of honors in America's future. Starting out as an honors thesis advisor in the 90s, she was slowly lured into the remarkable world of honors education. She became the Associate Dean of the Honors College at the University of South Carolina before becoming the Director of the Honors Program at ASU in 2008, which became the Honors College in 2010. Being able to mentor and teach the best students in a university is an exceptional opportunity – and a profound responsibility. This critically important mission motivates her pursuit of excellence in honors education at Appalachian.

Dr. Jones obtained her A.B. in Psychology studying septal rage at Bryn Mawr College; she then worked for a year in biophysics at the University of Pennsylvania and a year in genetics at the University of Chicago. She returned for her doctorate at Northwestern University School of Medicine examining the anatomical substrates of classical conditioning using 2-deoxyglucose. She was a technical writer in software documentation for two years after that, and then worked as an NIH Postdoctoral Fellow in Pharmacology at Duke University School of Medical correlating alpha1-adrenergic receptor levels with stroke. She stayed on at Duke as a Research Assistant Professor in Pediatric Neurology studying calcium-activated conductances in a cellular model of epilepsy. Her laboratory at the University of South Carolina School of Medicine focused on molecules that contribute to morphological and physiological cellular plasticity. Most of the later work was on the role of integrins, a family of cell-extracellular matrix proteins first shown to be in the adult mammalian brain in her lab, in neuroplasticity.

*Associate Director and Academic Advisor, humanities & arts:* Michael Lane, Ph.D., Associate Professor, Languages, Literature, and Culture (French)

B.A. (French); St. Lawrence University

M.A. (French); Binghamton University

Ph.D. (French); The Pennsylvania State University

Dr. Lane's first forays in honors education at ASU were in teaching an interdisciplinary honors seminar, "Picasso's Paris," on Hispanic Ex-Patriates in France during the 20<sup>th</sup>-Century and in mentoring a thesis centered on a French village that trafficked Jews to safe havens during the Holocaust. So satisfying were these experiences that he leapt at the chance to join the Honors administrative team, first as Assistant Director of the program (2009) and now as Associate Director of The Honors College. Among Lane's contributions to the unit are his service as Chair of the university-wide Honors Council, as facilitator of new departmental honors tracks campus-wide, and as leader of assessment and evaluation efforts of the College. He enjoys most his close work with his advisees in the Humanities and Arts-based disciplines.

Lane joined the Appalachian faculty in 2000 and is currently Associate Professor of French and Francophone Studies in the Department of Languages, Literatures, and Cultures. Specializing in poetics and short fiction of the 19<sup>th</sup> and 20<sup>th</sup> centuries, he also teaches courses at the undergraduate and graduate levels in language development, pedagogy, and (post-)colonial cultural studies. A veteran director of summer study programs in Paris and Angers, France, Lane most recently led fourteen public school teachers and teachers-in-training from throughout North Carolina on a Fulbright-Hays grant-sponsored experience in Senegal (July, 2011).

*Director of Prestigious Scholarship Program and Academic Advisor, sciences:*

Dale Wheeler, Ph.D., Professor, Chemistry

B.S., Western Illinois University, IL (Chemistry)

M.S., Kansas State University, KS (Chemistry)

Ph.D., University of Idaho, ID (Chemistry)

Camille and Henry Dreyfus Postdoctoral Fellow, Berea College, KY (Chemistry)

Dr. Wheeler has been involved with the Appalachian State University Honors program since 1999 when the community was located in Coffey Hall and has served on the Chancellor's Scholarship selection committee since 2000. Since the spring of 2008, he has served as the Director of the Prestigious Scholarships Program mentoring students through the application process. Within the Honors College, he also is the Director of the AIM High Program and is the academic advisor for science, math, and computer science majors.

Dr. Wheeler holds a Ph.D. in inorganic chemistry from the University of Idaho where his doctoral dissertation involved the study of porphyrins. He obtained his M.S. from Kansas State University where his research investigated vanadium imido complexes. Following graduate studies, he completed a postdoctoral fellowship at Berea College as a Henry and Camille Dreyfus Fellow and then was a faculty member at the University of Wisconsin – Parkside where his research involved the study of organometallic salts as model systems for nonlinear optical materials until his appointment at Appalachian in August 1998. Currently, Dr. Wheeler's research centers around the use of organic and air-sensitive organometallic synthetic techniques to create molecules that are potential hydrogen producing catalysts. He teaches introductory and inorganic chemistry classes at Appalachian State University.

*Honors Advising Coordinator and Academic Advisor, education: Angela Mead, M.A.*

B.A. University of North Carolina, Chapel Hill (Communications)

M.A. Appalachian State University (Higher Education Administration)

Angela Mead graduated from the University of North Carolina at Chapel Hill with a degree in Communication Studies. She moved to Boone to obtain a masters degree in higher education administration and fell in love with the university, students and area, so she remained once her degree was complete. She has worked with honors students since 2005, and currently serves as the Honors Advising Coordinator for the Honors College, where she coordinates advising, orientation, and other student services for approximately 800 honors students. She is in the final stages of writing her dissertation on academic advising and anticipates completing her Ed.D. in

educational leadership in fall 2012. Angela loves working with and teaching these highly motivated students who will be the change agents for the future, and she is proud to play a small part in preparing these students for their amazing futures.

*Academic Advisor, pre-law and business:* Kent Miller, J.D.  
B.S. University of Arkansas (International Studies/Business)  
J.D. William and Mary University School of Law

Mr. Miller was a member of the Honors College at the University of Arkansas and developed a deep commitment to honors education through that experience. He did not think then that he would be involved with it directly, but his experience in law school, where he saw so many students incurring large debts with little understanding of what a law education could provide, prompted him to enter the field. He initiated pre-law advising for students in the Honors College, in addition to piloting a campus-wide pre-law advising opportunity. He served for one year before leaving in May, 2012, to pursue his MBA.

*Office Manager:* Catina DeBord, M.P.A.  
B.S. Appalachian State University (Public Relations)  
M.P.A. Appalachian State University

Catina DeBord has worked in higher education for more than eight years, first at Southern Wesleyan University then here at Appalachian State University. She came to The Honors College from the ASU Registrar's Office in 2010 and enjoys working with the honors student population.

*Graduate Assistant:* Corey Bullock (Fall 2011)  
B.A. UNC-Wilmington (French)

*Student Assistant:* Samantha Craig (Junior, English Secondary Education)  
*Work Study Students:* Candace Mercer, Aja Purkett, Jamar Tiller



## Honors College Faculty

The Honors College Faculty comprises individuals from departments across the campus with an interest in honors education. There were 18 faculty members in the College for 2011-2012 (listed below), with three of them joining during the year (Drs. Seth Cohen, Tom Hansell, and Joyce Dodd).

In order to join the Honors College Faculty (HCF), an ASU faculty member must teach two HON classes, and then for any further teaching within the College must apply and be admitted to the HCF. An ASU faculty member wishing to join the HCF\* must:

1. Teach two HON courses before applying (either the same course twice or two different ones)
2. Submit a letter indicating why they wish to join the faculty and teach in Honors (to HC Director)
3. Attach a Curriculum Vitae with their letter

Applications for membership in the HCF are reviewed by the HCF Review Committee. Members for 2011-2012 were: Howard Giskin, Alexandra Hellenbrand, Johnny Waters, and Mark Zrull.

New members joining the HCF in 2011-2012: Tom Hansell and Seth Cohen.

Faculty Member	Department
Ardoyn, Phillip	Political Science
Seth Cohen	Fermentation Studies
Michael Dale	Education (FDN)
Joyce Dodd	Communication
Jeanne Dubino	Global Studies/English
Howard Giskin	English
Tom Hansell	Appalachian Studies
Andy Heckert	Geology
Alexandra Hellenbrand	Global Studies/LLC
Rick Klima	Mathematics
Emory Maiden	English
Thomas McLaughlin	English
Howard Neufeld	Biology
Dee Parks	Computer Science
Neva Jean Specht	History
Brett Taubman	Chemistry
Mary Valante	History
Johnny Waters	Geology
Mark Zrull	Psychology





## Honors College Advisory Board

The Advisory Committee represents academic and administrative units from across the campus with an interest in Honors. The committee meets each semester to review Honors initiatives and development, and to provide guidance and advice to the Director. Meetings are called semesterly to report out to the Board the activities and initiatives of the College.

Lynn Moss Sanders (Former Honors Coordinator) English  
Tom McLaughlin (Former Honors Coordinator) English  
Ozzie Ostwalt (Former Honors Coordinator), Philosophy and Religion  
Jessie Lutabingwa, Office of International Education and Development  
Lynne Waugh, Academic Advising  
Johnny Waters, Geology  
Michael Dale, Reich College of Education  
Joseph Cazier, Walker College of Business  
Nancy Schneeloch-Bingham, Hayes School of Music

Tom Kane, Housing and Residence Life  
Patrick Setzer, Alumni Affairs  
Laura Crandall, Advancement Services  
Sharon Jensen, Career Development  
Lloyd Scott, Admissions  
Kelly McBride, Library  
Claudia Cartaya-Marin, Chemistry  
Janice Pope, Communication  
Susan Davies, Enrollment Services  
Paulette Marty, General Education  
Alan Utter, Office of Student Research  
Susan Roggenkamp, College of Health Sciences

## Honors College Student Advisory Board

The elected officers serve as the Honors College Student Advisory Board, providing a liaison between the students and the Honors faculty, staff, and the HC Advisory Board. The president in AHA! serves as part of the *ad hoc* three-person grievance subcommittee representative in the need of such as event.

**President** Susan Zhao  
**Vice President** Corbin Ester  
**Secretary** Josh Watson  
**Treasurer** Caleb Gossett



## Academic Integrity Policy

According to the Appalachian State University Honor Code, "Students will not lie, cheat, or steal to gain academic advantage" and "will oppose every instance of academic dishonesty." The Honors College takes this code seriously, and takes students at their word that they will abide by this code. A student's violation of this code may result in immediate dismissal from The Honors College.

## **The Code of Student Conduct**

The Appalachian State University Code of Student Conduct provides extensive guidelines on conduct for students attending ASU. Students in The Honors College are held to the high standards detailed by this code and are expected to epitomize respectful and responsible conduct. Honors students value diversity, promote pluralism, and cultivate community.

Any violations of this code for which you take responsibility, or for which you are found to be responsible, may be grounds for dismissal from The Honors College. This will be determined on a case-by-case basis by the Director of The Honors College. Appeals from dismissal decisions may be made to an *ad hoc* three-person grievance subcommittee composed of two members of the Honors College Advisory Board and one member of the Student Advisory Committee.

For the past three years incoming freshmen have been asked to review and sign a document that reiterates these policies and explains that if they are reported to the Office of Student Conduct, that office has their permission to let the Honors College know of the charge and any finding. While this policy and the form were approved by the University's General Counsel, the Office of Student Conduct is too overburdened to be able to implement it. Findings of misconduct by Honors College students are not common, but this is information that is needed; there is no data to report on this yet.

## **Departmental Honors Programs and Honors Council**

There are 24 departments/colleges/programs that offer honors tracks for their majors. The requirements and procedures for graduating with departmental honors are listed through the specific department of interest. Most departmental honors programs will require at least nine hours in departmental honors courses, including a three-hour senior honors thesis/project. Students may take part in more than one honors program at a time, but multiple themes may be required or much larger combined theses. Honors courses are usually offered by invitation only, but students interested in enrolling may make application to the departmental honors director to request admission to the track.

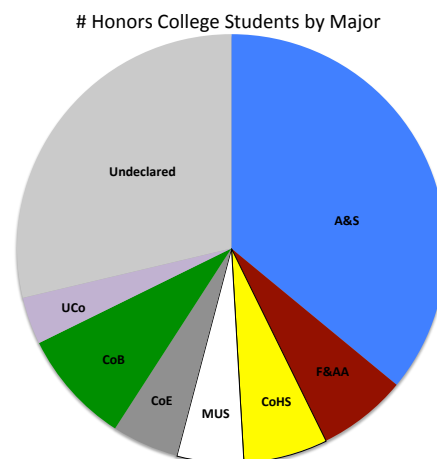
Anthropology Dr. Cheryl Claassen  
Appalachian Studies Dr. Katherine Ledford  
Art Dr. Jim Toub  
Biology Dr. Lynn Sieffermann  
Chemistry Dr. Libby Puckett  
College of Business Dr. Joseph Cazier  
Communication Dr. Cindy Spurlock  
Computer Science Dr. Dee Parks  
Criminal Justice Dr. Elicka Peterson  
Dance Ms. Marianne Adams  
English Dr. Holly Martin  
Foreign Language and Literature (Spanish & French) Dr. Andres Fisher

Geography and Planning Dr. Chris Badurek  
Geology Dr. Johnny Waters  
Global Studies Dr. Alexandra Hellenbrand  
History Dr. Scott Jessee  
Interdisciplinary Studies Dr. Joe Gonzalez  
Mathematics Dr. Vicky Klima  
Philosophy & Religion, Dr. Monique Lanoix  
Physics and Astronomy, Dr. Richard Gray  
Political Science Dr. Elicka Peterson  
Psychology, Dr. Sandra Gagnon  
Social Work, Dr. Michael Howell  
Sociology, Dr. G. Michael Wise

## Honors College Students

Honors College students are found in all colleges and most majors on the campus. Currently, there are 800 students in the College, with the majority in the College of Arts and Sciences.

The demographics of the Honors College illustrate that in-state students make up the majority of the population (88.7%), and they self-identify mostly as White (90.1%). There are 6.9% First Generation, and 15.5% are considered Low Income. Analysis by race indicates 3.5% are Hispanic/Latino, while 1.3% are Asian and 1% are Black African American.



## Fall 2011 Honors College Student Profile

Total Honors College students Fall 2011 = 767

Total degree-seeking undergraduate students Fall 2011 = 15,282

	Honors Students		ALL Undergraduates	
	Count	Percent within Honors College	Count	Percent of all UG
<b>Low Income**</b>	119	15.5%	3,931	25.7%
<b>First Generation***</b>	53	6.9%	2,181	14.3%
<b>InState</b>	680	88.7%	13,898	90.9%
<b>OutState</b>	87	11.3%	1,384	9.1%
<b>Race/Ethnicity</b>				
NonResident Alien	6	0.8%	79	0.5%
Unknown	16	2.1%	361	2.4%
Hispanic/Latino	27	3.5%	512	3.4%
Amer Indian/Alaska Native	2	0.3%	43	0.3%
Asian	10	1.3%	197	1.3%
Black/African American	8	1.0%	437	2.9%
Native Hawaiian/Other Pac Isl	0	0.0%	6	0.0%
White	691	90.1%	13,410	87.8%
Two or More Races	7	0.9%	237	1.6%
<b>Total</b>	<b>767</b>	<b>100.0%</b>	<b>15,282</b>	<b>100.0%</b>

Notes: Numbers for Honors College from Banner SZASACT = ST\_OT67 Source for first generation and low income is Banner Financial Aid data where low income is based on financial aid data/federal Pell Grant guidelines. Undergraduate numbers are degree-seeking UG

## Fall 2011 Honors College Students

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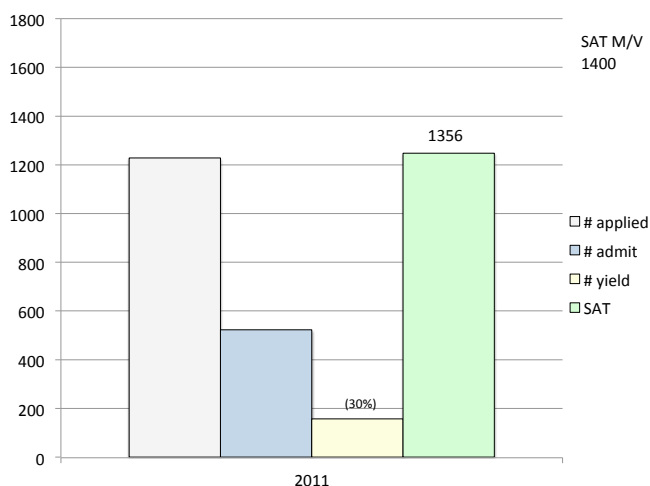
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## Honors College Admissions Data

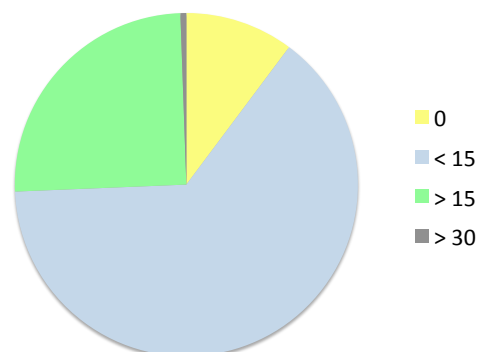
The 2011-2012 admissions cycle saw the highest percentage yield on those admitted, and the highest caliber of students since this data was collected. The graph below indicates the numbers of students who applied, were admitted, and ultimately matriculated as the freshmen class of 2011.



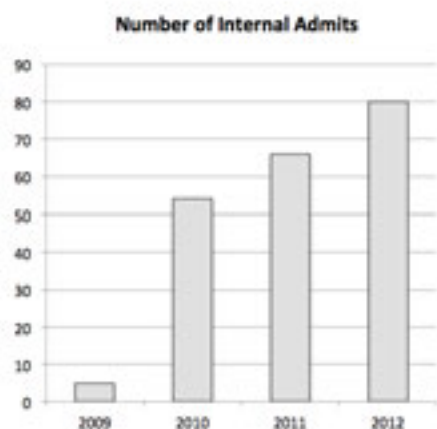
### Incoming Freshmen Data 2011

- Entering Number of Honors Students: 145
- Average SAT(M+V; ACTs converted): 1356
- Average high school class percentile: top 5-10%
- Female:male ratio: 57% female: 43% male
- In state:out of state students: 87%:13%
- Average number of AP/IB/transfer hours brought in: 12.76 (highest 61)

**Number of AP/IB/Transfer Hours**



### Internal Recruiting and Admissions Data



Starting in 2009 freshmen students were invited to apply to the Honors Program if they had a 3.5+ GPA at the end of their first semester. Initial numbers were small, but as seen below, the numbers have grown each succeeding year as the possibility to do this has become more widely known. Students must submit names of two references, their résumé, and an essay on why they wish to be in Honors, in addition to having the requisite GPA. In 2011-2012 80 students were admitted after fall semester. Those who applied quickly enough after the Fall semester could, in fact, be admitted before Spring semester started and sign up for an Honors class. They also could apply for Honors housing for the next year.

### **Chancellor's Scholarship**

The most prestigious scholarship at ASU is the Chancellor's Scholarship offered through The Honors College. It was awarded in 2011-2012 to 15 incoming first-year students and provided the following support and opportunities:

- Full institutional costs for eight semesters, including: tuition, fees, housing, and a meal plan
- A fall-semester trip to New York City for all 15 freshmen Chancellor's Scholars (lead by the two professors teaching the CS special course)
- Full study abroad support to any of 200 ASU partner institutions around the world for one or more of the eight, awarded semesters (including travel cost assistance)
- Opportunities for service-learning courses and programs locally and throughout the world with the Appalachian and the Community Together office (with travel cost assistance)

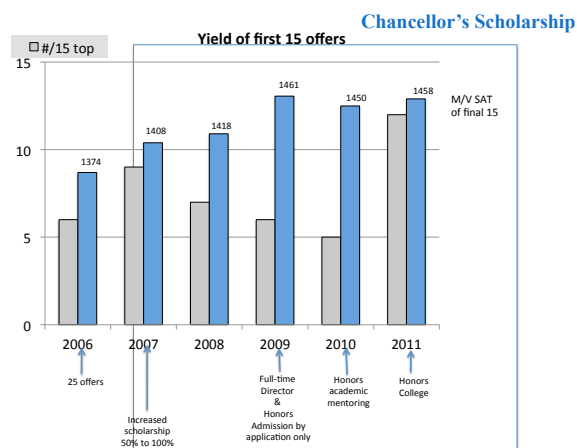
- Support for research and scholarship through the Office of Student Research for research and scholarship in the student's target area of study, including travel funds to attend conferences where the student is presenting
- Support from the Prestigious Scholarships Program for travel to conferences in the student's area of research/scholarship and immediate membership in AIM High with focused mentoring to enhance graduate/professional school and prestigious scholarship applications
- Tuition assistance for summer travel courses with ASU professors
- Priority registration for course selection
- Participation in a unique freshman Honors class designed for the Chancellor's Scholars to promote their professional development
- Dedicated, personalized academic mentoring and advising from the Honors faculty and staff
- Housing available in the Honors residence hall (East Hall in 2011-2012), or housing support may be used off campus or elsewhere on campus after the first year
- Chancellor's Scholars may be in any major and in any college
- Participation in the Honors College and Appalachian Honors Association activities including lectures, service opportunities, and social events

### Selection of the Chancellor's Scholars

There were 1800 applications for the scholarship which were reviewed by a 10-member faculty selection committee from all colleges in the University. They evaluate the applications based on academic performance and potential, as well as the essential student essay, résumé, and two letters of recommendation from teachers who know the student well from course work and extracurricular activities. Successful applicants display a background of superior academic ability based on active, involved learning, and a record of leadership, service, and creativity that are the hallmarks of an exceptional scholar. The incoming Chancellor's Scholars averaged 1458 for their SAT Math + Verbal scores and were in the top 3% of their high school class. Finalists were invited for an on-campus interview with the interview committee, which comprised the application review committee plus five Honors students, during Scholars Weekend in February.

