

THE  
HONORS  
COLLEGE  
at Appalachian State University



2012-2013 Yearbook  
The Honors College  
Appalachian State University



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## **History of the Honors College**

Appalachian State University has offered team-taught honors courses that fulfill core curriculum/general education requirements for over 40 years. In the late 1960s, several departments hired new faculty members with innovative ideas regarding student learning. Some of these new faculty members began advocating for an honors program, which they had experienced at previous academic institutions, among them Dr. Tom McGowan and Dr. Tom McLaughlin in the English department. The honors program began under the leadership of Dr. O. Kenneth Webb in the General College before later moving to Academic Affairs in the late 1980s. In 2008, Honors moved to the newly formed University College, led by Dr. Dave Haney.

Dr. Hans Heymann organized the first departmental honors program in English in 1970, and, at first, honors was only available in academic departments. Dr. Helen Latour (Languages/Latin), and Dr. Max Smith (Music) were instrumental in forming the General Honors curriculum in the late 1970s, with the first General Honors course offered in the early 1980s. The honors courses and curriculum have been revised several times since it began, most recently in 2007. In July 2010, The Heltzer Honors Program turned into The Honors College at Appalachian State University, housing the Heltzer Honors Program for International Education.

In the late 1970s, the Honors Program began administering the Chancellor's Scholarship. It became the University's only full academic scholarship during the 2007-2008 academic year. The University Honors Program was renamed the Heltzer Honors Program in 2004 to acknowledge a generous bequest from Harry and Jerri Heltzer of Lenoir, North Carolina.

University Honors Coordinators/Directors:

- Dr. Hubie Williams (English, 1981-1984)
- Dr. Tom McLaughlin (English, 1984-1987)
- Dr. Don Saunders (History, 1987-1999)
- Dr. Ozzie Ostwalt (Philosophy and Religion, 1999-2004)
- Dr. Lynn Moss Sanders (English, 2004-2008)
- Dr. Leslie Sargent Jones (Biology, 2008-present)

## **Honors College Mission Statement**

Appalachian State University, a member institution of the University of North Carolina, has offered academic Honors programs to its most academically successful students for more than 35 years. The Honors College offers stimulating Honors classes, a living and social community of like-minded learners, and an environment that values global understanding and service. These characteristics contribute to the goal of providing opportunities to broaden and enrich the university experience of the most intellectually-motivated students at ASU. The emphasis is on developing independent and creative thinking, promoting open and provocative discussion, and nurturing cultured and caring idea exchange. Honors at Appalachian is an academically rigorous program within the larger University, preparing students for their post-graduate training and long-term goals, and developing the intellectual and moral leaders of the future.

## Honors College Staff

*Director of The Honors College:* **Leslie Sargent Jones, Ph.D.**, Professor, Biology

*Academic Advisor, pre-health*

A.B., Bryn Mawr College, PA (Psychology)

Ph.D., Northwestern University, IL (Anatomy)

Postdoctoral Fellow, Duke University, NC (Pharmacology)

Dr. Jones was a neuroscience researcher and medical school educator for over 20 years before discovering a passion for the role of honors in America's future. Starting out as an honors thesis advisor in the 90s, she was slowly lured into the remarkable world of honors education. She became the Associate Dean of the Honors College at the University of South Carolina before becoming the Director of the Honors Program at ASU in 2008, which became the Honors College in 2010. Being able to mentor and teach the best students in a university is an exceptional opportunity – and a profound responsibility. This critically important mission motivates her pursuit of excellence in honors education at Appalachian. She was awarded the Faculty for Undergraduate Neuroscience “Distinguished Mentor” award at the Fall 2012 meeting in New Orleans in recognition of her work founding and directing **IMPULSE** (see below).

Dr. Jones obtained her A.B. in Psychology studying septal rage at Bryn Mawr College; she then worked for a year in biophysics at the University of Pennsylvania and a year in genetics at the University of Chicago. She returned for her doctorate at Northwestern University School of Medicine examining the anatomical substrates of classical conditioning using 2-deoxyglucose. She was a technical writer in software documentation for two years after that, and then worked as an NIH Postdoctoral Fellow in Pharmacology at Duke University School of Medical correlating alpha1-adrenergic receptor levels with stroke. She stayed on at Duke as a Research Assistant Professor in Pediatric Neurology studying calcium-activated conductances in a cellular model of epilepsy. Her laboratory at the University of South Carolina School of Medicine focused on molecules that contribute to morphological and physiological cellular plasticity. Most of the later work was on the role of integrins, a family of cell-extracellular matrix proteins first shown to be in the adult mammalian brain in her lab, in neuroplasticity.