Recipients of the scholarship are required to enroll in at least one Honors course each semester for their first four semesters. Chancellor's Scholarships are renewable for up to eight semesters if the student maintains a 3.45 academic average. Chancellor's Scholarships are not tied to any major or college, and students may use their award to pursue approved, Appalachian State University-associated national and international programs of study.

- Number of applicants: 1800
- Number of Chancellor's Scholars for 2011: 15
- Chancellors Scholars Average SAT (M+V; ACTs converted): 1458



The data for the past six years is shown at left. Notations indicate where changes were made to the scholarship award. Data indicate the number of offers needed to fill the scholarships offered and the average SAT of the final group. Note that 2008 was the beginning of the “full-ride” scholarship awarded to 15 scholars.

### Honors Graduation Data

The data on four, five, and six year graduation rates from the entering Honors classes of 2005, 2006, and 2007 were provided by the ASU Institutional Research, Assessment and Planning Office. Note that only the 2005 year has had six years as of 2011.

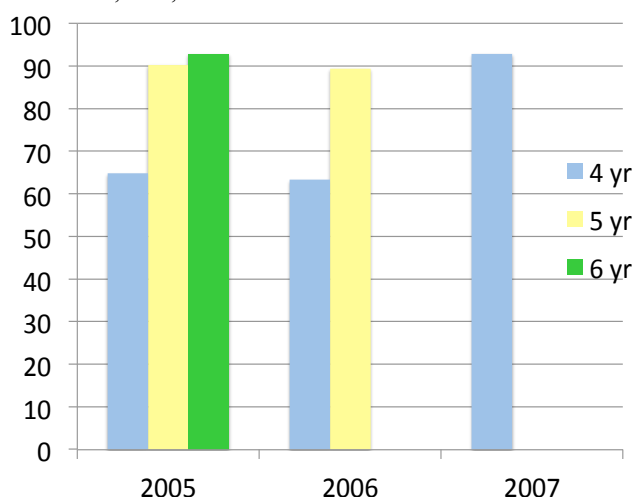
#### All Graduation Data Through May 2012

	Freshman Cohort Year		
	2005	2006	2007
Graduated	328	292	198
Not Graduated	22	28	34
Original Cohort Total	350	320	232
Percent Graduated	93.7%	91.3%	85.3%

#### Graduation Rate Data

	Freshman Cohort Year		
	2005	2006	2007
Graduated 4 Years (n)	227	203	157
4 Year %	64.9%	63.4%	67.7%
Graduated 5 Years (n)	316	286	N/A
5 Year %	90.3%	89.4%	N/A
Graduated 6 Years (n)	325	N/A	N/A
6 Year %	92.9%	N/A	N/A
Original Cohort Total	350	320	232

Four, Five, & Six Year % Graduation Rates as of 2012



\*2005 and 2006 Freshman Cohorts: Students coded 'HC' and 'HQ' in SIS

2007 Cohort from Admission Pros (prior to Banner coding) Prepared by H.Langdon, IRAP, 5/2012

#### Postgraduate Placements of 2011-2012 Graduates

Graduate School	# students	or	Occupations	# students
Other schooling	1		Education	7
MD	5		Business	6
D.Pharm.	1		Nonprofit	1
J.D.	2		Internships	6
MS/MA/MSW	11		Other	16
Ph.D.	4			

## The Honors College University Honors Curriculum

The Honors College offers outstanding and highly-motivated students a special opportunity to broaden and enrich their academic experience by providing Honors courses that will lead to graduation with University Honors from the Honors College. Honors courses are offered through the Honors College (HON courses) and as departmental offerings in more than 30 majors. Most departmental honors courses at the lower division level are designed to fulfill general education or departmental curriculum requirements. Honors courses are frequently conducted as seminars in which students meet in small groups to discuss readings, exchange ideas, debate, and share results of individual study and research. The emphasis in Honors is on independent and creative thinking with a great deal of student participation expected. Support facilities, including classrooms, study rooms, and special programs are available to all Honors College students. In order to graduate with University Honors from the Honors College and have the designation on the final transcript, Honors students must complete the University Honors requirements by meeting the following criteria (for a total of at least 24 required semester hours in Honors):

1. completing at least 9 semester hours of University Honors courses in at least two of the three major discipline areas (humanities, social sciences, and natural sciences) and one each from the three levels of HON 1515, HON 2515, and HON 3515
2. completing 9 additional semester hours of Honors courses from any area
3. completing at least 3 semester hours of Honors courses in the major
4. fulfilling the Honors College International Education requirement
5. maintaining both a cumulative and Honors course GPA of 3.45 in the senior year
6. completing an Honors Thesis/Project (3 semester hours minimum), to be examined (defended) and approved by both an advisor in the student's thesis/project area and a second reader from a different department. (For a list of the 2011-2012 theses see page xx.)

Further information and application materials are available online at [www.honors.appstate.edu](http://www.honors.appstate.edu). Within guidelines approved by the Honors College Academic Program Committee, students may enter into an Honors contract with an instructor and a department or program to complete a standard curriculum course and receive Honors credit. Contracts must be approved in advance by the Director of the Honors College. Copies of the guidelines and Honors contract application materials may be obtained online or from the Honors office.

Any changes to the Honors College curriculum must be approved by the HC Academic Program Approving Committee. The members for 2011-2012 were: Michael Dale, Rick Klima, Dee Parks, Tom McLaughlin, Neva Specht.

### Honors Courses 2011-2012

Dept/College	Departmental Honors Courses Fall 2011	
	Course	Professor
Art	ART 4515-101 Honors Seminar: Photography & Culture	Campbell, K.
Astronomy	AST 3560 Undergraduate Research/(1-3).	(as arranged)
Chemistry	CHE 1110-410 Intro Chemistry Lab	Puckett, L.
College of Business	MKT 3050-410 Principles of Marketing	Burman, B.
	FIN 3680-410 Introduction to Finance	McNeil, C.



	MGT 4750-410 Strategic Management	Pouder, R.
Communication	COM 2600-410 Intro to Journalism COM 3548-410 Rhetoric, Memory, and Public Culture COM 3155-410 Persuasion COM 3928-410 Research Methods	Gates, P. Spurlock, C. Spurlock, C. Gray, J.
Computer Science	CS 1440-410 Computer Science I CS 2440-410 Computer Science II CS 3460-410 Data Structures	McRae, A. Kurtz, B. McRae, A.
Criminal Justice	CJ 4531-410 Contemporary Issues in Corrections	Zaitzow, B.
English	ENG 1510-101 Freshman Honors Seminar ENG 2510-101 Soph Honors Seminar (Early British) ENG 2510-102 Soph Honors Seminar (Early American) ENG 3510-101 Jr/Sr honors Seminar (Early American)	Carroll, B. Wilson, J. McEntee, G. Conway, C.
Geology	GLY 2250-410 Evolution of the Earth	Liutkus, C.
Philosophy	PHL 1000-410 Introduction to Philosophy PHL 3000-410 Ancient Philosophy	Taylor, J. Ruble, R.
Physics	PHY 1150-410: Honors Analytical Physics PHY-1150-210: Honors Lab PHY 3560 Undergraduate Research PHY 4002 Applied Physics Literature	Penders, C. Cockman, J.
Political Science	PS 4723-410 International Political Economy	Ehrhardt, G.
Psychology	PSY 3511-101 Honors Colloquium: Science and Pseudoscience PSY1200-410 Honors Intro Psych	Broman-Fulks, J. Fearrington, J.
Religion	REL 2130-410 Islamic Religion and Culture	Hutchins, W.
Sociology	SOC 1000-410 The Sociological Perspective	Wise, M
Social Work	SW 2615-410 Cultural Competence in the Helping Professions SW 3330-410 Social Welfare Policies, Programs, and Issues SW 3850-410 Social Work Research Methods	Levy, D. Brocksen, S. Marshall, D.
<b>Honors College Courses Fall 2011</b>		
Freshmen Seminars	HON 1515-101 Metamorphoses in Life: Love & Death HON 1515-102 Dissecting the Internet HON 1515-103 Arthurian Legends HON 1515-104 Creative Life and Practice HON 1515-106 The Fourth Amendment     Dodd, J.	Dale, M. Parks, D. Hellenbrand, A. McLaughlin, T. Dodd, J.
Sophomore Seminars	HON 2515-101 Barbarians No More: Debunking Appalachian Stereotypes HON 2515-102 Islamic Religion and Culture	Stewart, B. Hutchins, W.

Junior Seminars	HON 3515-101 Consciousness HON 3515-102 International Experience:Bringing the World Home HON 3515-103 Nature of Writing HON 3515-104 Meaning & Nature of Science HON 3515-105 H2O: We are Water HON 3515-106 Literature, Philosophy, & Emotion HON 3515-107 Biology of Disadvantage: Socioeconomic Status and Health HON 3515-108 Ancient Philosophy HON 3530-101 Selected Topics: Scientific Publishing (Neuroscience) HON 3510, The Washington Experience	Lewis, D. Dubino, J.  Giskin, H. Dass, P. Cockrill, Dale, M. Leedy, G  Ruble , R. Jones, L.S.  Ardoin, P.
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Departmental Honors Courses Spring 2012		
Dept/College	Course	Professor
Appalachian Studies	AS 2411 Intro to Appalachia	Stewart, B.
Art	ART 4515 Cross Cultural Study of Masks	Bentor, E.
Biology	BIO 3301-410 Human Systems Physiology	Mowa, C.
Col of Business	POM 3650-410: Production and Operations Management MGT 3630-410: Introduction to Organizational Behavior	Dinesh Dave, D. Daly, J.
Chemistry	CHE 1120-410 Chem II lab CHE 2202-410 Organic Chem II	Cecile, J. Bennett, N
Communication	COM 1200-410 Foundations of Human COM 3010-410 Media Graphics COM 3110-410 Small Group Communication COM 3155-410 Persuasion COM 3318-410 Public Relations Principles COM 3549-410 Selected Topics COM 3600-410 Feature Writing COM 3640-410 Media Planning COM 4101-410 Advanced Speech Composition	Welsh, S. Gonce, R. Brewer, E. Spurlock, C. Zatepilina, O. Spurlock, C. Edy, C. Yang, H. DeHart, J.
Computer Science	CS 3549 410 Embedded Systems Programming CS 4570 410 Human Computer Interfaces Russell, C.	Barry, E. Russell, C.
Criminal Justice	CJ 3531-410 Media, Crime & Criminal Justice	Robinson, M.
Dance	DAN 4460-410 Somatics DAN 3430-410 Dance History	Adams, M. Miller, R.
Col. of Education	FDN 2400-410 Foundations	DeSisto, L.
English	ENG 2001-410 Honors Soph Seminar ENG 2515-101 Honors (Later English) ENG 2515-102 Honors (Later American) ENG 2515-103 Honors (Later World) ENG 3515-101 Junior/Senior Honors	Hart, S. McLaughlin, T. Conway, C. Atkinson, W. Giskin, H.
Geography and Planning	GHY1020-410 World Regional Geography: Energy Resources and Development PLN 3530-410 Global Cities	Badurek, C. Milstead, T
Mathematical Sciences	MAT 2510-410 Honors Soph Sem MAT 3510-410 Honors Jr. Sem	Klima, V. Klima, V.
Philosophy	PHL 1000-410 Intro to Phil PHL 2015 410 Environmental Ethics	Rardin, T. Taylor, J.

	PHL 3015-410 Medical Ethics	Lanoix, M.
Physics and Astronomy	PHY 1151-410 Analytical Physics II	Coffey, T.
Political Science	PS 3534-410 Fight Club Politics PS 3536-410 Politics & Identity	Ardoin, P. Barnes, J.
Psychology	PSY 1200-410 Psychology: HSSF HONORS PSY 3512-101 Honors Colloquium: Community Based Research PSY 3512-102 Honors Colloquium: Biofeedback	Fearington, J. Jameson, Deni, J.
Religion	REL 1110-410 Religions of the World REL 2020-410 Biblical Literature	Tu Xiaofei Spencer, R.
Sociology	Soc 2020-410 Social Deviance	Wise, M.
Social Work	SW 2615-410 Cult Comp Helping Prof SW 3330-410 Soc Welf Pol, Prog & Iss SW 3850-410 Soc Work Research Methods	Levy, D. Brocksen, S. Leedy, G.
<b>Honors College Courses Spring 2012</b>		
Sophomore Seminars	HON 2515-101 Geoforensics C. HON 2515-102 Game & Film Worlds HON 2515-103 Environmental Law HON 2515-105 Plastic Brain HON 2515-106 Narrative and the Caring Professions HON 2515-108 Cryptology HON 2515-109 Fight Club Politics HON 2515-110 Blue Danube HON 2515-111 Japanese Literature	Liutkus, C. Parks, D. & Rice, S. Waterworth, L. Zrull, M. Osmond, C. Klima, R. Ardoin, P. Hellenbrand, A. Wentworth, J.
Junior Seminars	HON 3515-101 Histories of Knowledge HON 3515-102 We Are Water HON 3515-103 Epidemics in History HON-3515-104 Experimental and Behavioral Economics HON 3515-105 Bringing the World Home HON 3515-106 Discursive Realities: Dialogue in Fiction and in Life HON 3515-107 Cartoons to Colbert: Political Humor Explorations HON 3515-108 International Clinical Education: TBA South Africa HON 3515-108 International Clinical Education: TBA Mexico (10) HON 3515-110 Communicating Black Literature in the 21 <sup>st</sup> Century HON 3530-101 Selected Topics: Scientific Publishing (Neuroscience) HON 3510 The Washington Experience	Haney, D. Cockerill, K. Bulmus, B. Dickinson, D. Dubino, J. Voyles, A. DeHart, J. Jones, L.S. Jones, L.S. Dodd, J. Jones, L.S. Ardoin, P.

## Research and Creative Endeavors

Honors students complete a thesis as the capstone experience of their Honors curriculum, typically in their senior year. However, students start building the foundations for those projects during their freshman year. Students in the creative areas usually are working on their performance and production skills both through class work and studio and practice time from their first semester. Similarly, students who plan to pursue degrees in other areas that may depend on library, laboratory, or field research begin identifying areas of interest and potential mentors their first year as well.

Ideally, students are working as volunteers on a mentor's project by their second semester. In the best circumstances, students will find job opportunities that reflect their interests for the summer after freshmen year, and then be able to pursue their on-campus research as sophomores using the Independent Study option, or with support from the Office of Student Research. This will set the student up for a more focused experience the summer after their sophomore year, perhaps even connecting a research topic with an international experience.



By their junior year students should be narrowing their ideas to a topic appropriate for an undergraduate thesis, with the help of a mentor, and beginning to draft a prospectus of what they will do. The third and final summer may be when they actually do the research, especially if their project requires an intense period of research, data collection, or preparation. Even if the summer is not needed for their thesis project, it is a last opportunity to gain a full-time experience related to their future career path, whether that is through a bench-research project, a writing job, an internship in business, or a clinical experience.

The theses produced by the graduating students are the clearest evidence that the students have been involved in research and creative activities while at Appalachian.

### Honors College Theses Fall 2011 and Spring 2012

Name	Department	Thesis Title	Director	Date
Amelia Adams	Communication	A Content Analysis of the 2012 President Candidates' Twitter Pages	Tina McCorkindale	Spring 2012
Jon Aldridge	English	Living Alone: Three Chapters of a Novel	Jay Wentworth	Spring 2012
Zachary Anderson	Foreign Language	Los problemas creados por los cambios en la dieta occidental y la falta de acceso a la atención odontológica en los estados unidos	Andres Fisher	Spring 2012
Thalia Boozell	Biology	The Effects of Stress on algae lipid composition	Mark Venable	Spring 2012
William Bradley	Math	Cross-Cultural biases in international clinical trials	Statistics	Spring 2012
Alexis Dale	Chemistry	Development of a Method to Passively sample fraser fir pesticides in natural waters using polar organic chemical integrative sampling	Carol Babyak	Spring 2012

Katy Dodd	Biology	An evaluation of Natural and Effective Obesity Treatment Plans	Alan Utter	Spring 2012
Margaret Edling	History	Eugenics: Connections between the US and Nazi Germany	Rennie Brantz	Spring 2012
Matthew Fagan	Psychology	Skateboarding as a form of Human Powered Transportation in Boone and at ASU	Jim Houser	Spring 2012
Kaitland Finkle	Geography & Planning	Economic and Community Development Results of Ecotourism in Costa Rica	Terence Milstead	Spring 2012
Kyle Flores	Biology	Can a recently introduced bioenergy crop, <i>Miscanthus Giganteus</i> , Be Sustainably Cultivated in the South?	Eva Gonzales	Spring 2012
Erika Gleason	English	Examining sources of heresy in the book of Margery Kempe	Allison Gulley	Spring 2012
Amy Grady	Math	The Mathematics of Google	Mark Ginn	Spring 2012
Molly Hansen	Art	Yemanja and Yenaya	Eli Bentor	Spring 2012
Jared Harris	Chemistry	Development of a Protein based system for the detection of organophosphates	Libby Puckett	Spring 2012
Timothy Hefflinger	Philosophy	The "Discipline" of Development	Monique Lanoix	Spring 2012
Lewis Jones	Music	Senior Saxophone Recital	Scott Kallestad	Spring 2012
Caitlin Kannan	Government and Justice	Attitudes Toward Muslims in America	Todd Hartman	Spring 2012
Tyler Laminack	English	And the blots of Nature's hand: vignettes of a Queer Ecology in a Midsummer Nights Dream	David Orvis	Spring 2012
Samantha Lane	History	A Silver Screen Suit of Armor	Scott Jessee	Spring 2012
Devin Lattin	Marketing	Propaganda and Marketing: a closer look	Bidisha Burman	Spring 2012
Anna Martin	Psychology	Emergent Leadership and Narcissism	Shawn Bergman	Spring 2012
Brittany Mauldin	Accounting	Motivating Factors of Income Tax compliance	Mary Ann Hofmann	Spring 2012
Volha Monfiston	Management	The role of Emotion in the Process of Decision Making	Joe Daly	Spring 2012
Bao-Tran Nguyen	Biology	Vascular Endothelial Growth Factor and Inflammation in the Cervix of Mice	Chishimba Mowa	Spring 2012
Corianne Rogers	Biology	Response of Natural Killers Cells to Infection with VSV wt and M protein mutants	Maryam Ahmed	Spring 2012
Jordan Scruggs	English	Lost and Found: A creative writing memoir of self-discovery abroad	Susan Weinberg	Spring 2012
Taylor Sears	Chemistry	Microwave-Assisted Synthesis of Chlorin from Porphyrin	Nicole Bennett	Spring 2012
Margaret Seeds	Physics and Astronomy	Photometric and Spectroscopic Observation of Young Solar Analogs	Richard Gray	Spring 2012
Eric Spivey	History	A Familiar Work: Sword Manufacture and Design in Pre-Viking Ireland	Mary A. Valante	Spring 2012
Amber Staklinski	Economics	Prison Overcrowding: Factors that influence incarceration rates within and between counties	Todd Cherry	Spring 2012
Caitlin Stepp	Government and Justice	Effectiveness of the NAFTA Environmental Regime	Tatyana Ruseva	Spring 2012
Laura Taylor	Art	Social Thinking for Autism Spectrum Disorders:	Mark Nystrom	Spring

		application Design and Development for iOS5 for iPad		2012
Rebecca Waddell	History	A tempestuous path: the history of turkey's ongoing fight for accession to the European union	Rennie Brantz	Spring 2012
Leah Weatherman	Global Studies	Coming to the surface: Finding Alternatives to the Lobster industry in La Moskitia	Rene Horst	Spring 2012
Emma Willis	Criminal Justice	The "Doing Time" Experiences of Sex Offenders: A Critical Assessment of the Effectiveness of Imprisonment policies and Reintegration outcomes	Barbara Zaitzow	Spring 2012
Samantha Bagood	English	Self Publishing For Love and Hate, a young adult novella	Pam Brewer	Spring 2012
Keith Boone	Computer Science	An HTML5 Game Development Framework	Dee Parks	Spring 2012
Rachel Bradley	Exercise Science	The Pathophysiology and Personal Memoir of Multiple Sclerosis	Susan Edwards	Spring 2012
Caitlin Covington	Chemistry	Functional Characterization of the CEOCT	Jennifer Cecile	Spring 2012
Jacob Elliott	Geography and Planning	A trek through time	Christopher Badurek	Spring 2012
Caroline Koons	English and Communication	Bush's War Rhetoric: The War on Terror	Beth Carroll & Cindy Spurlock	Spring 2012
Sydney Lyle	Art	Room 13: Student Lead Creation	Vicky Grube	Spring 2012
Justin Mosgrober	English	Puzzle Films and their Effect on Popular Cinema	Craig Fischer	Spring 2012
Christina Naylor	Music	Video Games in Music Education	Jennifer Snodgrass	Spring 2012
Megan Northcote	History	Presenting Appalachian Culture: Seeking Authenticity Through Living History Museums and Folk Festivals	Neva Specht	Spring 2012
James Rickenbaker	Philosophy and Religion	Hova De Salvatione: The Rise of Christian Universalism and its effect on Modern Understandings of the Theology of Salvation	Richard Spencer	Spring 2012
Kenneth Sarris	Computer Sciences	Graphical Disk Map Treeview: An Alternative for File Management	Frank Barry	Spring 2012
John Schwabe	Biology	Proteomics Analysis of Cervical Remodeling During and Late Pregnancy in Mice	Chishimba Mowa	Spring 2012
Sarah Tencer	Social Work	An Academic Analysis of the Food Stamp Program: Past, Present, and Future	Sally Brocksen	Spring 2012
Aubrey VanGoethem	Health, Leisure, and Exercise Science	Prenatal Physical activity, birth outcomes, and postpartum weight retention	Laurie Mudd	Spring 2012
Daniel Walker	Biology	Trophic and population ecology of introduced flathead catfish <i>pylodictis olivaris</i> in the lower Tar River, NC	Michael Gangloff	Spring 2012
Alicia Woock	Chemistry	Organic Anion Transport in live <i>Caenorhabditis</i>	Jennifer Cecile	Spring 2012
Elizabeth Cherveney	Exercise Science, Pre-Professional	The Significance of Primary Care in Western and Non-Western Cultures	Susan Roggenkamp	Fall 2011
Clara Harrison	Electronic Media and Broadcasting	Eyes Unclouded: An Examination of the Roles of Females in the Films of Studio Ghibli	Craig Fischer	Fall 2011
Cecelia Hinek	International Business/Spanish	Volume and Value: International Wine Trade	Jean-Pierre Courbois	Fall 2011
Elizabeth	Economics/	Mountain Home Music: A Combined Revealed-States	John Whitehead	Fall

Marquardt	Secondary Education	Preference Study with a Test of Predictive Validity		2011
Kristin Pollock	Global Studies/English	Female Education in Contemporary Afghanistan	Sushmita Chatterjee	Fall 2011
Danielle Pulcini	English	War, PTSD, and Speculative Fiction: Kurt Vonnegut's Slaughterhouse-Five	Leon Lewis	Fall 2011
Lauren White	Sociology/Legal Studies	Assessing Sexual Assault at Appalachian State	Amy Page	Fall 2011

Numbers of honors theses produced over the past five years is shown in the figure at right. The total number (gray) is also subdivided to illustrate the component numbers of those theses that were for department or college honors only, Honors College credit only, or both. A note is made where the advising of Honors freshmen was instituted in the "academic mentoring" model.



## International Education

Starting in Fall of 2007, the Honors curriculum changed to include the requirement of an International Education Experience. Since this requirement took effect, students have found a plethora of ways to study abroad and become global citizens. The Honors College is dedicated to helping students study away to gain a broader understanding of the world and to diversify their learning.

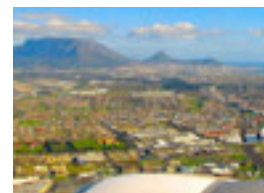
### International Clinical Education Internships

The Honors College, in collaboration with the Office of International Education and Development created several internship opportunities for students wishing to have clinical experience in an international setting. Thanks to partner institutions in South Africa and Mexico, three different internship opportunities were in place for Summer 2012.

University of the Free State, Bloemfontein, South Africa (<http://www.ufs.ac.za/>)



The UFS generously set up multiple opportunities for APP students to spend four



weeks learning how health care practitioners in several fields prepare for their careers. Nine students went for internships at the School of Medicine (4), the Nutrition and Dietetics program (4) or the Sports and Exercise Medicine program (1). Pre-medical students were be paired with a third year medical student at UFS and spent two weeks in hospital rotations and then some time at outreach clinics around the city. The Nutrition students spent one week in each of four different clinical settings along with UFS students who were doing their outreach rotations at that time. The Sports Medicine program offered a mix of research and clinical exposure options including working with the rugby team. Bloemfontein, the “City of Roses,” is the capital of the Free State and sits in the center of South Africa. It is also the Judicial Capital and sixth largest city of South Africa, and has a proud history as the birthplace of the ANC. Situated on the high plateau 1,395 meters above sea level, so it was cold in June when the students were there, but not like Boone! Students were housed in residence hall on the UFS campus and made both new friends and re-met old ones (from the UFS F1 program at ASU Fall 2011).

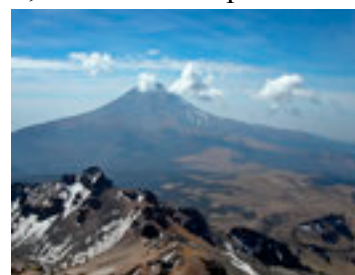


#### Benemérita Universidad Autónoma de Puebla – BUAP, Puebla, Mexico (<http://www.buap.mx/>)



Thanks to the wonderful *Facultad de Estomatología* (Dental School) faculty, four ASU students spent four weeks alongside BUAP students in the dental clinics. Students were partnered with upper division students being taught procedures in the general, pediatric, and specialty clinics. By rotating through the clinics, both on campus and off,

students learned about dentistry, dental education, and health care outreach in Mexico. The school is located in the historic and beautiful city of Puebla, a World Heritage Site, where students experienced Mexican history, culture, and geology (one of the tallest volcanoes in the world, Popocatepetl, “smokes” on the horizon). BUAP is a non-residential university, so students rented rooms in homestays near the campus, learning about life in Puebla from people who live there.



#### Universidad de las Americas Puebla – UDLAP, Puebla, Mexico (<http://www.udlap.mx/>)



Two students spent four weeks at UDLAP, one at the medical school, learning how to transfer their basic medical knowledge to the clinic, and one in a nanochemistry laboratory doing research.

Using mannequins in the training labs, the pre-medical student learned how future medical practitioners are trained and prepared for patient care, while the research student worked side-by-side with graduate students in chemical engineering working on nanochemical water purification technology. UDALP is close to Puebla but is located in Cholula, home to the world’s largest pyramid by volume, with a 15<sup>th</sup> century church on top. Exploring the state of Puebla included off-campus





trips exploring the rich cultural heritage and natural beauty of this region. Students were housed in residence halls on the UDLAP campus and made friends both in and out of their educational venue.

**Students who Studied/Interned/Served Internationally (list representative, not exhaustive)**

Country	Study Abroad Semester/Summer	Faculty-led course	Internship	Alternative Spring/Winter break	Other
Austria		18			
Costa Rica	1				
France		2			
Germany		3			
Greece		3			
India	1				
Ireland		2			
Italy		4			
Mexico			6		
Nicaragua				1	
Russia					2
Senegal		1			1
South Africa		2	9		
Spain	6			Spain	6
Sri Lanka					1
Uganda		1			
UK		2			
Viet Nam		1			
Zimbabwe					1

**Heltzer Honors Program for International Education**

Established in 2009, the Heltzer Honors Program International Education Scholarship Award is given exclusively to honors students who are traveling abroad for a minimum of two weeks and gaining academic credit for their experience. Previous awardees have traveled to Costa Rica, France, Germany, Greece, Spain, Uganda, China, Japan Sweden and the Netherlands (see below for photos of some of the winners).

The Student Development International Grant was established in 2008 to assist honors students with their study abroad experiences. Honors students are eligible for this scholarship by traveling abroad for a minimum of two weeks and gaining academic credit for their experience. Previous awardees have traveled to England, France, Italy, China, Australia, Ireland, and Greece.

International Education Scholarships 2011-2012

Student	Scholarship Amount	Country	S.H.
A. Jordan Scruggs	\$1,200.00	Costa Rica	12
Austin Harbison	\$300.00	Mexico	3

Matthew Freer	\$300.00	Mexico	3
Bethany Boggess	\$300.00	Mexico	3
Miriam Pippin	\$300.00	South Africa	3
Nadareh Naseri	\$300.00	Mexico	3
Brittany Sleeper	\$300.00	South Africa	3
Meghan Kusper	\$300.00	South Africa	3
Kalie Peyton	\$300.00	South Africa	3
Sarah Gorry	\$300.00	Uganda	3
Katherine Burkhalter	\$600.00	Austria	6
Kenneth Kennedy	\$600.00	Austria	6
Amanda Farr	\$600.00	Austria	6
Carys Kunze	\$600.00	Austria	6
Annemarie Anglim	\$300.00	Wales	3
Brianna Germond	\$600.00	Italy	6
Cassidy Culbreth	\$600.00	France, Germany	6
Laura Rash	\$600.00	Spain	6
Kelly Welch	\$600.00	Cuba	6
Ashley Thacker	\$300.00	Costa Rica	3
Chirayu Patel	\$600.00	South Africa	6
Aaron Dallman	\$400.00	Ireland	4
Maria Gulas	\$600.00	Austria	6
David Marvel	\$600.00	Austria	6
Anya Tilly	\$600.00	Austria	6
John Castro-Rappl	\$600.00	Great Britain	6
Kyle Flores	\$225.00	Costa Rica	3
Libby Childers	\$1,200.00	India	12
Leah Weatherman	\$1,200.00	Spain	12
Megan Northcote	\$300.00	Italy	3
Molly Reid	\$600.00	Austria	6
Corianne Rogers	\$600.00	South Africa	6
Jacob Nall	\$600.00	Cuba	6
Timothy Hefflinger	\$600.00	Spain	6
Jordan Gray	\$100.00	Germany, Italy, France, UK	1
Laura Marie Taylor	\$100.00	Germany, Italy, France, UK	1

### Minor in Medical Humanities

Created in the Honors Program in 2009, the Minor in Medical Humanities is designed for the health care pre-professional who wants to have a richer and broader program of study than just the required major or courses. By pursuing this Minor, students will



explore questions in the Humanities and Social Sciences that have a direct bearing on health care today. Courses such as Medical Ethics and Health Law, for example, will take the students into current issues of health care practice through the prism of ethical and legal concerns. Courses like Chinese Medicine and Our Primate Heritage will extend the student's thinking into the history of health care and the growing field of evolutionary medicine. While this Minor and most of these courses are not required for medical school or any other health care graduate program, students will find that the Minor will strengthen their application for those programs both for what it says on their transcript and for what it does to their thinking, writing, and speaking.

This Minor is for those students who want a bit more than the standard preparation for their health care field of choice, and for students who are already in Honors or who want to be able to take some Honors courses even if they are not. The Minor is administered by The Honors College, but application is open to all students in the University with a 3.3 GPA, and all students accepted in the Minor may sign up for any Honors courses in the Minor. Any undergraduate student in the University may apply to be in the Minor in Medical Humanities. In order to participate in the Minor a student must have a 3.3 overall GPA at time of application, and this GPA must be maintained to graduate with the Minor. Applications must be submitted to The Honors College Office to the attention of the Minor in Medical Humanities Committee (MMHC) for review and approval. Any student, regardless of major, may apply, and students accepted into the Minor may take any Honors College courses that are offered for the Minor. The Minor Requires 15 semester hours of course work, including Medical Ethics, the only required course.

Additional, relevant courses may be offered as Selected Topics by departments or as HON courses from The Honors College. Such courses may be included for the minor with approval of the Minor in Medical Humanities Committee (Director of The Honors College, Director of Health Professional Advising, three contributing faculty members, one each from any of the departments contributing courses to the Minor). Examples of such courses that have been offered previously include: Chinese Medicine; Personal and Family Health; Ancient Medicine; Biotech and Society; Social Deviance; Genocide; Humans and Nature; Brains, Behavior and Sex.

Minor Requirements.....15

Students are required to apply to participate in the Minor in Medical Humanities. A 3.3 overall GPA is required at time of application and must be maintained to graduate with the minor. Applications must be submitted to the Minor in Medical Humanities Committee (MMHC) for review and approval. Any student, regardless of major, may apply, and students accepted into the minor may take any Honors College courses that are offered for the minor.

DEPT	Course	hrs	Medical Hum. Requirements: 3 hours	Prerequisites
PHL	3015	(3)	Medical Ethics	none
			<b>Medical Hum. Electives: 12 hours</b>	
ANT	1430	(3)	Our Primate Heritage	none
ANT	3310	(3)	Human Osteology	MAT 0010 or passing math placement test
ANT	4600	(3)	Medical Anthropology	none
COM	2131	(3)	Health Communications	none
ECO	3610	(3)	Economics of Health Care	ECO 2030, ECO 2040 and ECO 2100
HCM	3110	(3)	Health Care Organization and Administration	none
HCM	4910	(3)	Health Law*	HCM 3130 or inst. permission

HP	4200	(3)	Epidemiology	none
PSY	3205	(3)	Biological Psychology	PSY 2664 or inst. permission
PSY	3653	(3)	Health Psychology	PSY 2664 or inst. permission
PSY	4562	(3)	Aging	PSY 2664 or inst. permission
PHL	3600	(3)	Philosophy of Science	One course in science/science educ./philos. or inst. permission.
SOC	3100	(3)	Gerontology	none
SOC	3600	(3)	Medical Sociology	none
SW	4555	(3)	Death, Dying, and Living	none
WS	3300	(3)	Gender and Technology	none
		(3)	Independent Study (as approved by MMHC)	

MMHC members 2011-2012: Leslie Sargent Jones, Chair (Director, The Honors College), Celeste Crowe (Director, Health Professions Advising), Jennifer Gray (COM), Lucinda McCray (HIS), Monique Lanoix (P&R).

Students in the Minor 2011-2012:

Pray, Margaret; Kusper, Megan; Coley, Rebecca; Thomas, Elizabeth; Mathews, Cheryll; Rodeniser, Kelsey; Patel, Chirayu; Zhao, Susan

### **Accelerated Degree Options**

In partnership with the Walker College of Business, the Honors College is promoting the opportunity to do an accelerated B.S./M.B.A. In fact, Appalachian State University offers all high-achieving students the opportunity to complete both their bachelor's degree and their master's of business administration degree at ASU in 4.5 to 5 years. If students come in with Advanced Placement/College credit, they can finish their B.A. or B.S. in six to seven semesters and begin the Walker College of Business MBA program. If they use their last semester as an undergraduate (up to 12 s.h.) to take graduate courses, they can further shorten the time-to-degree. Since the MBA program offers an intensive one-year format and a rolling admissions process, a student could complete both degrees within four and a half years.

Using this as a model, the Honors College and Graduate School are hoping to encourage students to pursue similar accelerated models and stay at ASU for their graduate degrees in other fields, as well.

### **Academic Mentoring: Honors College Advising**

All advising for Honors students is handled by the Honors College advising faculty/staff. Through regular meetings with their Honors mentor, honors students have the chance to discuss course registration plans with someone who gets to know them and helps them plan a curricular path leading to their professional and personal goals. For Honors students, advising is not just about completing a degree, but realizing a dream. This personalized, academic mentoring by the faculty and professional advisors of the Honors College staff is an additional benefit of being in the Honors College, and a critical piece in promoting student success and University Honors completion, as evidenced by the increasing completion rates of honors students (see thesis numbers on page 23).

Advising in 2011-2012 was provided by the following five personnel, with their areas of disciplinary responsibility listed:

<b>Dr. Jones</b>	<b>Dr. Wheeler</b>	<b>Dr. Lane</b>	<b>Mr. Miller</b>	<b>Ms. Mead</b>
<i>All pre-meds regardless of major</i>	Arts & Sciences: all Natural Sciences	Arts & Sciences: <i>Humanities</i> (English, Foreign Languages & Literatures, and Philosophy & Religion)	<i>All pre-law regardless of major</i>	Language, Reading & Exceptionalities (Special Ed.)
<i>All pre-dental regardless of major</i>	Computer Science	Appalachian Studies	Arts & Sciences: <i>Social Sciences</i> (Anthropology, Geography & Planning, Government & Justice Studies, History, and Sociology)	Curriculum & Instruction (Elem. Ed., Middle Grades)
<i>All other pre-health professions regardless of major</i>	Environmental Science	Women's Studies	Finance, Banking and Insurance	Child Development
Communication Disorders	Math	Interdisciplinary Studies	Economics	Nursing
Exercise Science	Sustainable Development	Global Studies	Management	Communication
Psychology		School of Music	Marketing	Rec Management
Biology		Art	Accounting	Undecided
Nutrition & Dietetics		Theatre & Dance	Computer Information Systems	
		Technology	International Business	
		Interior Design	Health Care Management	
			Social Work	

### Honors Pre-Professional Advising

As part of the academic mentoring program, students in the Honors College received tailored pre-professional advising for medical and dental schools (Dr. Jones) and for law school and business school (Mr. Miller) in 2011-2012, the latter for the first time. This mentoring combines the features of pre-professional advising that might be offered by a pre-professional advising office (and that ASU does have for pre-medical/dental students) with the curricular advising needed to be sure that program requirements are met. By integrating both important aspects of support for students, the success rate for post-baccalaureate goals can be improved, as seen by the data that all five pre-medical students were admitted to medical school and both pre-law students were accepted to law schools.

## Honors College Events

A number of events are held throughout the year that serve different goals for the college. Some are designed to promote the student community (Freshmen Welcome Supper, Vanguard Knighting), while others are for recruiting purposes (Open House, Honors Days). Still others are to involve the families both at the beginning (Freshmen Family Picnic) and end of their students' career in Honors at Appalachian (Honorum Laurus in Dec and May (at right)).

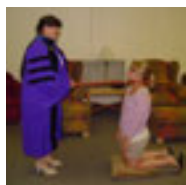


Some of these events also help support the relationship between the College and its faculty, and the "Honors College Faculty Member of the Year" award at the May Honorum Laurus is a particular example of that. The May 2012 awardee was Dr. Mark Zrull, Psychology. This award is given by the students of the graduating Honors Vanguard, who select the winner from among those who have taught HON courses during their time at ASU.

## Appalachian Honors Association! (AHA!)

The Honors Association sponsors activities that support and enhance the academic, service, and social experience of the students. As an officially recognized ASU club, The Honors Association helps increase Honors visibility throughout campus, including service events such as an annual canned food drive, educational programs with guest speakers, and social opportunities like ski trips. Traditional events sponsored by AHA! include: the Great Raft Debate (Dr. Sue Edwards won in Fall 2011), Exam Week Ice Cream Socials, and the East Hall Halloween Party. East Hall has a reputation of being haunted and is listed as such on the website Blue Ridge Parkway Guide (<http://www.virtualblueridge.com/parkway/special/haunted-places.asp>). According to this guide, *"East Hall is one of the dormitories for the college and is said to be haunted. Student assistants have reported being followed by unknown footsteps when on their rounds after midnight. People have also claimed that the lights will suddenly turn off in halls and you can feel someone brush against you. You can also hear whispering voices in the hallway. The third floor new bathroom is haunted by a male ghost, though it is a girls' bathroom. Also, assorted residents have reported seeing a girl dressed in white in their rooms and others have had small items in their rooms rearranged daily."*

## Honors Vanguard



Students who are willing to assist the college at public events (Open House, Honors Days, Scholars Day) are invited to join the Vanguard to be recognized for their service to the college. There is no reward attached to this service, either monetary or in serviced points, but approximately 12 students a year volunteer to join the group.

## Honors Residential Community (East Hall)

Students in the Honors College are not required to participate in the residential offering, but for the last decade, freshmen through sophomore students could live in East Hall if they chose. Housing allowed any Honors student living on campus to stay on campus, and this allowed the College to extend this guarantee of on-campus housing to its students. This is perceived as a great benefit to many students, and approximately 30% of the College students live in the East Hall. About 90% of the freshmen live in the community, and they usually make up about half of the Honors Community in East Hall. Honors does not fill East Hall, however, and about one third of the students in the hall are non-Honors.

## Conference Attendance

### Staff

NACADA: Angela Mead attended the annual conference of the National Academic Advising Association where she was awarded a research grant to support her doctoral research project on academic advising and first-generation college students.



NCHC: Most of the staff (LSJ, MEL, DEW, CDB) along with two Honors College Faculty members (Drs. Dee Parks and Mark Zrull) attended the annual conference of the National Collegiate Honors Council. Dr. Jones was an invited presenter and one session (“*Where Honors Lives: Stories of Honors Physical Structures*”), and organized another roundtable session (“*Honors Participation Fees*”).

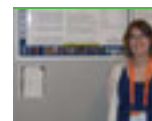
SfN: Dr. Jones and six students attended the annual meeting of the Society for Neuroscience to present a poster on the online, undergraduate neuroscience journal that is hosted through the Honors College at ASU (“*IMPULSE and Social Networking: extending the global reach*”). The students were also able to present at the concurrent Faculty for Undergraduate Neuroscience meeting. In addition to the six HC students, two students from and ASU partner institution in South Africa, the University of the Free State, joined the group as co-authors on the presentation.



NAFA: Dr. Dale Wheeler attended the 6<sup>th</sup> biennial meeting of the National Association of Fellowship Advisors in Chicago, IL, presenting “*Using Stories for Recruitment and Promotion*” as part of an invited panel.