*Associate Director and Academic Advisor, humanities & arts:* **Michael Lane, Ph.D.**, Associate Professor, Languages, Literature, and Culture (French)

B.A. (French); St. Lawrence University

M.A. (French); Binghamton University

Ph.D. (French); The Pennsylvania State University

Dr. Lane's first forays in honors education at ASU were in teaching an interdisciplinary honors seminar, “Picasso's Paris,” on Hispanic Ex-Patriates in France during the 20<sup>th</sup>-Century and in mentoring a thesis centered on a French village that trafficked Jews to safe havens during the Holocaust. So satisfying were these experiences that he leapt at the chance to join the Honors administrative team, first as Assistant Director of the program (2009) and now as Associate Director of The Honors College. Among Lane's contributions to the unit are his service as Chair of the university-wide Honors Council, as facilitator of new departmental honors tracks campus-

wide, and as leader of assessment and evaluation efforts of the College. He enjoys most his close work with his advisees in the Humanities and Arts-based disciplines.

Lane joined the Appalachian faculty in 2000 and is currently Associate Professor of French and Francophone Studies in the Department of Languages, Literatures, and Cultures. Specializing in poetics and short fiction of the 19<sup>th</sup> and 20<sup>th</sup> centuries, he also teaches courses at the undergraduate and graduate levels in language development, pedagogy, and (post-)colonial cultural studies. A veteran director of summer study programs in Paris and Angers, France, Lane most recently led fourteen public school teachers and teachers-in-training from throughout North Carolina on a Fulbright-Hays grant-sponsored experience in Senegal (July, 2011).

*Director of Prestigious Scholarship Program and Academic Advisor, sciences:*

**Dale Wheeler, Ph.D.**, Professor, Chemistry

B.S., Western Illinois University, IL (Chemistry)

M.S., Kansas State University, KS (Chemistry)

Ph.D., University of Idaho, ID (Chemistry)

Camille and Henry Dreyfus Postdoctoral Fellow, Berea College, KY (Chemistry)

Dr. Wheeler has been involved with the Appalachian State University Honors program since 1999 when the community was located in Coffey Hall and has served on the Chancellor's Scholarship selection committee since 2000. Since the spring of 2008, he has served as the Director of the Prestigious Scholarships Program mentoring students through the application process. Within the Honors College, he also is the Director of the AIM High Program and is the academic advisor for science, math, and computer science majors.

Dr. Wheeler holds a Ph.D. in inorganic chemistry from the University of Idaho where his doctoral dissertation involved the study of porphyrins. He obtained his M.S. from Kansas State University where his research investigated vanadium imido complexes. Following graduate studies, he completed a postdoctoral fellowship at Berea College as a Henry and Camille Dreyfus Fellow and then was a faculty member at the University of Wisconsin – Parkside where his research involved the study of organometallic salts as model systems for nonlinear optical materials until his appointment at Appalachian in August 1998. Currently, Dr. Wheeler's research centers around the use of organic and air-sensitive organometallic synthetic techniques to create molecules that are potential hydrogen producing catalysts. He teaches introductory and inorganic chemistry classes at Appalachian State University.

*Honors Advising Coordinator and Academic Advisor, education: Angela Mead, Ed.D.*

B.A. University of North Carolina, Chapel Hill (Communications)

M.A. Appalachian State University (Higher Education Administration)

Ed.D. Appalachian State University (Educational Leadership)

Dr. Mead graduated from the University of North Carolina at Chapel Hill with a degree in Communication Studies. She moved to Boone to obtain a masters degree in higher education administration and fell in love with the university, students and area, so she remained once her



degree was complete. She has worked with honors students since 2005, and currently serves as the Honors Advising Coordinator for the Honors College, where she coordinates advising, orientation, and other student services for approximately 800 honors students. Her scholarly interests include honors program development, first generation college students, and advising. Angela loves working with and teaching these highly motivated students who will be the change agents for the future, and she is proud to play a small part in preparing these students for their amazing futures.

*Academic Advisor, pre-law and business:* **Lisa M. Kirscht, J.D.**

B.S. (Sociology), summa cum laude, East Carolina University

J.D., magna cum laude, North Carolina Central University School of Law

Lisa Kirscht joined the Honors College after gaining broad legal experience in Florida. For much of her career, she worked as a judicial staff attorney for the Ninth Judicial Circuit Court of Florida, where she researched and drafted proposed orders, judgments, and appellate opinions in complex domestic, criminal, and civil law cases. This experience brought Lisa to Barry University School of Law, where she taught legal writing as an assistant professor of law, and most recently as the director of Barry's academic success program.

During her career, Ms. Kirscht also enjoyed working for a branch of Fidelity National Title Company as an underwriting counsel, where she assessed and underwrote title insurance risks in residential and commercial real estate transactions. She has experience practicing law in the areas of insurance defense and domestic law, and in criminal law as an assistant public defender for the Twelfth Judicial Circuit Court of Florida.