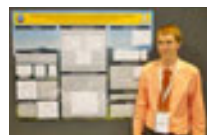
### Students

IBRO: Kate Davison presented a poster at the International Brain Research Organization conference, held once every four years, in Florence, Italy, in July, 2011.



SfN: Kate Davison, Meghan Kusper, Miranda Cook, Jessie Wozniak, and Alaina Doyle attended the SfN conference (see above).

ACS: Amber Harald and Christopher Eubanks (shown here) presented posters on their chemistry research at the annual National American Chemical Society meeting



in Denver, CO. Amber's title was "*Liquid culture of C. elegans promotes efficient functional organic anion transporter assays*," while Chris presented on "*Surface-grafted cobaloximes as hydrogen catalysts in aqueous solutions*."

SYNAPSE: 14 students went to Columbia, South Carolina, March 31, 2012, to present a poster on IMPULSE at the Symposium for Young Neuroscientists and Professors of the Southeast.



NWSA: Rose Buchanan presented a paper examining the West's misconceptions of the world of the Japanese Geisha at the National Women's Studies Association conference in Atlanta, GA, in November, 2011.

NCUR: Alexis Dale ("*Using a polar organic chemical integrative sampler to detect Fraser fir pesticides in natural surface waters*"), Chris Eubanks ("*Surface-grafted cobaloximes as hydrogen catalysts in aqueous solutions*"), Ambar Harald ("*High throughput drug transporter assays in C. elegans*"), Alicia Wook ("*Organic anion transport in live C. elegans viewed by fluorescence microscopy*"), Rachel Bradley ("*Molecular identification of Rh glycoproteins in the sea lamprey*"), and Margo Pray ("*Identification and localization of Rhbg and Rhcg in the gills of the Atlantic hagfish Myxine glutinosa*") presented in April at the annual National Council on Undergraduate Research in Ogden, UT.

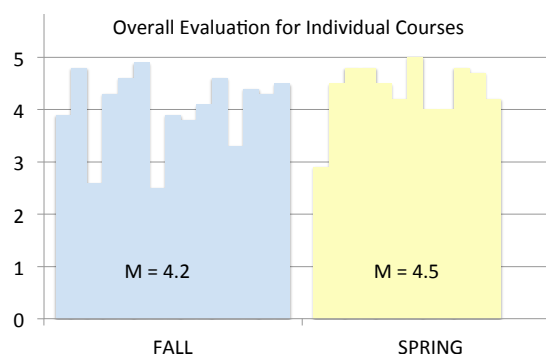
South East American College of Sports Medicine Conference: Grant Canipe and Meghan Kupser presented on "*Caloric Restriction Causes Differential Brain Gene Expression In Wheel Running And Sedentary Mice*" in Jacksonville, FL. They were finalists in the graduate poster competition.

NACURH: Grant Canipe presented at the National Association of College and University Residence Halls annual meeting in Boulder, CO, on "*Aspire Higher: A presentation on etiquette and professionalism*."

## Assessment

### Course Evaluations by Students

Faculty are sent evaluation forms to distribute at the end of the semester so that the Honors College can gauge the students' responses to the courses. The results from the Fall 2011 and Spring 2012 evaluations (at right) indicate that the students were satisfied with the overall quality of the courses. The average score for Fall was 4.2 and for Spring was 4.5 (out of a Likert scale of 5). Not all results are reported here, however, as two, new faculty members did not have the students fill out the evaluations in the Spring. In cases like that information is gathered anecdotally from students in those courses as they come into advise, so that a determination can be made as to whether the students thought the course was worthwhile. Unfortunately, in both of those cases the students did not appreciate the course, and that coupled with the failure of those faculty to do





the evaluation and follow the requests they were sent reduces the likelihood that they will be invited to teach an Honors College course again.

### Course Assessment by Faculty

Starting in 2009 an assessment document was created to collect data on how the Honors faculty evaluated the students in their courses. The short instrument had 12 questions, with a Likert 1-5 scale offered for answering the questions, shown here:

#### Faculty Assessment of Students in HON Course Questionnaire

1. Overall preparedness of the students for your course:
2. Level of student communication in writing:
3. Level of student communication in speaking:
4. Level of student creativity and critical analysis for all assignments:
5. Level of student autonomy and independence in course work:
6. Global competence (how well do students understand the course material in an international context):
7. Level of understanding of the moral/ethical dimensions of the course topic area (i.e., are students conversant on current issues in that field, e.g., PSY/informed consent, ART/copyright, TEC/intel property rights, ACCT/independence, CHE/fraud & fabrication, CJ/special population rights, etc.):
8. Evidence for leadership by the students in the course:
9. Level of responsibility of students throughout the course (e.g., attending class, responding to feedback, etc.):
10. Overall rating of the caliber of the students:
11. Level of student course mastery by semester's end (did they meet your expectations as a group):
12. Overall rating of your satisfaction with the course:

The result of these assessments for the Fall 2011 and Spring 2012 semester indicate that the 21 faculty responding to the request generally rated the students quite highly (4.43/5), but were somewhat less impressed with their preparedness (3.8/5), written communication (3.9/5), creativity (3.9/4), and leadership (3.9/5). All other questions received a score of 4 or higher.

### Thesis Assessment by Thesis Committee and Self-Assessment by Students

In parallel with the assessment instrument for course assessment, thesis committee members (thesis director together with second reader) and students were given similar questions and asked to rate students/themselves on a 1-5 Likert scale.:

1. Communication ability in writing:
2. Communication ability in speaking:
3. Thesis specific communication (e.g., music/dance performance, artistic expression, writing, photography, textiles, design, marketing plans, research organization, etc.):
4. Level of mastery in their thesis topic area:
5. Level of creativity and/or critical analysis in thesis (indicate which if not both):
- 6 Level of autonomy and independence in completing their thesis:
7. Global competence (does student understand their major/thesis topic in an international context):
8. Level of understanding of the moral/ethical dimensions of their major/thesis topic (i.e., are they conversant on the current issues in their field, e.g., PSY/informed consent, ART/copyright, TEC/intel property rights, ACCT/independence, CHE/fraud & fabrication, CJ/special population rights, COM/source confidentiality etc.)
9. Preparation for completing the thesis prior to beginning the work (e.g., research skills, writing ability, ability to be self-directed and self-motivated, performance skills, etc.):

10. Level of performance throughout thesis process (e.g., attending regular meetings, communicating with committee, timely submissions, responding to feedback, etc.):
11. Potential for leadership in future professional goals:
12. Overall rating of the thesis and thesis defense (provide split scores if desired)

The results indicated that the faculty rated the students most highly on their level of understanding of the moral and ethical dimensions of their projects, while the students did not think they grasped those concepts as well. Both students and their committees rated the level of creativity less strongly than other aspects of the work, and both felt that the performance throughout the thesis proves was quite high. Curiously, the students felt weakest in their understanding of the global implications of their work, while the faculty committee rated the students much higher on that question, and overall rated the students more highly than the students saw themselves.

The implications of the early findings (it is only the second full year of this assessment process) are that more work needs to be done in the area of global competence/confidence, and the College is responding with international internships and HON international courses.

Question	2011-12 averaged Thesis Committee response data N = 16	2011-12 averaged Thesis Student response data N = 24
1	4.3125	4.302
2	4.625	3.776
3	4.375	4.217
4	4.46875	4.374
5	4.0625	3.886
6	4.375	4.391
7	4.3125	3.494
8	4.8	4.162
9	4.5625	3.893
10	4.53125	4.488
11	4.8125	4.406
12	4.53125	4.256

## Webpage and GoogleAnalytics

The website for the Heltzer Honors Program was revised in 2008, and then three more times since, eventually migrating to a Drupal format. Data for the July 1, 2011 to June 30, 2012 period indicates the usage is high, with all states represented, but particularly North Carolina (29,765 visits).

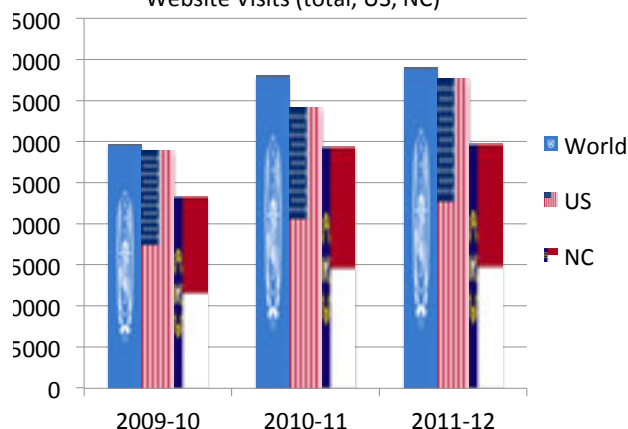


Metro regions with the highest “hit” rates are shown below, with the interesting observation that Charlotte contributes considerably more activity to the site than any other NC metro area. Outside of NC, Atlanta, New York City, and Columbia, SC, metro regions produce the greatest number of visits. Other metro areas that our outside the southeast but produce over 250 visits/year include Philadelphia, Chicago, Tampa/St. Petersburg, Orlando, and Miami. Boston and Baltimore are not far behind, indicating that a wider recruiting outreach than NC/southeast should be a strategy for the future.

The detailed data on website usage show that over 22,000 of the visits were from unique visitors, who spent on average over three minutes per visit and visited four pages. While 26% of the visits were seen to come from within ASU, this still indicates a large number of external viewers learning about the Honors College through the website.

Region	Metro	Visits	
1. North Carolina	Charlotte NC	19,299	<b>22,359 people visited this site</b>
2. North Carolina	Raleigh-Durham (Fayetteville) NC	5,267	<b>Visits: 39,076</b>
3. North Carolina	Greensboro-High Point-Winston Salem NC	2,972	<b>Unique Visitors: 22,359</b>
4. North Carolina	Greenville-Spartanburg SC-Asheville NC-Anderson SC	1,260	<b>Pageviews: 159,614</b>
5. Georgia	Atlanta GA	871	<b>Pages / Visit: 4.08</b>
6. North Carolina	Wilmington NC	505	<b>Avg. Visit Duration: 00:03:56</b>
7. North Carolina	Greenville-New Bern-Washington NC	374	<b>Bounce Rate: 38.43%</b>
8. New York	New York NY	317	<b>% New Visits: 55.60%</b>
9. South Carolina	Columbia SC	280	
10. South Carolina	Greenville-Spartanburg SC-Asheville NC-Anderson SC	266	

Website Visits (total, US, NC)



Looking across regional, national, and international visits, the site has shown steady growth in all sectors since 2009. While the site should reach market saturation soon, continued expansion of the site and the programs, including adding new scholarship opportunities, should allow for small, continued growth in visit numbers.

Since 2009, the online, undergraduate neuroscience journal *IMPULSE* has been hosted through the Honors College. Dr. Jones serves as the Founding Faculty Advisor for this journal, which has students and faculty from institutions around the country contributing to its mission: training undergraduates in scientific publishing. Founded in 2009, *IMPULSE* is an outlet for undergraduate neuroscience research, as well as providing an opportunity for students to learn about reviewing, editing, and publishing in the sciences.

The journal can be found at: <http://impulse.appstate.edu>.

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## **Prestigious Scholarship Program (PSP) Annual Report 2011-2012, Dr. Dale E. Wheeler, Director**

Overview: Since 2000, the Appalachian State University Prestigious Scholarship Program (PSP) has continually supported enrichment activities and has provided opportunities for Appalachian's most promising students. This year, the program focused on three major areas, the AIM High program, APPetite for Life, and support for the submission of competitive scholarship applications.

AIM High: In July 2011, ~300 students were invited to participate in the AIM High program. The application can be found at <http://psp.appstate.edu/join-aim-high>. The criterion was 30-60 semester hrs and a minimum GPA of 3.75. Around 95 students completed the online application to participate in the program. Five meetings were held throughout the year.

APPetite for Life: APPetite for Life is a program that brings faculty and students together for conversations about preparation for graduate school and scholarship opportunities. A total of six APPetite for Life Events were held throughout the fall semester.

Prestigious Scholarship Support: Nine external scholarship applications were completed and submitted. These included two Udall Scholarship applications, two Goldwater Scholarship applications, a Boren Scholarship application, a Hollings Scholarship application, a Fulbright Grant application, and two National Science Foundation Grant applications.

AIM High: Rising sophomores with GPAs of 3.75 and higher were invited to join AIM High during the summer 2011. Of the ~300 invitations, ~95 students opted into the group. During these meetings, students were presented with information pertaining to the requirements and opportunities during their time at Appalachian to make their graduate school applications more competitive. Topics included the personal statement, active involvement in research and creative activities, letters of recommendation, resumes, funding opportunities for research projects, and appropriate scholarships. Five meetings were held through the year: August 30 Introduction to AIM High; September 27 Scholarly Activities and Faculty Mentors; November 1 International Experience Opportunities Study Abroad and Research; January 31 Graduate School Panel Discussion; February 28 Preparation for the Thesis and GRE preparation. Following the September and November meetings, follow-up meetings were held the next day at 1:00p and 4:00p for students who were unable to attend the Tuesday evening meeting. Usually, 5-10 students attended the Wednesday meetings.

August 30, 2011 - Introductory Meeting and Banquet - An overview of the program and requirements were presented by Dr. Dale E. Wheeler, Director of the AIM High Program. (About 85 enthusiastic students attended)

September 27, 2011 - The presentation began with Dale Wheeler discussing the importance of undergraduate research, effective ways to identify opportunities for undergraduate research, funding opportunities and the responsibilities of students once they have committed to a project. The importance and responsibilities of a faculty mentor were discussed. Guest speakers were Prof. Heather Dixon-Fowler (Dept. of Management and Center for Entrepreneurship), Prof. Alan Utter (HLES and the Director of the Office of Student Research), and Prof. Jennifer Snodgrass (Hayes College of Music). Students were given the assignment to identify a potential faculty mentor by the November 1<sup>st</sup> meeting. (About 75 students attended)

November 1, 2011 – Feedback was given by students concerning their experiences in identifying a faculty mentor. Questions and discussion followed. Guest speakers were Dr. Ken Lewandoski (Executive Director, International Student Exchange and Study Abroad) and Dr. Shea Tuberty (Associate Professor of Biology). Dr. Lewandoski spoke extensively about study abroad opportunities and how to combine academic research with international travel. Dr. Tuberty spoke about his experiences travelling to Queensland, Australia for a field study of four ecosystems and the importance of participating in undergraduate scholarly activities. About 65 students attended)

January 31, 2012 – Guest speakers were Ms. Sandra Krause (Graduate School), Prof. Ted Zerucha (Graduate Admissions Committee in Biology), Prof. Susan Staub (Director of Graduate Studies in English), and Prof. Bill Pollard (Director of the Master of Science Program in Accounting). Each speaker gave a short presentation about their respective graduate programs and how to prepare as undergraduates for submission of a competitive graduate school application. Panel members answered questions from students about what to expect in graduate school. Discussion topics included preparation for graduate school applications, expectations for admission, stipends and assistantships, and realistic goals while in graduate school. (About 55 students attended)

February 28, 2012 – Guest speakers were Dr. Leslie Sargent Jones (Director of the University Honors College) and Ms. Cama Duke (Assoc. Director LAP/Director of LSS). Student speakers included Mr. John Schwabe (biology major), Tim Hefflinger (philosophy and sustainable development majors) and Michelle Jewell (business major). Students spoke about their experiences with original scholarly activities and writing a research thesis. Dr. Jones spoke about preparation for and the importance of writing an undergraduate thesis in preparation for graduate school. Ms. Duke spoke about how to prepare for the GRE exam and what to expect on the exam. (About 50 students attended).

APPetite for Life: This is a program that brings faculty and students together for conversations about preparation for graduate school and scholarship opportunities. Faculty hosts were also encouraged to bring a graduate student or two from their program area to bring their perspective to the conversations. 37 students attended six APPetite for Life events were held during the fall semester 2011 and ~\$1500 was spent on these events.

Major	Faculty Hosts	Location and Date	
Business	Dr. Joe Cazier Grad. Programs and Research Dr. Dave Marlett Finance and Risk Management	Tues, Oct. 18, 6:00pm Char	8 students attended
Education	Dr. Chrystal Dean	Thurs, Nov. 3, 6:00pm	4 students attended

	Curriculum and Instruction Dr. Lisa Poling Curriculum and Instruction	Casa Rustica	
Health Sciences	Dr. Sarah Jordan Nutrition and Health Care Management	Tues, Oct. 25, 6:30pm Casa Rustica	8 students attended
Humanities	Dr. Thomas McLaughlin English Dr. Michael Behrent History	Wed, Oct. 19, 6:30pm Cafe Portofino	4 students attended
Fine and Applied Arts	Dr. Garner Dewey Associate Dean of College of FAA Ms. Lisa Stinson Assistant Chair of the Art Department	Thurs, Oct. 27, 6:00pm The Best Cellar (Blowing Rock)	6 students attended
Cultural and Environmental Studies	Dr. Cindy Spurlock Communication Ms. Alison Singer CRW/English, Geography, Political Science	Mon, Oct. 31, 7:00pm Crave	7 students attended

## Scholarship Applications

Nine students completed and submitted nine scholarship applications. The PSP staff provided support to ensure that complete and competitive applications were submitted and all requirements were fulfilled by the posted deadlines.

### Fall 2011

Nina Montalto	Fulbright Grant (Argentina)
Alex Bentz*	National Science Foundation Grant
Josh Rice*	National Science Foundation Grant
Christopher Eubanks	Goldwater Scholarship
Amber Harold	Goldwater Scholarship
Paula Hunter	Boren Scholarship (Ukraine)
Hadi Morrow*	Hollings Scholarship
Chase Batchelor	Udall Scholarship
Emily Morris	Udall Scholarship

\*Successfully received awards

Assistance for the Fulbright Scholarship applicants included a faculty committee to interview and provided suggestions to the candidates for improvement. Members of the committee included, Shari Galiardi (Director of Service Learning), Nathalie Turner (Assistant Director / Overseas Education Program), Prof. Mick Kreszock (technology), Corey Bullock (PSP Graduate Assistant), and Prof. Dale Wheeler (Director of the Prestigious Scholarships Program).

Assistance for the Goldwater Scholarship applicants also included a faculty review committee to interview and provided suggestions for improvement. Members of the committee included, Prof. Andy Heckert (geology), Prof. Claudia Cartaya-Marin (chemistry), Prof. Dru Henson (biology),

Prof. Brad Conrad (physics), Dr. Leslie Sargent Jones (Director of the Honors College/biology), and Prof. Dale Wheeler (Director of the Prestigious Scholarships Program).

### **Scholarship Informational Meetings**

Goldwater Informational Sessions: Mon, Oct. 3 at 4pm: East Hall, Rm. B-15; Tues, Oct. 4 at 2pm: East Hall, Rm. B-15; Wed, Oct. 5 at 2pm: East Hall, Rm. B-15 30 students attended these meetings. Three students (Jeffery Gerber, Amber Harold, and Chris Eubanks) attended these meetings and submitted Goldwater applications. The committee determined that Amber and Chris had competitive applications and ultimately were submitted for review.

Hollings/Udall Informational Sessions: Mon, Oct. 24 at 4pm: East Hall, Rm. B-15; Tues, Oct. 25 at 2pm: East Hall, Rm. B-15; Wed, Oct 26 at 2pm: East Hall, Rm. B-15 15 students attended these meetings. Hadi Morrow attended these meetings and submitted a Hollings application. He was notified that he had received the Hollings Scholarship in late March. Two students (Chase Batchelor and Emily Morris) attended these meetings and submitted Udall applications.

Fulbright: An event was hosted on March 22, 2012, to recruit potential Fulbright applicants. Invitations were sent to faculty and staff from the Office of International Education and Development, Global Studies, and Languages. Students who had recently travelled for study abroad and all junior Honors students were invited to attend. 15 people attended this event.

Informational Sessions: Wed, Apr. 4 at 3pm: East Hall, Rm. B-1; Wed, Apr. 4 at 4pm: East Hall, Rm. B-1; Thurs, Apr. 5 at 4pm: East Hall, Rm. B-1, Wed, Apr. 25 at 4:45pm: Sanford Hall, Rm. 502; Thurs, Apr. 26 at 4:15pm: Sanford Hall, Rm. 502. 22 students attended these meetings.

Faculty Social Event: An event was hosted on Tuesday, April 17<sup>th</sup> to identify potential scholarship applicants by informing faculty from across campus about scholarship opportunities. Faculty were given invitations to give to students who have the potential to submit a competitive scholarship application. About 125 invitations were distributed. 25 people attended this event.

### Invitation to Students:

Congratulations!

You have been nominated by an Appalachian State University faculty member as a potential prestigious scholarship recipient. Your academic achievements identify you as candidate for distinguished recognition as a prestigious scholarship awardee.

Please make an appointment to meet with the Prestigious Scholarship Director soon to discuss this nomination and prestigious scholarship opportunities. See the [psp.appstate.edu](http://psp.appstate.edu) website for available office hours.