*Office Manager:* **Catina DeBord, M.P.A.**

B.S. Appalachian State University (Public Administration)

M.P.A. Appalachian State University

Catina DeBord has worked in higher education for more than eight years, first at Southern Wesleyan University then here at Appalachian State University. She came to The Honors College from the ASU Registrar's Office in 2010 and enjoys working with the honors student population.

*Graduate Assistant:* **Victoria Ford**

B.A. Temple University

*Student Assistant:* Samantha Craig (Senior, English Secondary Education)

*Work Study Students:* Candace Mercer, Aja Purkett, Courtney Fish



Web address for Staff profiles: <http://honors.appstate.edu/Meet-Staff>

## Honors College Faculty

The Honors College Faculty comprises individuals from departments across the campus with an interest in honors education. There were 19 faculty members in the College for 2012-2013 (listed below), with one joining during the year (Dr. Kristan Cockerill) and one retiring (Dr. Joyce Dodd).

In order to join the Honors College Faculty (HCF), an ASU faculty member must teach two HON classes, and then for any further teaching within the College must apply and be admitted to the HCF. An ASU faculty member wishing to join the HCF must:

1. Teach two HON courses before applying (either the same course twice or two different ones)
2. Submit a letter indicating why they wish to join the faculty and teach in Honors (to HC Director)
3. Attach a Curriculum Vitae with their letter

Applications for membership in the HCF are reviewed by the HCF Review Committee (HCFRC). Members for 2012-2013 were: Tom Hansell, Alexandra Hellenbrand, Seth Cohen, and Mark Zrull.

Faculty Member	Department
Ardoyn, Phillip	Political Science
Kristan Cockerill	Interdisciplinary Studies
Seth Cohen	Fermentation Studies
Michael Dale	Education (FDN)
Jeanne Dubino	Global Studies/English
Howard Giskin	English
Tom Hansell	Appalachian Studies
Andy Heckert	Geology
Alexandra Hellenbrand	Global Studies/LLC
Rick Klima	Mathematics
Emory Maiden	English
Thomas McLaughlin	English
Howard Neufeld	Biology
Dee Parks	Computer Science
Neva Jean Specht	History
Brett Taubman	Chemistry
Mary Valante	History
Johnny Waters	Geology
Mark Zrull	Psychology





## Honors College Advisory Board

The Advisory Committee represents academic and administrative units from across the campus with an interest in Honors. The committee meets each semester to review Honors initiatives and development, and to provide guidance and advice to the Director. Meetings are called once each semester to report out to the Board the activities and initiatives of the College.

Lynn Moss Sanders (Former Honors Coordinator), English  
Tom McLaughlin (Former Honors Coordinator), English  
Ozzie Ostwalt (Former Honors Coordinator), Philosophy and Religion  
Jessie Lutabingwa, Office of International Education and Development  
Lynne Waugh, Academic Advising  
Johnny Waters, Geology  
Michael Dale, Reich College of Education  
Joseph Cazier, Walker College of Business  
Nancy Schneeloch-Bingham, Hayes School of Music

Tom Kane, Housing and Residence Life  
Patrick Setzer, Alumni Affairs  
Laura Crandall, Advancement Services  
Sharon Jensen, Career Development  
Lloyd Scott, Admissions  
Kelly McBride, Library  
Claudia Cartaya-Marin, Chemistry  
Janice Pope, Communication  
Susan Davies, Enrollment Services  
Paulette Marty, General Education  
Alan Utter, Office of Student Research  
Susan Roggenkamp, College of Health Sciences  
Clark Maddux, ACT Office

## Honors College Student Advisory Board

The elected officers serve as the Honors College Student Advisory Board, providing a liaison between the students and the Honors faculty, staff, and the HC Advisory Board. The president in AHA! serves as part of the *ad hoc* three-person grievance subcommittee representative, in the need of such as event. The officers for 2012-13 were elected in Spring of 2012, so were serving both at the end of the 2011-12 year and through the following year. The new officers for 2013-14 will be elected at the start of the 2013-14 year so that incoming freshmen may participate.

### Officers 2012-2013:

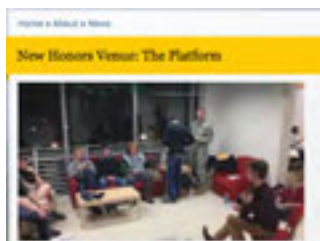
**President** Susan Zhao  
**Vice President** Corbin Ester  
**Secretary** Josh Watson  
**Treasurer** Caleb Gossett



## Appalachian Honors Association! (AHA!)

The Appalachian Honors Association sponsors activities that support and enhance the academic, service, and social experience of the students. As an officially recognized ASU club, The AHA! students helps increase Honors visibility throughout campus, including service events such as an annual canned food drive, educational programs with guest speakers, and social opportunities like ski trips. Traditional events sponsored by AHA! include: the Great Raft Debate, Exam Week Ice Cream Socials, and the East Hall Halloween Party. In the new venue of Appalachian Hall,

the AHA! Officers created a new opportunity for informal musical performances called The Platform. They also launched a Facebook page to promote the musical Thursday evenings.



### **Academic Integrity Policy**

According to the Appalachian State University Honor Code, "Students will not lie, cheat, or steal to gain academic advantage" and "will oppose every instance of academic dishonesty." The Honors College takes this code seriously, and takes students at their word that they will abide by this code. A student's violation of this code may result in immediate dismissal from The Honors College. There has been one student removed from the Honors College based on this policy, but the student was also dismissed from ASU entirely.

### **The Code of Student Conduct**

The Appalachian State University Code of Student Conduct provides extensive guidelines on conduct for students attending ASU. Students in The Honors College are held to the high standards detailed by this code and are expected to epitomize respectful and responsible conduct. Honors students value diversity, promote pluralism, and cultivate community.

Any violations of this code for which a student takes responsibility, or for which they are found to be responsible, may be grounds for dismissal from The Honors College. This is determined on a case-by-case basis by the Director of The Honors College. Appeals from dismissal decisions may be made to an *ad hoc* three-person grievance subcommittee composed of two members of the Honors College Advisory Board and one member of the Student Advisory Committee. There have been no such cases since the Advisory Board was constituted in 2008.

For the past three years, incoming freshmen have been asked to review and sign a document that reiterates these policies and explains that if they are reported to the Office of Student Conduct, that office has the student's permission to let the Honors College know of the charge and any finding. While this policy and the form were approved by the University's General Counsel, the Office of Student Conduct is too overburdened to be able to implement it. Findings of misconduct by Honors College students are not common, but this is information that is needed; there is no data to report on this yet. The forms have proved useful, however, in meetings with the Residence Life Coordinator for the Honors Housing, as the waiver allows the RLC to discuss problems that occur on the Housing side with the Honors College Director. The webaddress for this information is <http://honors.appstate.edu/academics/policies-academic-integrity>.

## Departmental Honors Programs and Honors Council

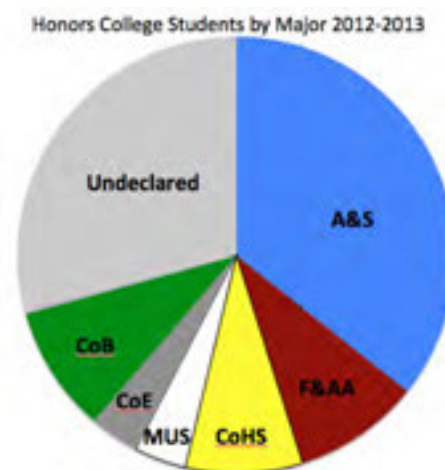
There are 24 departments/colleges/programs that offer honors tracks for their majors. The requirements and procedures for graduating with departmental honors are listed through the specific department of interest. Most departmental honors programs will require at least nine hours in departmental honors courses, including a three-hour senior honors thesis/project. Students may take part in more than one honors program at a time, but multiple themes may be required or much larger combined theses. Honors courses are usually offered by invitation only, but students interested in enrolling may make application to the departmental honors director to request admission to the track.

Anthropology, Dr. Cheryl Claassen  
Appalachian Studies, Dr. Katherine Ledford  
Art, Dr. Jim Toub  
Biology, Dr. Lynn Sieffermann  
Chemistry, Dr. Libby Puckett  
College of Business, Dr. Joseph Cazier  
Communication, Dr. Calvin Hall  
Computer Science, Dr. Dee Parks  
Criminal Justice, Dr. Elicka Peterson  
Dance, Prof. Marianne Adams  
English, Dr. Holly Martin  
Foreign Language and Literature (Spanish & French), Dr. Andres Fisher

Geography and Planning, Dr. Chris Badurek  
Geology, Dr. William Anderson  
Global Studies, Dr. Alexandra Hellenbrand  
History, Dr. Scott Jessee  
Interdisciplinary Studies, Dr. Joe Gonzalez  
Mathematics, Dr. Vicky Klima  
Philosophy & Religion, Dr. Monique Lanoix  
Physics and Astronomy, Dr. Richard Gray  
Political Science, Dr. Elicka Peterson  
Psychology, Dr. Sandra Gagnon  
Social Work, Dr. Michael Howell  
Sociology, Dr. G. Michael Wise

## 2012-2013 Honors College Student Profile

Honors College students are found in all academic colleges and most majors on the campus. For 2012-13 there were 750 students on average in the College (some graduated in December, others joined in the spring), with the majority in the College of Arts and Sciences. While there were no new honors programs created in those colleges without Honors (e.g., Music, Education), there continue to be students in those areas of study who are also pursuing University Honors. The numbers have shifted slightly with some decrease in those majoring in Music and Education, but growth other areas, such as Health Sciences.