Email : [psp@appstate.edu](mailto:psp@appstate.edu) to schedule an appointment

Dale E. Wheeler  
Director, Prestigious Scholarships Office  
The Honors College, Appalachian State University



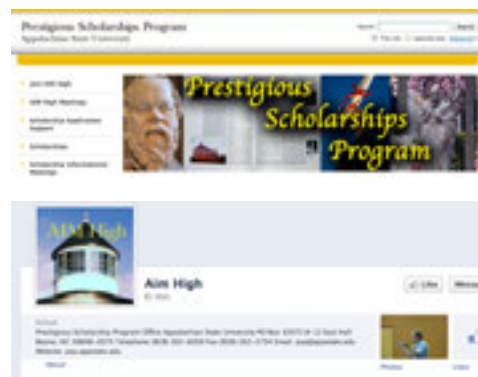
AIM High Travel Grant Activity: A new opportunity has been created that allows students not yet involved in research to attend conferences along with groups they hope to join. This allows young



students to see what they can aspire to in their undergraduate careers. While no applications for an AIM High Travel Grants were received this year, there has been considerable interest and the program should grow.

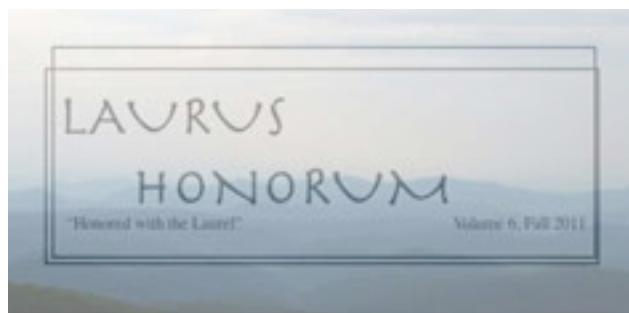
PSP Website and AIM High Facebook: The PSP website was periodically updated to reflect upcoming events and approaching deadlines. A Facebook page was established for the AIM High students and was maintained during the fall semester by Corey Bullock. Minor updates during the spring semester were made by Samantha Craig (Honors work study student).

Graduate Assistant: During the fall 2012 semester Corey Bullock was the PSP graduate assistant. He worked 20 hours a week throughout the fall semester. He was responsible for organizing and advertising the AIM High meetings (including ordering food through the ASU Food Services Office, reminding AIM High members of upcoming meetings through email, Facebook and Twitter). Corey was also responsible for organizing the APPetite for Life events described earlier in this report. He was a member of a Fulbright interview committee and was responsible for keeping the PSP website updated. Corey wrote numerous thank you notes to those who wrote letters of recommendations for scholarship applications, assisted with AIM High meetings, or hosted APPetite for Life events. He also videotaped the September and October AIM High meetings and posted them to the PSP website.



## Laurus Honorum: The Honors College Newsletter 2011-2012 Issues

FALL 2011



### Honors Students Choose Their Path to Success



WELCOME

### A Word From The Director



Welcome to fall in Boone! It has been a bit rainy until recently, but the leaves are a shimmering kaleidoscope once again and all is right in the mountains. This issue of the Laurus Honorum brings you the usual slew of great achievement reports, including Associate Director Dr. Michael Lane's story from Senegal and my own update from South Africa. The student stories cover locations across Central America, Europe, and Africa, so there is lots of food for thought. There are also updates on our usual fall events, such as the Vanguard knighting, the Freshman Welcome Dinner, and the Family Picnic, so dive in and enjoy – and send us your own tales for the next issue; we are always looking for new exploits to chronicle!

### FALL GREETINGS FROM THE HONORS COLLEGE STAFF!!



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VANGUARD

### New Vanguard Members Inducted

The start of the new academic year brings with it the induction of the newest class of the Honors Vanguard. The incoming members were knighted on August 25th in the lobby of East Hall in a traditional, moving ceremony – well, the moving may have been from students laughing about kneeling on the pillow and bravely submitting to the shoulder taps from Dr. Jones' katana. Current Vanguard members came to welcome their colleagues and help explain the duties of this elite group. This essential team assists with running events such as Open House and Honors Days, as well as meeting with visiting prospective students to talk about the Honors College. Shown at right below is Caley Wahl is being knighted. Any students interested in serving for the Vanguard are invited to stop by the honors offices and volunteer for service!

Newest members of the Honors Vanguard	
Josh Carr	Nina Laughlin
Kirstie Cooper	Jessica Lewis
Samantha Craig	Chelsea Lamberger
Rachel Duffus	Naderah Naseri
Erika Gleason	Hannah Newman
Mallory Hannon	Hailey Pickrell
Alex Helms	Sara Spin
Emily Johnson	Blakely Terrell
Tia Joyce	Allison Tinsler
Kenneth Kennedy	Caley Wahl



FACULTY

### HC Associate Director Spends July in the "Land of Teranga"

Salamalekum!  
What an informative, nay – transformative – experience I had this July, leading twelve public school teachers and teachers-in-training from districts all over North Carolina on a month-long study sojourn in Senegal, the internationally-acclaimed "Land of Teranga"\*

"Na nga def?" (Wolof: How are you?)

Some of the Fulbright-Hays participants with Wolof instructor, Sidi Gueye, at the West African Research Center, Dakar, including ASU undergrads Samantha Craig (pink), Lori Grady (orange) and project Director, Michael Lane (back; red). (Photo: S. Craig)



#### Fulbright-Hays Grant Recipients Spend Summer in Senegal

Our program, "Senegal: A Window into Francophone Africa for Pre- and In-Service Teachers of French and Area Studies" was made possible through a Fulbright-Hays Group Projects Abroad grant, awarded by the U.S. Department of Education, and supported by Foreign Languages and Literatures, the College of Arts and Sciences, the Honors College, and the Office of International Education and Development at Appalachian. I want to thank my friend and colleague, Dr. Beverly Moser (FL), who spent months drafting the proposal with me and helping me organize many facets of the project.

Collaboration with our affiliate institution, the West African Research Center (WARC) in Dakar, led us to sites both urban and rural, at once breathtakingly beautiful and despairingly destitute. We were ceaselessly and pleasantly surprised by Senegalese fashion, music, dance, and cuisine – oh, the fabulous feasts we had!; captivated by compelling guest speakers in politics, academia, and the arts; amazed by vital venues of exchange between tradition and innovation, all of which served to us as proof of Senegal's cultural confluences. We discovered a developing country that has significant challenges to overcome as it forges its future path – education reform, waste management, health care, and political corruption – but also a gracious, gentle, and generous people, the pioneers of that path, trailblazers of peace, hope, promise and progress for West Africa.

With my co-Director, Dr. Martial Frindé, and I, participants completed two seminars – one on francophone cultures, another on teaching them – with the goal that this immersion experience would help educators to better understand the francophone diaspora and teach aspects of French-speaking West African cultures from the perspective of one with first-hand experience. Highlights of our journey were the nation's capital, Dakar, and nearby Gorée Island – disembarkation "point of no return" for countless souls making the trans-Atlantic trek to slavery in the Antilles, the Americas, and beyond; Saint-Louis, former capital of French Africa; the Great Mosque of Touba, Senegal's Muslim holy city; and the sister villages of Joal-Fadiouth, birthplace of the country's premier poet – and first President after Senegal's independence, Leopold Sedar Senghor. Unforgettable, too, was the warmest of welcomes received by our host families in the remote village of Ndondol – a brief home-stay resulting in enduring friendships.

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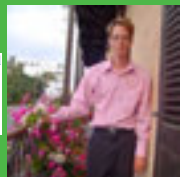
PAGE 3

## FACULTY



**Far Right:**

Honors College Associate Director, Dr. Michael E. Lane, enjoying a Dakar ablaze with bougainvillea... The gardening fanatic in him found the diversity of plant-life in Senegal fascinating! (Photo: M. Lane)



**Above:**

H.C. Vanguard, Samantha Craig, perfects her tam-tam rhythm in Toubab Djalaw, Senegal. (Photo: V. Berryer-Long)



**Right:**

The Grande Mosquée in Toubab. (Photo: M. Lane)

*Teacher Ed Majors, too!*

I'm especially proud of the courage and commitment invested by our two undergraduate participants, Lori Pearl Grady (French Education), who had never previously been on a plane, much less one bound for Africa (!) and Samantha Craig (English Secondary Education), one of the Honors College's own and newly-knighted Vanguard. Kudos to you both!

*Beyond the Window...*

Our trip was a springboard for exciting initiatives to come, as participants are busily designing curricular units focused on Senegal for implementation in their French, History, and World Literature courses throughout the 2011-2012 academic year and organizing fundraisers to benefit impoverished schools and increase literacy in Senegal. As part of the grant project's outreach opportunities, we'll be presenting our findings and sharing pedagogical resources with colleagues statewide at the Foreign Language Association of North Carolina (FLANC) annual conference this October, and producing a series of short documentary films to be showcased, along with art, artifacts, craft enrichment workshops, and a Lunch & Learn presentation, at an exhibit housed in the Turchin Center for the Visual Arts from January to March, 2012 (<http://www.turchincenter.org/exhibitions/510>). We'll save a seat by our "Window into Francophone West Africa" for you, so please take a break during the long Boone winter ahead and stop by to let us reminisce of summer heat, good times, and great company in Senegal.

PAGE 4

## FACULTY

### Honors Establishes Clinical Education Internships at University of the Free State in South Africa



In July the Honors Director visited the University of the Free State in Bloemfontein, South Africa, to arrange for internships in the areas of medical, nutrition, and sports medicine education. Among the many wonderful and welcoming people to host Dr. Jones were the members of the Department of Basic Sciences. In addition to a scrumptious tea with too many local treats to list, the Chair of the unit, Dr. Sanet van Zyl (on the right in picture at right), offered a tour of the anatomy museum. The museum curator, Dr. Johan Steyl (shown seated in picture at right), provided a glimpse into one of the best anatomical museums at a medical school that Dr. Jones, a medical educator for over 25 years, had ever seen. Also on hand were Dr. Stephanie Smith, the Faculty Advisor for the UFS IMPULSE team, and one of the student reviewers, Inge Seale (left and center in picture at left, respectively).

The Clinical Education Internships, in the planning stages for summer 2012, will be for students pursuing careers in medicine, nutrition, or sports medicine. Nine students were selected as school started. They will be "meeting" their UFS hosts through the Internet and learning about their internships this fall. The students will be taking an HON 3515 course with Dr. Jones in the spring to prepare for the experience, then heading off to Bloemfontein on their own in May. We look forward to establishing this as a recurring opportunity for Honors students in the future.

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## AIM HIGH

### AIM High Welcome Banquet A Major Success

On August 30th, 2011, approximately 60 students attended the AIM High Welcome Banquet, dining on roast beef, pork tenderloin, and an array of vegetables. Dr. Wheeler, director of the Prestigious Scholarships Program, introduced the AIM High program to the new participants. He gave the students information on the many opportunities available from AIM High, namely preparing them to apply for top-rated scholarships and graduate schools. In addition to all it has offered students over the past three years, this year AIM High is introducing Peer Mentors for all of the new participants. The Peer Mentors are AIM High participants from previous years who will guide the new students through the program, as well as through college in general. In order to serve them best, the peer mentors will divide the students by major and assign each one a peer mentor within their specific college. The next AIM High meetings will be held on Tuesday, September 27 and Tuesday, November 1. See you then!



Brittany Sleeper and Rose Buchanan introduce the peer mentor program.

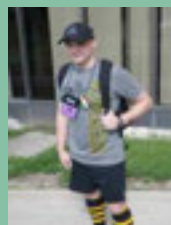


AIM High participants enjoy dinner at the opening event.

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## BODY/MIND

### John's Marathon



John Castro-Rappl, shown above, had always heard good things about Boone in the summer, so he decided to stay and take advantage of the cool mountain breeze while training for the Grandfather Mountain Marathon. In order to have somewhere to stay, and be able to get a few general education courses out of the way, he elected to live in Doughton Hall as the Senior Resident Assistant for both summer sessions. In the process, he was fortunate enough to be selected as a member of ASU's delegation to the NACURH conference at Western Illinois University, and along with Katia Berezinskiaia, presented on OASIS's "Red Flag Campaign," an educational program designed to enable bystanders to act in preventing sexual assaults from occurring in residence halls and off-campus settings. While the combination of jet lag, work as an RA, and marathon training was often exhausting, the rewards were definitely worthwhile. Out of this experience, he has gained the confidence to be a successful Senior RA in Mountaineer Hall this year. He will even try his hand at a longer race this coming winter—the Table Rock 54-Mile Ultra Marathon.

### Soccer and Scholarly Studies: Profile of a Student-Athlete

Nicole has two major passions in her life: school and soccer. She will be involved with both of these for her next four years at Appalachian State. Being in the Honors College and on the varsity soccer team means the world to her, although she says it can be a little challenging at times. The two combined take up a lot of time, so she has to stay disciplined in her studying to keep up her grades. She has searched for where she can get the most work done. Her favorite niche is on the third floor of the library, a silent floor with singlets. She gets her homework done right after practice so she won't stress about it later. Also, if she knows she is going to miss class for a long soccer weekend, she makes sure to stay ahead on her homework all week.

Nicole couldn't imagine herself without soccer at Appalachian State. Through both soccer and the Honors College she has made great friends, and she enjoys playing at the highest level while also working in a smaller class setting with a high level of discussion. Nicole tells us that she is having the most fun of her life and is so glad she gets to continue playing with these girls and coaches for her next four years, as well as pursuing her interest in Communication Disorders. Nicole's first few weeks of college have been some of the best, and she cannot wait to experience the rest that Appalachian State has to offer.



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## EVENTS

### Freshmen Enjoy Free Food, Fellowship with Family

The fourth annual Freshmen Welcome Dinner was held on August 21, 2011. One hundred and forty-five new Honors College students were fêted at the River Street Café. It was the first time that the students could see all of the rest of their classmates at one time and meet as many of them as possible. The conversations went on long after the pies and cakes were gone as the students found new best friends, both from far away and right next door.

A few short weeks later, on September 25th, the Honors College called the class together again - this time with their families - to celebrate the successful start of the students' college careers at the Freshmen Family Picnic. This annual event has recently been held at Legends, but it had to be moved to the Plemmons Student Union this year in deference to the flooding that occurred the night before! With the wonderful catering staff rushing to adjust and the helpful Student Programs folks directing guests, the picnic went forward. The nearly 250 guests were joined by some special attendees: Mrs. Jerri Heltzer (key supporter of the Heltzer Honors Program for International Education), the Chancellor (with Mrs. Heltzer at right below), and Mrs. Peacock! Students and families enjoyed the chance to talk to the Chancellor, as always, and these special guests helped to make this fourth annual picnic the best ever! Thanks to everyone for coming, and Happy Birthday Jimmy Miller!



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## INTERNATIONAL



### Meredith Goes to Greece

At the end of her freshman year, Meredith Branham went on a life-changing trip abroad. The trip, led by Dr. Spencer, spanned 17 days, visited 7 different Greek cities, and included an in-depth study of philosophy and religion of ancient and modern Greece. This study abroad trip was the first time Meredith had ever left the country. She experienced a place filled with people and a culture different from her own for the first time. This gave Meredith something she had desired for most of her life - a glimpse of the world and a sense that she was somewhat more connected to it. Dr. Spencer taught Meredith and her fellow classmates at ancient archaeological sites in Greece about ancient Greek mythology, history, culture, religion, and their effects on the world. The most rewarding part of the study abroad experience for Meredith was integrating traditional learning with experiential learning to understand and value the depth of the knowledge acquired better. She discovered ancient Greece and modern Greece while also exploring the Greek language along the way. She had thoughtful and outlook-changing conversations and connections with people from Greece and fellow classmates on the trip. Meredith tells us that this trip was one of the best and most maturing experiences of her life.



### Erika and Sarah Visit Russia

This summer, Erika Gleason went with Sarah Tencer to Yaroslavl, Russia for three weeks through an organization called Cross-Cultural Solutions. This group specializes in giving their volunteers experiences that include community service and tourism. On their free afternoons, they toured various museums, churches, convents, kremlins, and even the home of a family of artists! When working, Erika and Sarah made crafts and played games with children in a psychiatric hospital, a shelter, and several summer camps for kids from lower income families. They also worked with groups of senior citizens and people with disabilities. Erika and Sarah received language-building and cultural lectures on Russian fairy tales, cooking, and the Romanov family. They learned about many things that have made Russia great, as well as some of the social struggles that the country still wrestles with today. Erika has turned her time there into an independent study and is currently working with an Appalachian Sociology professor to further research the trials that people with disabilities face. Overall, Erika reports that the trip was a very rewarding and insightful experience.

Photo above: Erika and Sarah at the Church on the Spilled Blood, Saint Petersburg, Russia.

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## INT'L

### B.T. and John Travel to South Africa (But Not With Dr. Jones)

Two Honors students, B.T. Nguyen and John Schwabe, traveled to Johannesburg, South Africa, this past summer to study with students at the Health Sciences School of the University of Johannesburg. Students spent their days shadowing clinicians in the public health care system of South Africa, then met every evening to discuss the cases they saw with their ASU faculty leader, Dr. Nathan Mowa from the Biology Department. This also added cultural and economic context to what they were learning. The trip wasn't all work though. The students traveled to Capetown after finishing their internship, spending plenty of time in the sun and taking in the sights of this fascinating country. Dr. Mowa is collaborating with colleagues at the University of Johannesburg to formulate a Memorandum of Understanding. Doing so would make this an annual program for ASU students wanting clinical experiences beyond the United States.



### Michael Goes to Zimbabwe

This past summer Michael Cutshall traveled to Mushayamunda Village in Zimbabwe for an experience not easily explained in words. Since his long-term goal is to work in underdeveloped countries helping people in need, he joined a mission team from the First Christian Church in Johnson City, TN, consisting of people interested (or already in) the medical field. Although he has traveled internationally before, he was still rather nervous about this trip. They set up simple clinics and he enjoyed being able to work there, but was most moved by how kind and rich in spirit the people were; this made him realize that not only were we going to help them, but they were also able to help us. Being in their presence and living with them for over a week helped us grow because we experienced such great hospitality and kindness with what little they had. The sacrifices that he witnessed displayed a kind of love that he has never experienced, and he now is sure after this trip that he wants to be able to do the same thing all over the world.

Clockwise: Michael with friends in the village, bungee jumping in Zimbabwe, at Victoria Falls, at the clinic.



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### Katherine Explores Medieval Medicine



While most people agree that the outcomes of war - social upheaval, economic interruption, and death - should be avoided, there are often overlooked societal improvements that result from warfare. One such example is in medicine. In the 12th century, surgeons were limited in their knowledge by the Catholic Church's prohibition on dissection. During the Third Crusade, European surgeons learned on the battlefield and made great improvements in trauma surgery. Katherine Bakewell's thesis is written in the narrative form as the diary of Geoffrey, a real surgeon who accompanied Richard the Lionhearted on the Third Crusade and then returned to his home in England. The novel deals not only with the changes in medicine at the time, but also with the culture clash between the Christian Crusaders and the Muslim Ottoman Empire. Full of adventure, gore, and what Katherine presumes is dry wit, the book is intended to show how the Third Crusade and exchange of ideas between supposed enemies helped innovation in medieval surgery.

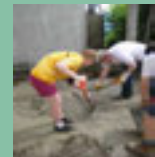
## INT'L

### Class in Costa Rica



Instead of staying on campus for summer school, Michelle Jewell and six other ASU students spent two weeks traveling across Costa Rica. They visited several hospitals, businesses, and universities to learn more about their sustainability habits. While it was a great way to learn about a foreign country and its policies, the group also had lots of fun exploring the various beautiful landscapes. Whether it was hiking up volcanoes, or kayaking and snorkeling in the ocean, Michelle says that Sustainability in Costa Rica was an awesome summer class to take.

### Mission Work in Mexico



John Sarris and Christina Naylor went to Mexico with the Salem Presbytery July 9-17 on a construction mission trip. They stayed at a Bible School in Ocosingo, in Chiapas, Mexico. John and Christina also visited San Cristobal, in Chiapas.

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## ALUMNI

### Language and Culture Assistants in Spain: Wearing Many Hats

Special Contributor: Laura Tabor

As the latest group of honors graduates heads off into the world, a new class of seniors is trying to figure out what to do as soon as they graduate from college. Honors students are known for exceeding expectations and meeting challenges, but the job market in the United States is unequivocally tough, regardless of tenacity. This past year I knew this to be true, so I wanted to use the uncertainty as an opportunity to do something entirely new.

While in the Honors College at Appalachian State, I received a travel grant that helped me spend a month in Madrid, Spain, over the summer. I learned a lot about myself, the way other cultures function, and the Spanish language while there, but it was not a long-term experience of cultural immersion. I chose to apply to the Language and Culture Assistants of Spain program for my first year after graduation. The program hires native speakers of English and other languages to come to Spain and work part-time in their public school system. Some of the uses of this program include:

1. Spending a whole year abroad even though you didn't have time or money to do so while in college.
2. Vastly improving classroom Spanish skills without having to be fluent in Spanish for your job (all teaching is done in English, so your Spanish would simply be necessary for regular life interactions)
3. Participating in an educational environment different from the United States to widen your Education degree's scope, or, if you didn't major in education, giving teaching a shot without having to get a license first.
4. Allowing yourself more free time to work on graduate/professional school applications, while still having time to invest great effort in your work.
5. Striking off on your own after the relative comforts of college and, in many cases, proximity of family and friends.