The demographics of the Honors College illustrate that in-state students make up the majority of the population (88.7%), and Wake County was the largest single county source of students. There were significantly more females (66%) than males, but this follows the national trend for honors programs and colleges and, indeed, for universities in general. The students self-identify mostly as White (90.1%), with 6.9% indicating they are First Generation, and 15.5% are

## HC Racial Demographics Spr 2013



- White
- Asian
- Afr-Am
- Hisp
- NR Alien
- 2+ race
- Unknown

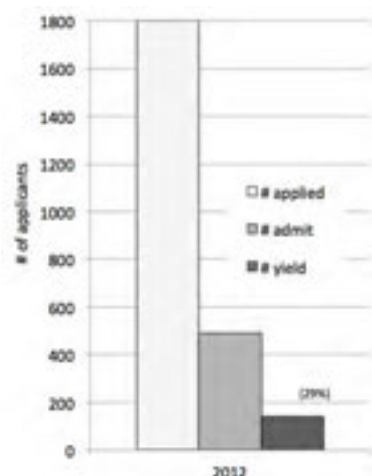
considered Low Income. Analysis by race indicates 3.5% are Hispanic/Latino, while 1.3% of the students list themselves as Asian and 1% as Black/African American. This demographic data (see table below) was provided by Institutional Research, Assessment and Planning from a run in March 27, 2013.

Heltzer Honors College Student Demographic Data Enrolled Spring 2013					
	Gender		Total		
	Male	Female			
<b>Race</b>				<b>Percent Minority:</b>	
American Indian/Alaska Native	1	1	2	8.9%	
Asian	2	5	7		
Black/African American	3	5	8	<b>Percent by Gender:</b>	
Hispanic/Latino	9	16	25	Male	33.9%
NR Alien	2	2	4	Female	66.1%
Two or More Races	4	12	16		
White	216	419	635		
Unknown	4	9	13		
<b>Total</b>	<b>241</b>	<b>469</b>	<b>710</b>		
<b>Home Residence</b>	Count				
NC Resident	625				
Out of State	85				
<b>Top 5 NC Home Counties</b>	Count				
Wake	120				
Mecklenburg	69				
Guilford	37				
Watauga	31				
Buncombe	28				
<b>Top 5 Home States:</b>					
<i>Of Out of State Students</i>	Count				
TN	22				
GA	9				
VA	8				
FL	7				
MD	5				

\*\* <http://management.fortune.cnn.com/2013/03/27/college-graduation-gender-salaries/>

## Honors College Admissions Data

The 2011-2012 admissions cycle for the entering class of 2012 saw the lowest percentage yield on those admitted since this data was collected. The graph indicates the numbers of students who applied, were admitted, and ultimately matriculated as the freshmen class of 2012. While there

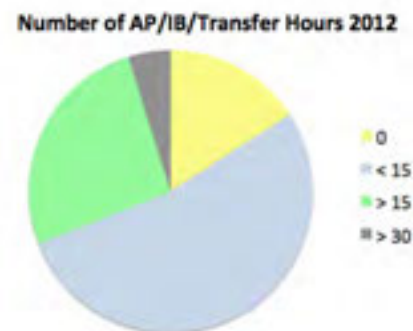


was the highest number ever to apply (1800), the number of those in the admissable range was not different, and in the end the same approximate number of students was admitted (491). However, the yield was 29%, similar to 2010 and 2011 (29% and 30% respectively), and the incoming class was slightly smaller at 141 than the previous year (157). This may have been due to the general uncertainty during the 2011-12 recruiting cycle of where the Honors freshmen would live, and the observation that some applicants made about wishing to live in the new bulding (Summit) and not in Cone, where the Honors freshmen were ultimately assigned.

As shown below, the average SAT for this group was also lower than previous years, again probably due to the lower yield of the most competitive students as they could chose other schools with more certain and attractive housing. The group is still academically very strong, and a further indiciaiton of this is the high numbe of students bringing in college credits. On average they had 11.89 hours to transfer in, meaning that most students were at least one semester ahead as they start.