The program is not for everyone, but anyone with an intermediate level of Spanish and any interest in seeing the world, teaching, or languages should definitely look it up online and consider it. Feel free to email Laura Tabor (shown below) any questions you have about the application process at [taborlin@appstate.edu](mailto:taborlin@appstate.edu).



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## CONFERENCES

### IMPULSE in Italy

Senior Biology student Kate Davison flew to Florence, Italy, this July to attend the Eighth World Congress of the International Brain Research Organization, which works to promote neuroscience research, teaching, and history globally. This was both her first international conference and her first time traveling abroad alone. As the Editor-in-Chief of IMPULSE, she presented a poster for the organization. IMPULSE is the premier international, undergraduate journal for neuroscience, and it is hosted by the Honors College. While at the conference, she volunteered for the International Brain Bee Competition as well, and met with high school students from around the world interested in neuroscience. This quadrennial meeting gave her a unique, internationally-oriented opportunity to promote the journal and its service to undergraduate students worldwide. Now back at APP, she is working on the tactile stimulus activation of rat superior colliculus for her thesis with Dr. Mark Zrull in Psychology. Coming up in November, Kate and four other Appalachian students will be on the road again at the annual Society for Neuroscience meeting in Washington, D.C., to present another poster on IMPULSE; they will be joined by several students from the six Reviewer Training Site institutions, including two students from the University of the Free State in South Africa!



### Christopher and Amber Attend ACS Meeting in Denver

Honors students Christopher Eshanks and Amber Harold attended the 242nd National American Chemical Society Meeting in late August held in Denver, Colorado. Both students are chemistry majors and spent this past summer on the Appalachian campus participating in research projects. Chris presented his research findings in the Division of Inorganic Chemistry with a poster entitled "Surface-Grafted Cobaloximes as Hydrogen Catalysts in Aqueous Solutions." Amber's poster was presented in the Division of Biological Chemistry and was entitled "Liquid Culture of *Caenorhabditis Elegans* Promotes Efficient Functional Organic Anion Transporter Assays." This fall, both Amber and Chris will be submitting Barry M. Goldwater Scholarship applications for funding of their senior research projects. Amber and Chris are from King, North Carolina and will graduate in May 2013.



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## EXPERIENCES



### John Thomas Gray in N.Y.C.

Jordan Thomas Gray (above, far right) attended New York University full time during the Spring 2011 semester as a visiting student. He studied philosophy, public policy, and electronic music. During his time at NYU, Jordan lived as an intern in the Appalachian New York Loft, two miles away from the NYU campus at Washington Square Park in Manhattan. During the Spring and Summer, he also participated in a paid internship at the Anti-Defamation League headquarters, conducting contemporary research on Right Wing Extremism.



### Shelby's Show

This summer, Shelby Forsyth had the opportunity to conduct the pit orchestra and play keyboards for the famous Internet musical, "Dr. Horrible's Sing-Along Blog". Burlington's Extraordinary League of Theatians put this on-stage version of the show together. All of the proceeds went to the American Red Cross to aid in N.C. Tornado Relief efforts. The show ran for three days and was a major success. Shelby was glad to use her musical talents for such a worthy cause.

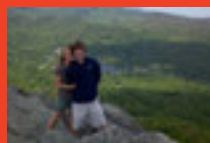
### ALPS Holds its First Pre-Law Workshop

On September 14th, the Appalachian Legal Preparation Scholars (ALPS) program had its first campus-wide Pre-Law Workshop in the Plemmons Student Union. Approximately 50 interested students attended to learn more about the application process for law school, school selection, and the legal profession in general. Mr. Miller will be having Pre-Law Workshops monthly; the next workshop will be on Tuesday, October 18th at 7pm in the Calloway Peak Room, Plemmons Student Union. For more information on the ALPS Pre-Law Workshops and Pre-Law Advising at the Honors College, visit our website at <http://honors.appstate.edu/academics/honors-academic-mentoring/pre-law-advising>.

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## NEWS

### Honors Welcomes Corey Bullock to the College



Corey Bullock joins the Honors College team as the Graduate Assistant for the Prestigious Scholarships Program (PSP). He will be working with Dr. Wheeler, Director of PSP, to coordinate the AIM High and APPetite for Life Events, as well as various scholarship recruitment sessions. Corey completed his undergraduate studies at the University of North Carolina at Wilmington in English and French, with the addition of NC Teaching Licensure. He and his wife Laura recently relocated to Banner Elk, his wife's hometown, from Wilmington, NC, where Corey had been an avid surfer. He is currently completing his Masters of Public Administration here at ASU, focusing on nonprofit management.

### Next Laurus Honorum Arrives in the Winter!

#### The Honors College Newsletter

##### Director

Dr. Leslie Sargent Jones

##### Associate Director

Dr. Michael Lane

##### Advising Coordinator

Angela Mead

##### Pre-Law and Business Advisor

Kent Miller

##### Administrative Assistant

Catina Debord

##### Director of Prestigious Scholarships Program

Dr. Dale Wheeler

##### Graduate Assistant

Corey Bullock

##### Director of Development

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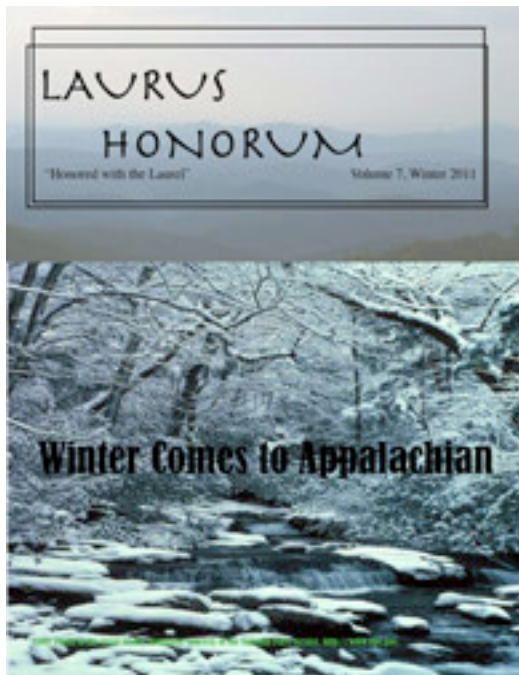
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## WINTER 2011



## WELCOME

### A Word From the Director

Welcome to (finally) winter in Boone! Last year we were blown out in early December, but this has been a slower trip to the arctic. We got there this week! Warm yourselves up with a trip through these pages catching up on the doings in Honors. We have faculty in Kenya, students in The Big Apple, and alumni in Canada. There are spring courses to dream about and awards to take pride in, as well as some new initiatives to consider. There are two stories about the Honors staff attending the NCHC conference, and another trip with the IMPULSE team to a national conference. There are also two news items that remind us of the poignancy of life, as we announce with great joy the birth of Zack Underwood's son, Kai, and with unmitigated sadness the loss of our very own Sam Rathnow.

As we begin this new year of 2012, I wish you all a peaceful and happy new year, and I hope that we get the chance to celebrate some event, any event – going for coffee counts – together soon.



### December Honorum Laurus Graduation!



Read more about the ceremony on page 17

PAGE 1

## SPRING 2012

### Seventeen HON 2515 and 3515 Spring Courses!

Well, it is enough to make one want to go back to school; have you seen the Honors Spring course listings? Some are old favorites back on the roster by popular demand, such as *Game & Film Worlds*, *Cryptology*, *Fight Club Politics*, and *Plastic Brain*. Others are courses that new ASU faculty are offering for the first time, like *Geoforensics*, *Environmental Law*, and *Narrative and the Caring Professions*. And then there are some new courses that previous HON faculty just want to try out, so we have Dr. Hellenbrand's *Blue Danube*, Dr. DeHart's *Cartoons to Colbert: Political Humor Explorations*, and Dr. Dodd's *Communicating Black Literature*. Dr. Dubino will be back from Kenya just in time to offer *Bringing the World Home* again, helping students complete the International Education requirement and graduate with University Honors, while Dr. Ardoin will oversee *The Washington Experience* course for those doing the ASU in DC internship program.

There also will be several cross-listed, interdisciplinary courses to round out the curriculum, and we are grateful to IDS, WGC, and Economics for sharing *We Are Water*, *Japanese Literature*, and *Experimental and Behavioral Economics* with Honors students. Finally, some other courses that are new to the Honors lineup are: *Histories of Knowledge*, *Epidemics in History*, and *Discursive Realities: Dialogue in Fiction and in Life*. It is a nice balance of the humanities with natural and social sciences, and there are enough seats to fit into even the most demanding schedule. A world of options exists for you to explore!



Image Source: Public Domain

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## FACULTY

### Dr. Dubino Spends a Semester in Kenya

In the Fall 2011 semester, Dr. Jeanne Dubino (shown on the left in photo with a friend below) was a visiting professor/scholar at Egerton University in Njoro, Kenya, where she had been a Fulbright Scholar/Researcher in 2002-2003. Egerton University is located 2 1/2 hours' driving distance northwest of Nairobi, in the Rift Valley. It was founded in 1939 by Lord Maurice Egerton of Tatton as an agricultural college. In 1958, five years before Kenya's independence, the college began to admit students of all races from Kenya and from elsewhere in Africa. Egerton is still Kenya's premier public agricultural university, but it is also renowned for its programs in the humanities and social sciences.

While Dr. Dubino was at Egerton, she taught classes in the European classics and in women, gender, and development, along with two online classes for Appalachian in Global Studies. Given her interest in travel and travel literature, women's studies, and globalization, she was in the perfect place! She was involved in a number of other endeavors as well: she gave a seminar paper on interdisciplinary studies; attended several conferences—on sustainable development, gender, and the future of Kenyan politics and literature; participated in graduate student thesis defenses; met with staff setting up online classes at Egerton; and attended and visited a number of concerts, schools, speeches, and events.

She also had the chance to travel around East Africa a little. She went to Zanzibar, an island off the coast of Tanzania, and its Kenyan counterpart, Lamu. Lamu is famous for its several thousand donkeys which stray about its narrow streets and alleys, but, with the absence of automobiles on the island, they are also the major means of transportation and hauling. She visited Lake Bogoria, home of thousands of flamingoes, and the Masai Mara, where she went on a short animal safari. She will return to ASU at the beginning of the Spring 2012 semester and will be teaching an HON 3515 on "Bringing the World Home" for students fulfilling their International Education requirement. Who more perfect to do that!



PAGE 3



## NCHC



### Honors College Staff Travel to Phoenix for NCHC

The Honors College sent the office staff and two faculty members to the annual National Collegiate Honors Council meeting in Phoenix, AZ, in October. Dr. Jones gave an invited presentation on Honors housing and chaired a session on participation fees. Dr. Wheeler made a connection with Erik Ozolins, President of the Honors Transfer Council of California; as a result, we have entered into negotiation for a Memorandum of Understanding with that body. Catina DeBord zeroed in on presentations relating to alumni affairs and advancement, while Kent Miller focused on pre-professional advising and branding issues. Our faculty folks, Drs. Dee Parks and Mark Zrull, enjoyed seeing how other honors colleges and programs produce and deliver their curricula, while City as Text™ was a hit with Drs. Wheeler and Parks. Dr. Lane found the sessions on assessment useful for stimulating new ideas, and Dr. Jones had the chance to discuss honors issues with directors and deans old and new. All in all it was a productive and reenergizing event, and we look forward to meeting our honors colleagues again in 2012!

### Honors Participation Fees

*Leslie Sargent Jones, Appalachian State University*

There has been a recent trend to charge an honors fee. The growing economic pressures place honors, often not tuition generating, at a disadvantage in raising programming monies. We will discuss why some have taken this route and why others never will.

Type: Roundtable Discussion Theme: Participation Fees



### Where Honors Lives: Stories of Honors Physical Structures

*Linda Frost, Eastern Kentucky University*

*Keith Garbutt, West Virginia University*

*Leslie Sargent Jones, Appalachian State University*

*Michael Sloane, University of Alabama at Birmingham*  
*Robert Spurrier, Oklahoma State University*

Photo: Mark Zrull, Dee Parks, Kent Miller, Catina DeBord, and Michael Lane (l to r) at the awards banquet.

PAGE 4

## NCHC

### Dr. Wheeler Explores Phoenix

At the NCHC conference in October, Dale Wheeler participated in the City as Text™ program in Phoenix entitled "Colliding Worlds – Connection to the Land" with other conference attendees Kevin Litwin, Kevin Zamora, Philip Phillips, and Sharmila Patel (Dr. Wheeler is on the far right in the picture below). City as Text™ required participants to leave the hotel and work in small teams to discover what makes Phoenix tick. The group visited the Pueblo Grande Museum and Archaeological Park. Located next to the Sky Harbor International Airport, it is the site of a 1,500 year-old Hohokam village ruin. Along the outdoor archeological trail, one can see a platform mound, a ballcourt ruin, replicated houses, and native plants. What was most enlightening about the experience was how the Hohokam people rerouted the Salt River from several miles away to irrigate the arid land for their survival at this site. The stark reality of their dependence on the irrigation ditches was clearly evident as they walked through the excavated site in 96°F heat.



PAGE 5

## AIM HIGH

### Spotlight on APPetite For Life

APPetite for Life is a program that brings faculty and students together for dinner table conversation about preparation for graduate school. Over 30 students participated in the six APPetite for Life Events held this fall, with topics ranging from business, to cultural and environmental studies, to education.

In the photo below, students Ally King, Catie Cannon, Kerry Hilton, Elke Talbot, and Morgan Shank joined Professor Lisa Stinson of the Art Department and Dr. Garner Dewey of the College of Fine and Applied Arts for dinner at The Best Cellar in Blowing Rock. Thank you to all the students and professors who participated this fall.



PAGE 6

## IMPULSE

### International IMPULSE Team Presents at Society for Neuroscience and Faculty for Undergraduate Neuroscience Annual Conferences



Oct. 12-15 saw the Appalachian editorial team for IMPULSE up in D.C. to present a poster about the role of social media in the journal's outreach. Helping present the poster were students from other review teams at Middlebury, St. Olaf, the University of South Carolina, and amazingly, two students from the University of the Free State in South Africa! Inge Seale and Marizna Barkhuizen (second from right back row and far left first row in photo at left) flew in the day before and shared in four days of meeting events. The whole group went out for the traditional Saturday dinner, this year at an Ethiopian

restaurant (Meskerem Ethiopian restaurant, bottom right), and enjoyed getting to know their colleagues they had only known through email before. Joining us were Dr. Sandra Kelly, from USC, and Dr. Yasushi Shigeri, from the AIST in Osaka, Japan. The photo upper left shows the ASU team at the meeting (Miranda Cook, Jessie Wozniak, Meghan Kuser, Marizna, Ben Minton (back), and Inge, Dr. Jones, Kate Davison, and Alaina Doyle, front). There was a minor disaster with the van on the way back, but all ended happily, thanks to a very kind mechanic in Lamsburg, VA. Thank you, Mr. Wright!



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## INTERNATIONAL

### Clinical Internships Established at UDLAP and BUAP

In response to the growing number of students majoring and minoring in Spanish while planning clinical careers, the Honors College has arranged for students to spend four weeks in programs with medical and dental students in Mexico. Thanks to support from the Office of International Education and Development, Dr. Jones was able to visit the Universidad de las Americas Puebla (UDLAP) and the Benemérita Universidad Autónoma de Puebla (BUAP) last month. With the help of Ivette Palacios at UDLAP (second from right in top photo) and Alvaro Gonzalez (left-most in photo at bottom) at BUAP, four students will be going to UDLAP this June and four will be at BUAP. The pre-dental students will be hosted at the BUAP dental school (pictured in the bottom photo with Dental School Dean Jorge Albicker in the center), while three pre-medical students will be at UDLAP for the month. The picture at the top shows the staff of one of the outreach health clinics that partners with BUAP in the neighboring town of Sta. Isabel. One student will be doing a nanotech research internship in the lab of Dr. Erick Bandala at UDLAP.

Thanks to our wonderful partners in Puebla for creating these unique exchange opportunities, and we look forward to great stories next summer from the state with the world's largest pyramid and Popocatepeti -- one of the tallest volcanoes!



Rural health clinic in Sta. Isabel, Puebla



BUAP Dental School Administrative Faculty

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## PRESENTATIONS



### Rose Buchanan Presents at Women's Studies Conference

When Rose Buchanan completed her final paper for her Honors 2515 class in December 2010, she had no idea that she would be presenting her research at the National Women's Studies Association Conference in Atlanta, Georgia, nearly a year later. Her class, taught by Dr. Michael Lane and entitled "Prostitution," had examined depictions of prostitutes in nineteenth-century literature and involved a semester-long research project on a topic of the student's choice. For her project, Buchanan had investigated the West's misconceptions of Japanese geisha as prostitutes, particularly as seen in books such as Arthur Golden's *Memoirs of a Geisha*. After she had presented her findings to the class last year, Lane had encouraged her to submit her paper to the NWSA Conference that was taking place the following November. Buchanan took his advice and found out in late spring of 2011 that conference officials had accepted her paper as a poster presentation. Working with Lane over the summer and fall semesters to translate her paper into a visual presentation, Buchanan finally headed down to Atlanta with her poster in tow in November, excited to be going to her first major academic conference.

As Buchanan recalls, she was initially nervous to be presenting her research alongside graduate students and professionals at such a large venue. But attendees' kind words and genuine curiosity about her research quickly put her at ease. Her favorite part of the experience, she says, was engaging in discussions with other attendees who had also studied misconceptions of women as prostitutes; one attendee even pointed her to sources about female Indian artists who, like geisha, are mistakenly believed to be sex workers as well. Buchanan also enjoyed learning about other presenters' research. She was particularly intrigued by a fellow student's poster examining the objectification of women on social media sites such as Facebook.

Overall, Buchanan says, attending the NWSA Conference was a fun and educational experience. Not only did it allow her to network with other academics, it also opened her eyes to the wide range of potential research topics to pursue in the future. Buchanan was aided in her efforts as a recipient of the Maggie McFadden Scholarship. She also wants to thank the Honors College, the Office of Student Research, and the AIM High Program for providing financial support for her trip. Furthermore, she is grateful to Dr. Lane for the many hours he spent working with her and helping prepare her for the presentation. As Buchanan says, "I received so much support from everyone here at App, and I could not have done it without them. Anyone who gets the chance to go to a conference should definitely do it. It was such a wonderful learning experience, and I hope to be able to attend another conference very soon!"

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## PRESENTATIONS

### Emily Presents Talk at Research Symposium



Sophomore Emily Stewart Long has been studying modern Germany intensely since arriving in Boone last August. "The research I do has taken many turns and led me down paths I never thought I'd even cross; the journey has been an immersion, a struggle, and ultimately a gift," she said of her experience. On Saturday, November 19, she had the chance to share her passion for history and philosophy. She began the process of presenting her work to fellow aspiring scholars at the State of North Carolina Undergraduate Research and Creativity Symposium (SNCRCS) held at East Carolina University with her mentor Dr. Michael Behrent. She is extremely pleased that she took this opportunity, and she encourages all students with passion to take this step and share their love of knowledge with anyone who will listen.

She presented a paper entitled "A Critique of Ernst Nolte: Nazism as a Metapolitical Transcendental Phenomenon." She suggests that Nolte's dialectic of fascism's maturation through European history has a key flaw. "By identifying and researching the significance of this flaw in his book, I feel that I been able to begin the process of overturning the conception of Nazism as 'resistance to transcendence.'" In this way, she feels she can work toward a deeper understanding of the movement that was Nazism and hopefully find for it some semblance of peace.

Emily has some advice for her fellow students as well. "I'd like to take this opportunity to communicate to the student body the reality of their own power and ability. Now is the time for students to realize your own dreams, to make your own mark and to give yourself to what you see as beautiful and vital. Devote yourself to a burning question; share what you find with the world."

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## STUDENTS

### Chancellor's Scholars Explore New York City

During Fall Break, all 15 Chancellor's Scholars invaded New York City! As part of their *Voyages* course, Chancellor's Scholars spent five days in New York City exploring potential major and career options, while also learning about other countries and regions in one of the most diverse cities in the world. A group of pre-health students were able to visit Cornell Medical School and observe interviews for prospective medical students. A number of students interested in music and theatre went to several musical events, seeing an opera (*Nabucco*), a classical performance (New York Philharmonic), jazz clubs, and other performances. All students and the two instructors, Dr. Leslie Sargent Jones and Angela Mead, saw *The Lion King* on Broadway. Everyone returned tired but with great stories and memories!



Waiting for the flight to be called at the Charlotte-Douglas Airport



Playing in the fountain down at Battery Park



On the boat tour of the harbor

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## AWARDS

### Angela Honored at National Advising Conference



In October 2011, Angela Mead, Honors Advising Coordinator, was honored at the National Academic Advising Association (NACADA) national conference in Denver, Colorado. Angela was awarded a NACADA research grant for her dissertation research on academic advising and first-generation college students. Angela expects to receive her doctorate in May 2012.