### Incoming Freshmen Data 2012

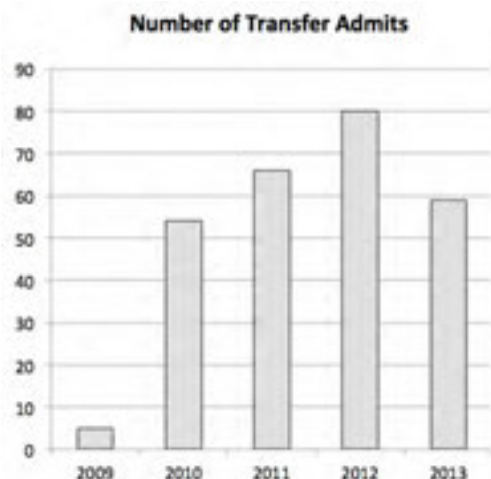
- Entering Number of Honors Students: 141
- Average SAT(M+V; ACTs converted): 1333
- Average high school class percentile: top 5-10%
- Female:male ratio: 58% female: 42% male
- In state:out of state students: 87%:13%
- Average number of AP/IB/transfer hours brought in: 11.89 (highest 81) Avg. AP/IB/TR = 11.89 hours (23 had no credits transfer in, 77 had at least one course, 38 had 15+, and 7 had >30)



### Internal Recruiting and Admissions Data

Starting in 2009, freshmen ASU students were invited to apply to the Honors Program if they had a 3.5+ GPA at the end of their first semester. Initial numbers were small, but, as seen below, with the exception of this year, the numbers have grown each succeeding year as the possibility to do this has become more widely known. Students must submit names of two references, their résumé, and an essay on why they wish to be in Honors, in addition to having the requisite GPA (the same process obtains for external transfers from other schools). In 201-2012, 80 students were admitted after fall semester. Those who applied quickly enough after the Fall semester could, in fact, be admitted before Spring semester started and sign up for an Honors class. They also could apply for Honors, housing for the next year. This turns out probably to be why there was a surge last year. However, this year, 2012-13, the demand for housing in Summit declined as the reality of the building, and what it did and did not offer, was realized by students. While still attractive, it is not as much of a magnet as it was when it was the mysterious, unknown new building. The numbers also may have sagged as the Honors offices were moving, and the

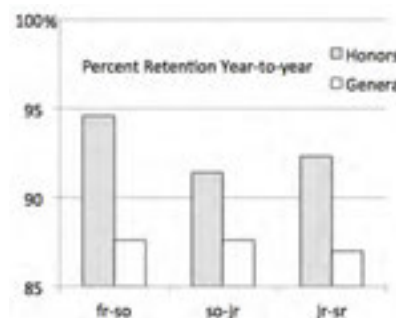




uncertainty of what our offices would look like and where we would be located may have deterred some students from applying. There was also a change in how Housing assigned the continuing students; previously in East Hall Honors students choosing non-Honors roommates were viewed equally in the lottery for Honors housing, but the lottery now assigns the students a priority, and Honors students with non-Honors roommates have a lower priority and are thus less likely to get into Summit, so they simply chose to go elsewhere, mostly off campus. Others tell us they moved off campus to avoid the required meal plan.

### Retention Data Fall 2012

Honors students are retained year-to-year at a higher level than in the general population, as seen in the data collected by IRAP. Students who were freshmen in Fall 2011 retained as sophomores at ASU at 94.4%, as compared to 87.6% for the general population. The sophomore to junior rate was 91.4% in Honors and 87.6% in general, and juniors to seniors was 92.3% for Honors and 87% for the general population.



Honors Students* Retention Rates										
	Honors Freshman Cohort Year									
	2007		2008		2009		2010		2011	
	Count	Percent	Count	Percent	Count	Percent	Count	Percent	Count	Percent
Retained	175	88.8%	194	93.3%	143	92.3%	106	91.4%	135	94.4%
Not Retained	22	11.2%	14	6.7%	12	7.7%	10	8.6%	8	5.6%
Original Cohort Total	197		208		155		116		143	
* Students coded with sgrsact_actc_code = 'ST_OT67'										
Freshman Cohort Retention Rates										
	Freshman Cohort Year									
	2007		2008		2009		2010		2011	
	Count	Percent	Count	Percent	Count	Percent	Count	Percent	Count	Percent
Retained	2389	87.4%	2397	86.4%	2379	87.0%	2472	87.6%	2603	87.6%
Not Retained	343	12.6%	376	13.6%	354	13.0%	351	12.4%	368	12.4%
Original Cohort Total	2732		2773		2733		2823		2971	



## Chancellor's Scholarship

The most prestigious scholarship at ASU is the Chancellor's Scholarship offered through The Honors College. It was awarded in spring 2012 for the 2012-13 academic year to ten incoming first-year students, a one-third reduction from the number established in 2007 and awarded through fall of 2011 of 15 per year. The cut was recommended by the Scholarship Advisory Committee, a Committee serving Academic Affairs and chaired through Enrollment Management. The cut was thought necessary due to the growing costs of the scholarship and the resulting reduction in monies for other scholarships.