### A.J. Wins Community Impact Award

Honors junior A.J. Anglim has won the North Carolina Campus Compact's Community Impact Student Award. A.J. was featured in a University News article commending her achievement. She has been extensively involved with the imPACT Team and has served on the Dance Marathon Committee, the Homecoming 1,000 Pints Blood Drive Committee, and the Don't Throw It Away campaign.



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## AWARDS

### Williams Wins Award for Civic Leadership

Departmental honors senior Samuel Williams was honored with the John H. Barnhill Civic Trailblazer Award in a ceremony on November 12th at Wake Forest University. Williams was named for the award in large part for his founding of two civic organizations, ACT OUT and the Men of Service Day. An article on his accomplishment has appeared in the Appalachian State University News on the ASU website.

Says Samuel about receiving the award: "Winning the John Barnhill Award was an incredible honor. And I believe that it serves as a reaffirmation of community efficacy, the idea that a group of motivated individuals can advocate and cause tremendous change in a community. I see receiving the Barnhill Award as acknowledgement of the motivation and hard work of all the people who made the events for which I was recognized possible. That includes both the fellow members of Appalachian and the Community Together who supported the events and the members of the Appalachian State community who were so willing to serve when the need and opportunity arose. This award served as motivation to work harder and as a reminder of the incredible community which I have been so lucky to spend the past four years in."



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## ALUMNI

### Honors Graduates Study at the University of Toronto

Elizabeth Glenn Guy (winter '07) and Richard (Tommy) Guy (spring '07) are currently PhD candidates at the University of Toronto in Psychology and Computer Science, respectively. The honors curriculum played a special role in their lives: it's where they met! After taking Calculus III and Honors Introduction to Logic and Proof together, they started dating and were married in the summer of 2010 before moving to Canada to pursue their doctoral degrees. Elizabeth got her first taste of research volunteering in Dr. Mark Zrull's lab as a sophomore. Her initial hope was to boost her resume for a career in clinical psychology, but she was inevitably bit by the "research bug." The opportunity to interpret data with the current literature, creatively design new experiments to answer lingering questions, and openly debate results within the lab was intoxicating. She decided to continue her studies in the experimental psychology M.A. program at Wake Forest University. There she developed a strong interest in the neurological underpinnings of reward-related behaviors, especially how they relate to maladaptive behaviors like addictions, eating disorders, and gambling behaviors. She is continuing her studies in this field at the Centre for Addiction and Mental Health at the University of Toronto with a thesis focused on nicotine addiction. Specifically, her current studies are aimed at testing the hypothesis that nicotine is addictive because it makes other rewards in the environment more salient - in other words, nicotine may be addictive because it makes social interactions more exciting, drinking more rewarding, and coffee more stimulating.

*continued on the following page...*



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## ALUMNI & NEWS

Tommy double majored in Math and Philosophy & Religion at Appalachian, completing honors in Philosophy & Religion. From there he went to Wake Forest to study Mathematics, where he worked on a wide range of projects including discrete dynamical systems, computational imaging, and biostatistics. He decided to add a second Master's degree in Computer Science, where he continued to work on machine learning applications to statistical genetics. He also developed an iPhone app called Verbal Victor that was featured in several national newspapers and has sold over 1500 copies in the App Store. Tommy is currently researching the intersection of computer vision and human-computer interaction. He hopes to develop novel motion tracking algorithms to understand the way that people interact with objects around them. This research could lead to novel navigation aids for the visually impaired, as well as treatment aids for children with Autism Spectrum Disorders. Both Tommy and Elizabeth credit Appalachian for giving them a broad range of interests that they've carried to their research careers. They still love the mountains, and they get back to Boone every chance they get.

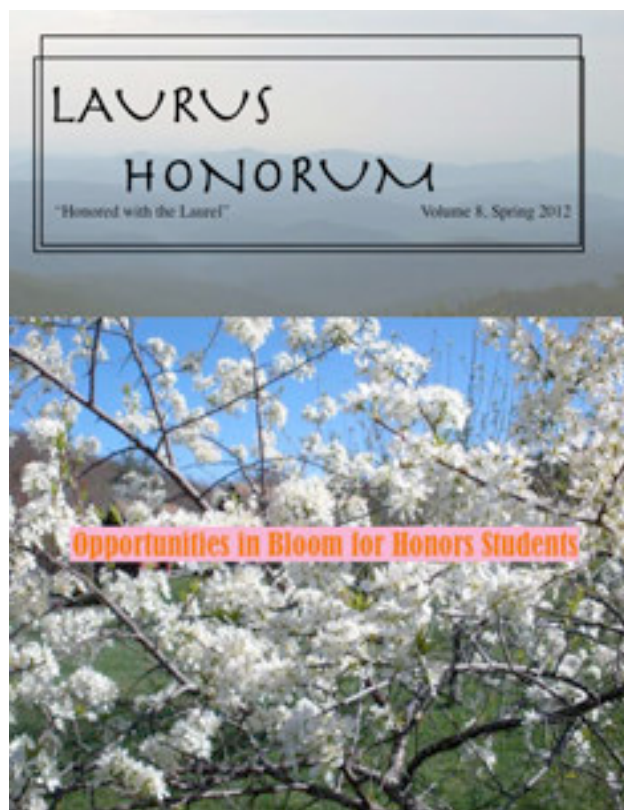
### In Memoriam - Samuel Guissinger Rathnow - 1990-2011



The Honors College mourns the sudden loss of senior Sam Rathnow. Sam was a member of the upcoming Class of 2012 and would have graduated with Honors in Appropriate Technology. We join with his family, friends, and the community in being deeply saddened by this event.

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## SPRING 2012



## WELCOME

### A Word From the Director



It is only a few weeks until graduation, and there is a nice, steady flow of panicked seniors coming by the office to discuss their latest crises. They would probably prefer to be out in the lovely, unseasonably early spring we are enjoying, but life beyond college calls them, and they are anxious to finish and move on to their next challenge. It will be a record year for the Honors College, as over 60 students will be graduating with University Honors! Some of their stories are inside, as they have sent in reports of graduate school plans, awards, and national presentations. It has been a very productive spring, with students going to conferences, choosing their graduate schools, and finishing up research and creative projects before their defenses. There are several items on students traveling abroad, a preview of fall courses, and stories about faculty and alumni, bringing you the latest accomplishments of the extended Honors family. Do come back for the summer issue, though, to see pictures from the Honorum Laurus medaling ceremony in May and read about the many international adventures of the students!

### Honors College Welcomes Internal Admits

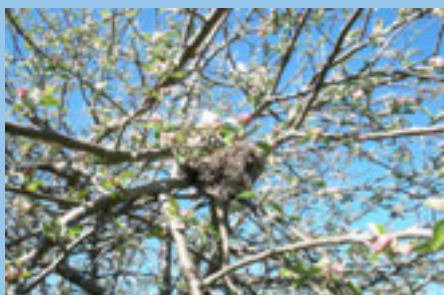
The Honors College is proud to welcome 74 new members to our student body. Students who do not join the Honors College for their freshman year have an opportunity to apply if they have a successful fall semester at Appalachian State or another institution. Our new internal admit class boasts an impressive average GPA of 3.79 in a variety of majors, including Biology, International Business, History, and many others. We look forward to the many contributions these students will make, both here at Appalachian and in the world.

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## SPRING 2012 FACULTY

### HON 2515 and 3515 Spring Courses!

The Honors College course list for Fall 2012 includes a wide variety of topics to meet just about anyone's interests. Back by popular demand is Dr. Michael Lane's *Prose(t)itation* class, as well as classics like *Love & Death* and *Creative Life and Practice*. Two major themes will provide several new options. Given the proximity of the 2012 Presidential Election, the Honors College faculty will be offering *Math and Fairness in Democratic Elections* and *Campaigns and Elections*. Other classes will explore our educational system through coursework in *Teacher Leadership in a Global Society*, *Un-Caped Crusaders: Education and Social Justice*, and *Occupy School: The Philosophy of Participatory Democratic Education*. Check out descriptions of these and many more Honors Seminars on the Honors College website at [honors.appstate.edu](http://honors.appstate.edu).



### Associate Director Named NC French Teacher of the Year



Dr. Michael E. Lane, Associate Director of The Honors College, has been selected as the 2012 French teacher of the year by the North Carolina chapter of the American Association of Teachers of French (NC-AATF). On March 31 at the Cannon School in Concord, Lane was honored by his K-16 peers at the annual, statewide meeting of the organization for his work with undergraduate students in French courses linked to General Education, minors, majors, and study abroad advisees, as well as his instruction and mentorship of graduate students in the MA program in Romance Languages. Among other things, Dr. Lane was praised for his "incomparable commitment to quality teaching and learning." He was further commended for his recent leadership of a Fulbright-Hays Group Projects abroad grant with the U.S. Department of Education. This program funded twelve North Carolina French teachers in a one-month cultural and linguistic immersion in Senegal, where participants developed multiple curricular projects now being implemented in K-12 French and area studies programs across the state. Lane was appointed to the Appalachian faculty in 2000 and is Associate Professor of French and Francophone Studies in the Department of Languages, Literatures, and Cultures.

Félicitations, Dr. Lane!

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PAGE 2

## PRESENTATIONS



### Honors Students Attend SYNAPSE Meeting

The 8th Annual SYNAPSE meeting was held at the University of South Carolina, Columbia, SC, on Saturday, March 31, and Appalachian had a record number of students attend the meeting. Fourteen students, freshmen through seniors, went to help present a poster about IMPULSE, the undergraduate neuroscience journal hosted through the Honors College at ASU, as well as to attend presentations on neuroscience and workshops on applying to graduate and medical schools. Students also were offered a chance to visit a gross anatomy lab, and a group from Berlin talked about research opportunities in Germany and around the world. The plenary talk on the nexus of genes and behavior in rhesus monkeys was a fascinating tour de force by NIH researcher Dr. Stephen Suomi, and the six student talks, along with the 45 poster presentations, were an excellent reminder of what undergraduates can accomplish in the right environment. As a happy side note, Dr. David Nichols of Roanoke University informed IMPULSE that his institution has set up a team and is ready to become a Reviewer Training Site for the journal, bringing the total RTS number now to eight. Thanks to all those who went to the conference to help promote the journal and share in the excitement of undergraduate neuroscience research!

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## PRESENTATIONS

### Honors Students Attend National Research Conference in Utah

Seven Honors College students were among the large group that ASU took to Ogden, Utah, for the annual conference of NCUR (National Conference for Undergraduate Research) on March 29-31. Ryland Bradley (below left) and Margo Pray (top center), shown with their posters, presented their work from research in Dr. Sue Edwards' lab; Margo's title was "Identification and Localization of RhC in the Gills of the Atlantic Hagfish," while Ryland presented on "Molecular Identification of Rh Glycoproteins in the Sea Lamprey, *Petromyzon marinus*." Also at the meeting making presentations were Alexis Dale ("Using a Polar Organic Chemical Integrative Sampler to Detect Fraser Fir Pesticides in Natural Surface Waters"), Chris Eubanks ("Surface-Grafted Cobaloximes as Hydrogen Catalysts in Aqueous Solution"), Amber Harold (bottom center) ("High-throughput Drug Transporter Assays in *C. elegans* Liquid Culture"), and Alicia Wook ("Organic Anion Transport in Live *Caenorhabditis elegans* Viewed by Fluorescence Microscopy"), all from Chemistry. Emily Long (below right) from History gave a platform presentation on "A Critique of Ernst Nolte: Nazism as a Transcendental Metapolitical Phenomenon." The whole group had an incredible experience sharing their research with other undergraduates from around the country, and appreciated the chance to travel to the meeting hosted by Weber State University.



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## INTERNATIONAL



### ASB Students Help School in Nicaragua

The Alternative Spring Break trip to Grenada, Nicaragua was full of cultural surprises and fulfilling work. A group of 15 people started off as complete strangers when they left, traveling with no concrete plan and only a vague idea as to what kind of work would be done once there. But after a beautiful first day at a relaxing lagoon, the rest of the week was dedicated to working on a school, painting and developing six classrooms and helping the fifth and sixth grade students with their English in the afternoons. They also took those same students to the zoo, a first for many of the children. While chain link fences were all that separated the tigers from the visitors, many of the children thought the squirrel exhibit was the most interesting! On the last day the students put on a show as a thank you and then, after an all-too-short visit, it was time to say goodbye. It was a busy week full of beans, rice, and plantains (all Nicaraguan staples), painting, laughing children, and growing friendships between every member of the group; it was hard to say farewell. It was a fantastic experience that taught the ASU students an appreciation of what they have, but more than that, the experience as a whole provided an insight into another place and culture that was previously unimaginable, but now will be remembered and cherished forever.

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## INT'L

### Libby Explores India, Advocates for Women's Education

Libby Childers, a Junior Human Resource Management major, has been studying abroad at the University of Hyderabad in southern India this spring semester. She has had such a wonderful academic and cultural experience while taking courses in Human Rights and Philosophy. Libby has had the opportunity to travel all across the country, and she has particularly loved riding an elephant in Jaipur and relaxing on the beautiful beaches of South Goa. While in India, Libby has been working with a local non-profit organization as an intern. The organization, Voice 4 Girls, provides English immersion camps for girls in low-income areas and teaches them about educational opportunities and female empowerment. While abroad, interning for Voice 4 Girls has been the most rewarding experience for Libby. She has specifically focused on updating the non-profit's human resource policies and improving the training materials for counselors. Libby is excited to continue advocating for Voice 4 Girls once back in the US and is proud to represent such a worthwhile and important cause.



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## INT'L/EVENTS INT'L

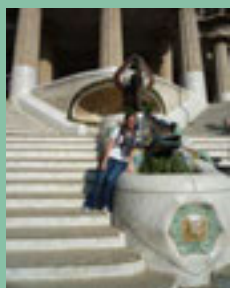
### Upcoming Events

*April 19th - Celebration of Student Research and Creative Endeavors Meeting (Plemmons Student Union, all day)*

*April 21st - Spring Open House (Holmes Convocation Center, 9am-2pm)*

*May 11th - Honorum Laurus Spring Honors Graduation Ceremony (Broyhill Events Center, 2:30-4:30pm)*

For more updates on upcoming events, check out the Honors College Calendar at <http://honors.appstate.edu/calendar> and the Honors College Announcement Board at <http://honors.appstate.edu/announcements>.



### **Molly Explores Salamanca, Spain**

Molly Spears is a junior Communication Disorders major spending the semester studying abroad in Salamanca. Salamanca is a beautiful city in northwestern Spain, known for having the oldest university in the country. She's had an amazing time so far - not only in Salamanca, but also while traveling to other places like Paris, Berlin, and Rome. Molly is studying Spanish in hopes of one day using it as a speech-language pathologist and working with bilingual children.



### **Blakeley Spends Spring in Seville**

Blakeley Terral, an honors student studying Global Studies and Spanish as a double major, is studying this semester in Sevilla, Spain, at the Universidad Pablo de Olavide (UPO) to finish up most of his credits for a Spanish degree. He has just finished midterms, and reports that his time in Spain has been fantastic. He tells us that Sevilla is rich with Spanish culture like flamenco, bullfights, and beautiful architecture, in addition to having a lively nightlife. He has found that all of Andalusia has an interesting feel, with beaches and mountains and the clash of Muslim culture from the south and the Catholic culture from the North that has left a beautiful mix of architecture, history, and people. Blakeley lives with a host family in a neighborhood about a thirty-minute walk from the center of the city, away from the center and nightlife, but in the middle of modern Spanish culture. Just behind his apartment is a weekly market that takes place every Sunday with hundreds of vendors and thousands of shoppers. As Blakeley explains, "If you can understand Spanish in Sevilla, you can understand it anywhere, and if you can understand Spanish in that market, then you deserve a gold star." He has also enjoyed the mix of cultures he has experienced other than Spanish, including French, Italian, Senegalese, Iranian, and German. He will soon be traveling to Morocco and Portugal.

The picture above is of Blakeley in Cordoba, standing on the Jewish Tower.

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## STUDENTS

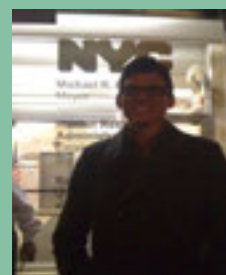


### **Chancellor's Scholars Dinner**

Chancellor and Mrs. Peacock hosted their annual dinner for the Chancellor's Scholars on March 20, and the scholars and Honors College faculty and friends enjoyed the elegant hospitality of App House once again. A special treat was that Mrs. Jerri Heltzer came up from Lenoir to visit with "her" students, giving us all a chance to thank her for her continued enthusiastic support of the Honors College and the Heltzer Honors Program for International Education. So many students now have benefited from this scholarship, generously funded by Mrs. Heltzer and her remarkable friends, Dr. and Mrs. Mitsch. Thank you to the Peacocks, Mrs. Heltzer, and the students for a wonderful evening!

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## STUDENTS



### **Jordan Heads to Tufts for Prestigious MA Program in Philosophy**

Jordan's Honors thesis is a two-part work that spans areas of cognitive science, the philosophy of mind, and metaethics. Part one focuses on the shareability of concepts as mental representations within Jerry Fodor's Language of Thought Hypothesis. Part two is concerned with the shareability of moral concepts and the impact of concept possession and emotional dispositions on moral motivation. Jordan will specialize in metaethics and philosophy of mind at the Tufts University MA program in philosophy. This program is perennially ranked as the best terminal MA of its kind in the United States, and has a superb record for placing graduates in top-tier philosophy PhD programs. Jordan owes his passion for philosophy primarily to Dr. Christopher J. Bartel, who drew him in with his highly engaging Honors-level introductory course and his whimsical Star Wars t-shirts. In Spring of 2011, Jordan enrolled in New York University's "Spring in New York" program, where he took 17 credit hours at NYU and maintained a paid internship at the Anti-Defamation League's National Civil Rights Division. This experience, combined with the rigor of the Honors College courses and encouragement from the exceptional faculty in the Department of Philosophy & Religion at ASU, solidified his resolve to pursue philosophy as a career.

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## ALUMNI



### Honors Student Becomes the Teacher

J.J. Butts was in the Honors Program as a Chancellor's Scholar from 1991 to 1995. The opportunities for smaller, discussion-based classes with a community of other engaged students were deeply rewarding for him, and he felt that most of his professors knew him and were genuinely interested in helping him develop ideas. In fact, he more or less stumbled into his vocation thanks to coursework in the Honors Program; he had several English Honors courses—which he enjoyed immensely, but largely viewed as a sidelight to his major course of study in Anthropology/Archaeology—and, eventually, he realized that he had enough English credits to double major. The participatory and creative pedagogical models encountered in those classes (particularly Melissa Barth's) inspired him to keep his own classrooms innovative and student-focused. They helped him to see that he really wanted a career in a community-based, liberal arts, teaching-focused environment, which provided him with a significant advantage in a field where most graduate students are trained for research institutions. He obtained his Ph.D. in English from Syracuse University, and has since taught at Hunter College, Wartburg College, and now serves as an Assistant Professor at Simpson College in Iowa. He is shown in the accompanying photo with a class taking it to the streets.

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## ALUMNI



### Ronnie Studies Literature in the UK

After graduating from Appalachian last May with a BA in English with Honors distinction, Ronnie Trogden chose to continue his studies in an MA course in Modern and Contemporary Literature and Culture at the University of York in the United Kingdom. The Department of English at the University of York is ranked first in the UK currently. Being a part of The Honors College during his time at Appalachian certainly contributed to his qualifications and preparedness for such a program. For his required study abroad, he spent a summer term at the University of Oxford studying foundational Literary Theory and Shakespeare. He also wrote an Honors Thesis last year on Evelyn Waugh's *Brideshead Revisited*, which prepared him to undertake his master's thesis this summer. Though his research skills have improved and his topic has changed, he still has once before completed a project of equivalent length—making the logistics of doing so again less daunting.

Overall, he has thoroughly enjoyed living and studying in the UK so far. The type of program he found in the UK is quite different from one found in the US. British postgraduate studies involve not only more rigorous individual intellectual inquiry, but also dialogue with others in the same and related fields, a program design to which he says he finds himself well suited. MA programs in the UK are also only one year long, and when he finishes his MA this coming autumn, he plans to begin applications for PhD programs both in the US and in the UK. He encourages those now in the The Honors College to take advantage of the opportunities presented and to appreciate that the quality of education you have available through Appalachian is recognized internationally.

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## AWARDS

### Honors Grad Awarded NSF Fellowship



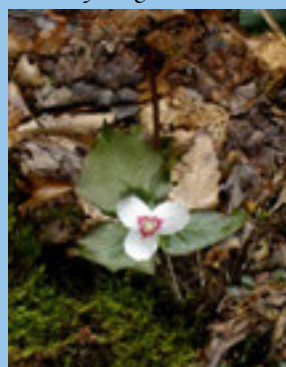
Alex Bentz, an Honors graduate and previous Goldwater Scholarship honorable mention, has been awarded a National Science Foundation fellowship to support her doctoral work at Auburn University. She has been working in the lab of Lynn Siefferman in the Department of Biology, where she is completing her M.S. Her research involved manipulating the breeding density of tree swallows to alter the amount of social aggression naturally and, thus, yolk testosterone transferred to eggs via maternal effects. She measured the growth rate and personality (aggression and boldness) of offspring using a partial cross-foster design and found that nestlings hatched in high density sites, regardless of where they were reared, are significantly more aggressive, bold, and grow faster than those hatched in low density sites. Moreover, these personality traits are more strongly correlated when a nestling is hatched and reared in the same environment. These data suggest that maternal hormone provisioning is a mechanism to create adapted phenotypes for anticipated environments. Her Ph.D. research will be a continuation of the MS work as she tries to determine the mechanism responsible for aggressive phenotypes resulting from prenatal hormone exposure and evaluate its role as a mediator of evolutionary change. It was this proposed Ph.D. research that earned her the NSF fellowship, but it was the advice she received from the great faculty members in the Department of Biology, in particular her advisor Lynn Siefferman, as well as Sue Edwards and Ted Zerucha, that made her a competitive applicant.

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## MASTHEAD

### Spring Arrives



at Appalachian

Next Laurus Honorum  
Arrives in the Summer!

#### The Honors College Newsletter

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##### Associate Director

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## SUMMER 2012



### Honors Students on the move: moving out, moving in, and moving on!



## From The Director

### Welcome, Class of 2015!

We have had an exciting June meeting and advising our newest class of Honors freshmen. We have seen 124 of our incoming class, with the rest due to come for their Orientation in August. We expect a total of ~140 freshmen, and most of those will be living in the Honors and Engagement Village in Cove Hall. Some photos from Orientation are in these pages, but mostly this issue is filled with stories of summer travels and where some of our May graduates are headed. There are tales of adventure from South Africa to Spain, Portugal to Paris, and inspiring plans for graduate school and beyond. My own face finding mission to India is outlined with a brief peek at what that might lead to for internship opportunities in the future. As always, come back in the fall for an update!



### Dr. Mark Zwi 2012 Teacher of the Year



One of the great honors of the Honors College is to select the "Teacher of the Year." These students select to graduate reflect on their four years in Honors at Appalachia and choose the best of all the faculty who have taught in the college during that time to select the winner. It is a difficult decision to choose among some of the best faculty on the campus, and it often takes several months of consulting, review, discussion with other voters, and further evaluation before they arrive at their choice. This year the honor was awarded to Dr. Mark Zwi of Psychology, who has been teaching "Public Works," an Honors emphasis course, for several years to consistently appreciative students. Dr. Zwi, a member of the Honors College Faculty, recently attended the NSAC annual conference (the national honors meeting) and will be going again in the fall as he continues to refine his teaching to Honors students. While already a highly regarded and recognized teacher at Appalachia, Dr. Zwi has been called for whom he is, but always looks for new ways to deliver complex content, engage with students, and inspire his students. Luckily for future students the will be one of the reasons for a while now to give others a chance. Congratulations, Dr. Zwi!

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## Graduation

### May 2012 Honors Graduation Celebration

It was a lovely and record-breaking group of students who stormed the stage for their photo up at the May 2012 Honors Luncheon ceremony. Fifty-two graduates this Spring, and with those from the previous years were 73 Honors students graduating with University Honors. Their photos are posted at the HC website, so if you want to be remembered just go wandering through their tales and portraits. It is everything from Rebecca Washburn's "Turkey's Admission to the European Union" to Joe Adair's "Telling Mom: those Chapters of a Book," and from Amy Coody's "The Mathematics of Internet Searches" to Margaret Smith's "Thermometry and Spectroscopy of Young Solar Reddies." The list is impressive and their work is creative, compelling, and often disruptive, just the way we like it. The group is shown before sporting their new medals and wearing the Honors plaques that they will take with them, we hope, to the far corners of the globe that they are voraciously off to work in or visit. But best wishes go with all of them, and a piece of our hearts. We hope they write back frequently with news and updates, and that they drop by for a visit from time to time.



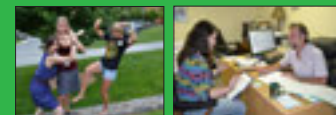
The Honors Luncheon is an event held every summer to celebrate those students graduating from the Honors College, and this spring we celebrated our largest group of graduates in the History Hall 11 Banquet hall, guests and friends gathered at the Honors Luncheon at the Honors College Center at 1201 to award each student with their medal at "Laurus Honorum" light refreshments were served to 200 guests filled up the tables around the stage. Students can be seen from the background, their faces lit with excitement, and they were dressed with a privilege Honors College award. Students that had the opportunity to thank the people who helped them through their college experience, and those who were present. Congratulations once again to our Spring graduates!



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## Orientation

This summer's Freshman Orientation sessions were fun and informative for the new incoming students. To get more comfortable with the campus, students were provided with tours and information regarding campus living, clubs, and safety. Students sat in on sessions given by Dr. Jones and Angela Mead about Honors academia and advising. They played games to loosen up and get to know each other, and then they worked collaboratively to come up with chants to represent their group. They were able to laugh and learn with the skits put on by the Orientation leaders. In August, the freshmen will have a continuation of this type of interaction when they travel to Camp Broadstone to be able to get to know their classmates and staff a bit better before their classes begin!



### Language Immersion in Spain

Laura Rash is studying abroad this summer in Spain during the month of June. Having previously done volunteer work in Central America, she has always had an interest in Spanish and plans to obtain a minor in this language at Appalachia. She hopes to go on to graduate school for a degree in School Psychology and having this Spanish language minor would help further her goals in an educational setting where the fastest growing minority speaks Spanish. Being immersed in the culture of Spain and its language, Laura has a new perspective and motivation to make school settings a more diverse and culturally sensitive learning environment. She encourages anyone who has any interest in studying abroad to look into the many options available at Appalachia including exchange as well as more short term summer studies in which she was enrolled.



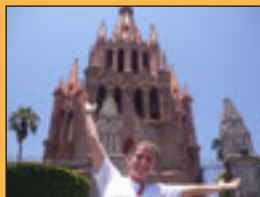
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## International Education

### Bethany Boggess, Pre-Med, spends a month in Puebla



Bethany is a Biology major/Spanish minor with dreams of a future medical practice that extends health care to those who need it most in the world. She is spending June learning about the impact of culture on health education and practice at the medical school of the Universidad de las Americas Puebla, Mexico. She is shadowing third year students and doing a research project on public health and epidemiology in Mexico with a professor at the medical school and reports that the experience has been breathtaking in its scope. She expected her Spanish would improve, but she has been most excited with all that she has learned about health care and the challenges of reaching out to provide quality health care to all the citizens in the region.

### Matt Freer, Chemist, spends a month in Puebla

Elsewhere on the UDLAP campus, Matt is synthesizing chemical products that can be used to prevent various potentially harmful bacteria from surviving in water. In addition to some nanoengineering, though, he is finding time to rock climb. He and Bethany are shown below on a foray to the largest (by volume) pyramid in the world just outside Cholula. The Spanish built a church on top of it back in the 15th century, but the mammoth Cholula-tecan wonder is dwarfed by the neighboring volcano.



PAGE 4

## Int'l Ed

### Sustainable Service in Wales

As an Appalachian Studies major, Anne Marie Anglim wanted to develop a global perspective on issues that the Appalachian region faces, so she recently embarked on a trip to Wales that focused on adventure, sustainability, and service. Similar to the Appalachian region, Wales has experienced a cyclic pattern of exploitation and injustice—resulting in regional poverty. Through a 35-day expedition, she explored the Welsh countryside and gave back to the area through environmentally based, service-learning projects. The pre-expedition coursework included learning about the Welsh history, language, industry, and people, which came to life during the trip. She explored the numerous ways that Wales is addressing their environmentally destructive past by promoting sustainable living and green technology. She also backpacked through the Brecon Beacons National Park, sea kayaked in the Menai Straights, and hiked Mount Snowdon. She finished the trip by staying with farm families in the Pembrokeshire area to learn about sustainable farming methods in Wales. This trip has given her a cultural awareness of how people in Western Europe are approaching a more sustainable way of life, and it has helped her develop a global perspective about the challenges that Appalachia faces—opening her mind to possible solutions. She says that she couldn't have dreamed of a better experience!



### Culture and the Arts in Vienna



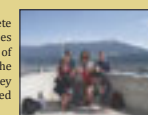
This short-term study abroad program took 17 students from a variety of majors, along with Drs. Jim Toub (ART), Victor Mansure (MUS) and Alexandra Hellenbrand (GER and Global Studies), to Vienna, Austria, for three weeks this spring.



Students took two HON courses (HON 2515 and HON 3515) and experienced history and art and music live on site in one of Europe's most beautiful capitals. They had class in the Belvedere Palace (can you imagine a lecture on Klimt's "The Kiss" right in front of the painting?!) and toured Beethoven's residence in Heiligenstadt, in addition to visiting the Esterhazy Palace, where the composer Haydn lived and worked, and visited Freud's home.



And, of course, no visit to Vienna is complete without a culinary tour of the coffeehouses and cafes that would make this trip one of the most delicious programs ever! Both the students and the professors agreed that they learned a great deal about Vienna and enjoyed the surrounding Austrian mountains.



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## Int'l Ed

### Pre-Dental Students Study Dental Education in Mexico

Rising Honors College Juniors Heather Newman (Biology), Naderah Naseri (Spanish), Jennifer Hendren (Biology), and Austin Harbison (Biology) are spending the month of June at the Benemérita Universidad Autónoma de Puebla (BUAP) in Mexico. Thanks to the dental school (Facultad de Estomatología) faculty, these four pre-dental students are shadowing dental students in the teaching clinic as they learn to perform dental procedures in four different settings: pediatrics, surgery, general, and periodontics. They are all studying Spanish at ASU and preparing to train for a dental practice that will serve both English and Spanish-speaking patients. They are shown here in a microbiology lab at the dental school.



In addition to observing a range of dental procedures and learning both the shared and different approaches to dental training and practice, the four have enjoyed traveling around Puebla and visiting historic and cultural sites in the region. Here they are shown at Las Fuentes, where the Battle of Puebla was won in 1862 by the Mexican army against invading French forces on May 5, giving birth to the Cinco De Mayo holiday, with the city of Puebla in the background.



### Katie Marr Learns About Love and Power in Paris

Drs. Jack Kwong and Randy Reed from the Department of Philosophy and Religion took 14 students in May to Paris and Rome on a program called "Love, Sex, and Power." The students spent 10 days in each of the cities examining how these themes are reflected in the history of Christianity. They visited numerous churches, catacombs, ruins, palaces, and museums (e.g., Louvre, D'Orsay, Versailles, Coliseum, Vatican Museums, St. Peter's Basilica). They also took some day trips to nearby towns and cities, including Chartres and Giverny (Monet's Garden) in France, and Ostia and Milan in Italy. The students also were asked to think about the 'meaning of life' and to reflect upon their experiences in order to arrive at a hypothesis about what constitutes a good life. Not hard to think about when you are also attending the opera and concerts while taking advantage of the great food in both places! Katie Marr, an Honors Philosophy major (holding the banner in front of the School of Athens fresco in the Vatican) participated and will be happy to know that next year Drs. Kwong and Reed will offer the two courses as HON 2515 and 3515 classes for the Honors College.



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## Int'l Ed

### Students Travel with Dr. Mowa for "South Africa Clinical Shadowing" Course

This summer, 12 students had the opportunity to take the trip of a lifetime to the great country of South Africa. This trip was designed to integrate like-minded pre-professional students into a cultural and clinical experience that would not only broaden their horizons, but also help to contribute to their future goals and ambitions. The trip began with a history lesson on apartheid, to help students understand just how recently the violence in this country had been quelled. This provided students with an understanding of the various demographic factors that play a role in giving adequate health care to the entire population of a country. South Africa is a country that has a shortage of medical practitioners, much like the rest of the world, the only difference is that everyone in this country is entitled to quality healthcare. Having the opportunity to witness this dynamic first hand allowed students to grasp some of the challenges that these future clinicians will have to face when entering the healthcare field as the US government continues to pursue universal healthcare.



Wrestling with 3 month old white tigers at the Lion and Rhino Park. Pictured (Left to Right): Lee Stanley, Vinny Burns, Steven Mourou, Chirayu Patel

In addition to the clinical shadowing, there were some remarkable extracurricular activities as well. To begin with, there was the trip to the Lion and Rhino Park, where they played with lion, cheetah, and tiger cubs, and a drive to a nature reserve to see some of Africa's wildlife in the wild. In addition to this, they also went to a professional rugby match at Ellis Park, and some of them even were able to stand on the field where Nelson Mandela presented the trophy to the world cup champion South African rugby team. That was only a snippet of all of the wonderful opportunities that this trip provided. Chirayu would highly recommend this trip, as this program will only continue to grow and improve each year.

### Music in Ireland

This May, Cara got to travel with a group of eleven other students and two Appalachian State University professors to Ireland. During two weeks, Cara and the other students had the opportunity to study Irish traditional music and experience Irish culture. Cara attended classes at University College Cork, including lessons on the pennywhistle, Irish flute, bodhran, gamelan, and Irish traditional dance. Each night, Cara would go to hear real traditional Irish musicians in Cork. Appalachian traditional music finds a lot of its roots from Irish music, so Cara enjoyed learning the subtle differences and comparing the music she grew up with to the music of her ancestors.



The group traveled to Blarney Castle, and Cara got to spend the day exploring the beautiful, historical building and surrounding estate (and kissing the Blarney Stone!). She even got to explore a small, cave-like dungeon! Visits to Dublin, Rock of Cashel, Cobh, and Kinsale were other highlights of the trip. Cara learned about the political history of Ireland during her conversations with the locals and visits to cathedrals and churches. Cara has returned to the States with a better global awareness, a deeper understanding of musical traditions, a lifetime of memories, and even a brand new Irish flute! She hopes to go back one day to continue her studies of Irish music and culture.



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## Int'l Ed

### University of the Free State Hosts Nine Pre-Health Internships

The month of July saw nine Honors College students outgrip to South Africa for the first time. Honors College pre-health education internships. They went to learn more about their clinical education and career paths through the lens of another country and culture. Thanks to the generous hospitality of our partner institution in Bloemfontein, pre-med, nursing, and sports medicine students had the opportunity to spend four weeks shadowing students in the same fields as they went through their training programs. The four pre-medical students, Lee Pappas, Christina Hahn, Meghan Kasper, and Remya Fries spent the first week observing in clinical and clinical community health outreach locations, followed by two weeks of intense medical studies shadowing preceptors by Dr. Peter Nel, and a final week of working in clinical outreach settings (shown here talking to a group of students at the RMBM center).



Katie Kelly shadowed here at the RMBM center where she learned how to "bring" a patient's health history, physical therapy training and long-term research into a patient's life. She also learned a great deal about the importance of research and how to integrate research into her future PT practice. Many thanks to Dr. Marlene Schreiner for making sure Katie had such a rich experience!



Over at the Mathematics and Sciences Department, Pre-Med, Research Lab and/or Math integrated BSc's four students, Katie Pappas, Robert Vandenbergh, Richard Bradley, and Remya Fries (shown here talking to a group of students) spent the first week of their program and met with students and faculty to learn about the various ways of working long exposure to four different housing systems and research. Besides being able to see both private and public sector practices, they spent a week at the RMBM center where they shadowed preceptors and learned how to integrate research into their future PT practice. Many thanks to Dr. Marlene Schreiner for making sure Katie had such a rich experience!



It has been an interesting experience for all of us, and they have been particularly impressed with how well it could be. They did not stop there, though, their research and work ranging in as early as in London's Lake National Park (shown here) or working in the community of London, and even being able to travel along with students and work (shown here) to the various sites around Cape Town. With the only return home of all of us, we will start planning for next year's program!



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## Int'l Ed

### Honors College Working to Expand Internships to India



Dr. Jones with children of MCCS



Transients' neighborhood of Family Life Institute



Village outside Trichy

Dr. Jesse Lutabingwa, Director of the Office of International Education and Development, once again supported the Honors College's efforts to create clinical education internships abroad. Currently, the opportunities are in two schools in Mexico and one in South Africa, but following a trip to India in May, two schools in Tamil Nadu, The Madras Christian College in Chennai and Bishop Heber College in Trichy, are now possible sites for Honors internships. In addition to these two colleges, which both have vibrant exchanges with Appalachian, the Madras Christian Council of Social Services in Chennai has also hosted ASU exchange students, thanks to the dynamic Ms. Isabel Richardson, and is willing to expand this option for Honors internships.

The opportunities that students can consider are quite varied, and extend from the Christ Faith Home for Children to the Little Drops home for aged and homeless men. These potential placements might be suitable for a range of students, from pre-med to social work, and from sociology to psychology. Pre-meds can select from several options, including the MCC Family Life Institute, where they can shadow a Social Work graduate student twice a week working with a Sister serving patients from the adjacent neighborhood of transients.

Visits out to rural villages while in Trichy are an option, as Social Work graduate students also have placement there designed to help villagers with everything from health rehab progress to education and social realignment (caste system prejudice is still wide-spread despite laws prohibiting discrimination).

There is also the possibility to work on environmental research at the Pulicat Lake site of the Department of Zoology of MCC. This Estuarine Biological Laboratory is a brackish body of water on the coast of India between Andhra Pradesh and Tamil Nadu. Another possibility is to do wildlife research at regional national park with Dr. Reldon Albert of Bishop Heber College.

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## Alumni

Several of this year's graduates are planning to go to graduate school in the future, but there are several who will be starting their graduate programs immediately. Examples of some of these are Dan Walker (Biology and University Honors) who will be heading to the University of Tennessee Knoxville to continue his environmental biology studies (his thesis was on Tropic and population ecology of introduced flathead catfish *Pylodictis olivaris* in the lower Tar River, NC).



Alexis Dale will be there as well, but she is off to work on Chemistry as a continuation of her thesis research on "Development of a Method to Passively Sample Fraser Fir Pesticides in Natural Waters Using Polar Organic Chemical Integrative Sampling."



Jordan Gray will be in Boston with a scholarship to Tuft's Department of Philosophy to pursue his interests in cognitive science, philosophy of mind, and metaethics.



Erika Gleason will be at the University of Maryland for graduate work in Public History (her University and English Honors thesis was "Examining sources of heresy in the book of Margery Kempe").



Chris Barbour (yes, those are crutches under his arm -- shattered his leg a week before graduation!) is moving out to the University of Montana to take up his scholarship to do more in mathematics. He graduated with Math and University Honors and a thesis on "When Zombies Attack! Mathematically Modeling an Outbreak," as did his fellow Math major, Tyler Bradley, who is going to the University of Vermont for graduate work; his thesis was on "Cross-Cultural biases in international clinical trials."



Sarah Tencer, a Social Work major whose thesis was "An Academic Analysis of the Food Stamp Program: Past, Present, and Future" will be at UNC this fall to start her Masters in Social Work.



Lewis Jones, a saxophone performance major, will be at the University of Miami perfecting his skills, while Jordan Scruggs will be at Yale Divinity School in New Haven, CN. She wrote her thesis "Lost and Found: A Creative Writing Memoir of Self-Discovery Abroad" this past spring while living in Costa Rica.



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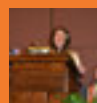
## Alumni

### Graduates to Medical School

It has been a record year as all five Honors College students who applied to medical school were admitted. Two others doing department Honors are headed there as well. John Schwabe and Kyle Flores, both Biology majors graduating with University and Biology Honors will be starting at Virginia Commonwealth University School of Medicine in the fall. The Brody School of Medicine at ECU will see Katy Dodd (Biology major, University Honors), Beth Cherveny (Exercise Science major, University Honors), and Delvon Blue (Biology Honors and Health Care Management majors). Cori Rogers (Biology and University Honors) is heading to the University of Tennessee-Memphis College of Medicine, having spent two summers doing oncology research at St. Jude's and collaborating with UT-M faculty. And Kolby Richardson (Biology Honors) is planning on attending Penn State College of Medicine in Hershey, PA. All seven completed biomedically-related thesis projects, which was part of what motivated them to apply and certainly contributed to their success. We are very proud of all of them, and know they will be outstanding and compassionate future physicians, bringing the latest in treatments to their patients and helping to expand medical practice so that all in their communities have the care they need.



### Three to Professional Schools at UNC and Villanova



Caitlin Kannan, a Criminal Justice major, will be attending UNC Law School this fall. She did her thesis, an examination of "Anti-Muslim Sentiment in America: Post-9/11 and Today," with Dr. Todd Hartman. She will have fellow grad Caitlin Covington not too far away at the School of Pharmacy. Dr. Jennifer Cecile was Caitlin Covington's thesis advisor on a project studying "Functional Characterization of the C. elegans Organic Cationic Transporter."



UNC Pharm was in Caitlin Covington's sights from the beginning of her time at APP, and she happily reports that her Chemistry major and the advising in Honors and from Celeste Crowe in the Health Professions Advising Office kept her on track to fulfill her dream.

Lauren White, who graduated in December 2011, will be going to law school at Villanova University. She is currently working as a Customer Support Analyst at DaVita in Philadelphia, but is anxious to continue on the professional path.

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