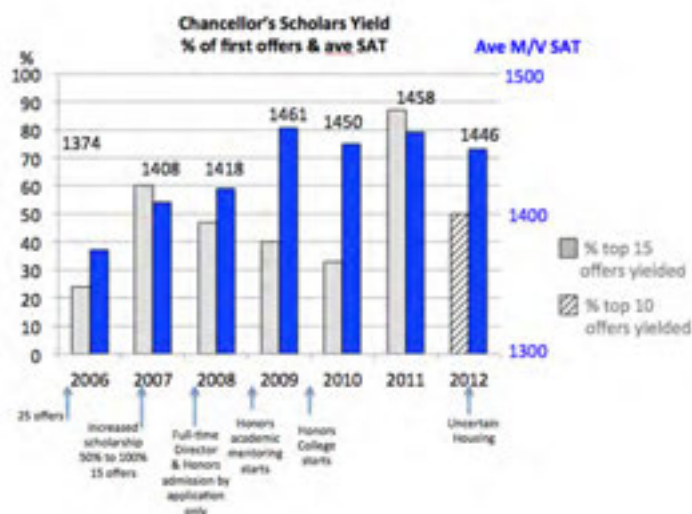
The scholarship provides the following benefits to incoming scholars:

- Full institutional costs for eight semesters, including: tuition, fees, housing, and a meal plan
- A Fall Break trip to Dublin, Ireland, for all ten freshmen Chancellor's Scholars (lead by the Honors Director and co-teacher of the CS special course *Voyages*).
- Full study abroad support to any of 200 ASU partner institutions around the world for one or more of the eight, awarded semesters (including travel cost assistance).
- Opportunities for service-learning courses and programs locally and throughout the world with the Appalachian and the Community Together office (with travel cost assistance).
- Support for research and scholarship through the Office of Student Research for research and scholarship in the student's target area of study, including travel funds to attend conferences where the student is presenting.
- Support from the Prestigious Scholarships Program for travel to conferences in the student's area of research/scholarship and immediate membership in AIM High with focused mentoring to enhance graduate/professional school and prestigious scholarship applications.
- Tuition assistance for summer travel courses with ASU professors.
- Priority registration for course selection.
- Participation in a unique freshman Honors class designed for the Chancellor's Scholars to promote their professional development (*Voyages*).
- Dedicated, personalized academic mentoring and advising from the Honors faculty and staff.
- Housing available in the Honors residence hall (Cone Hall for freshmen, Summit for continuing students), or housing support may be used off campus or elsewhere on campus after the first year.
- Chancellor's Scholars may be in any major and in any college.
- Participation in the Honors College and Appalachian Honors Association! activities including lectures, service opportunities, and social events.

### Selection of the Chancellor's Scholars

For the 2011-12 application cycle for 2012-13 matriculation, the scholarship offers were cut from 15 to 10. While the yield the previous year had been very high for the 15 offers (85%), the yield dropped for the ten offers to only 50%, possibly reflecting the lower yield on admissions in general, again attributable to the uncertain and somewhat less desirable option of Cone, as indicated anecdotally by some applicants. However, the interview process was also not optimal, as the interviews were moved from East Hall (a very successful location for the interviews the year before) to the Library, and this was also seen by the committee contributing to the lower

yield. Again, anecdotal applicant feedback indicated that they were not impressed by the impersonal location, and the parents were not able to come to that location and meet with staff and current Chancellor's Scholars who were there to talk about ASU, Honors, and the scholarship. The students who came were excellent nonetheless, though the average M/V SAT was slightly lower than the three previous years (1446). The selection was carried out by the Chancellor's Scholarship Committee (14 faculty for initial written applications for interviews, then joined by five students for interviews on Scholars' Day).



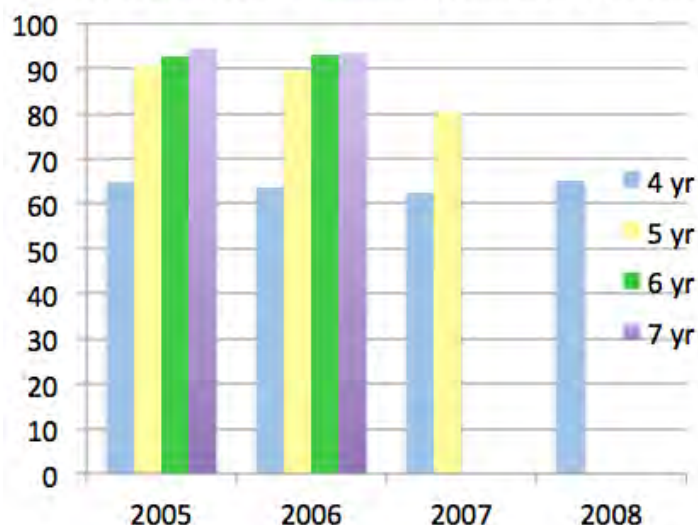
The ten recipients of the scholarship are required to enroll in at least one Honors course each semester for their first four semesters. Chancellor's Scholarships are renewable for up to eight semesters if the student maintains a 3.45 academic average. Chancellor's Scholarships are not tied to any major or college, and students may use their award to pursue approved, Appalachian State University-associated national and international programs of study.

- Number of Chancellor's Scholars for 2012: 10
- Chancellors Scholars Average SAT (M+V; ACTs converted): 1446

The data for the past seven years is shown above. Notations indicate where changes were made to the scholarship award. Data indicate the number of offers needed to fill the scholarships offered and the average SAT of the final group. Note that 2008 was the beginning of the “full-ride” scholarship awarded to 15 scholars.

## Honors Graduation Data

Four, Five, & Six Year+ % Graduation Rates as of April 2013



Of note is the observation that the Honors Program/College graduation rates are significantly higher than those for the University as a whole (percent graduated from 2005 is 94.6% for Honors vs. 65.1% for ASU total). While this is not surprising, given the higher entering qualifications of this pool, it is also the case that these high-ability students who could go anywhere to school, and their choice to stay and complete their degrees at ASU is at least a partial validation of the experience they are having in the Honors College.

The data on four, five, and six year (and beyond for 2006-6) graduation rates from the entering Honors classes of 2005, 2006, 2007 and 2008 were provided by the ASU Institutional Research, Assessment and Planning Office. Note that only the 2005 and 2006 years have complete six-year data as of this data-run by IRAP. While the five-year graduate rate for 2007 was lower than 2005-6, the four-year graduation rate was actually higher for the 2008 cohort than the two earlier years (but similar to 2005).

### Honors Invitees\* Graduation Data

#### All Graduation Data Through May 2013

	Freshman Cohort Year			
	2005	2006	2007	2008
Graduated	331	299	203	286
Not Graduated	19	21	48	71
Original Cohort Total	350	320	251	357
Percent Graduated	94.6%	93.4%	80.9%	80.1%

### Graduation Rate Data

#### Graduation Rates Calculated Through August Graduations

	Freshman Cohort Year			
	2005	2006	2007	2008
Graduated 4 Years (n)	227	203	157	232
4 Year %	64.9%	63.4%	62.5%	65.0%
Graduated 5 Years (n)	316	287	201	N/A
5 Year %	90.3%	89.7%	80.1%	N/A
Graduated 6 Years (n)	325	298	N/A	N/A
6 Year %	92.9%	93.1%	N/A	N/A
Original Cohort Total	350	320	251	357

\*2005 and 2006 Freshman Cohorts: Students coded 'HC' and 'HQ' in SIS  
2007 and 2008 Cohorts: Admission Pros coded 'Honors Invitee'

Prepared by H.Langdon, IRAP, 7/2013

### Postgraduate Placements of 2012-2013 Graduates

The latest round of Honors College graduates from May, 2013, are once again pursuing graduate school, along with professional opportunities. They are listed below grouped by their post-baccalaureate plans. At least 33, nearly half, are heading directly to graduate/professional programs. Others are postponing further schooling while they explore career options through jobs, internships, and travel opportunities.

<b>Graduate School</b>	<b># Students</b>	<b>or</b>	<b>Occupations</b>	<b># Students</b>
Other schooling	3		Education	6
MD/DO	3		Business	9
D. Pharm.	3		Nonprofit	3
J.D.	1		Internships	3
MS/MA/MSW	20		Other	17
Ph.D.	3			

### **The Honors College University Honors Curriculum**

The Honors College offers outstanding and highly-motivated students a special opportunity to broaden and enrich their academic experience by providing Honors courses that will lead to graduation with University Honors from the Honors College. Honors courses are offered through the Honors College (HON courses) and as departmental offerings in more than 30 majors. Most departmental honors courses at the lower division level are designed to fulfill general education or departmental curriculum requirements. Honors courses are frequently conducted as seminars in which students meet in small groups to discuss readings, exchange ideas, debate, and share results of individual study and research. The emphasis in Honors is on independent and creative thinking with a great deal of student participation expected. Support facilities, including classrooms, study rooms, and special programs are available to all Honors College students. In order to graduate with University Honors from the Honors College and have the designation on the final transcript, Honors students must complete the University Honors requirements by meeting the following criteria (for a total of at least 24 required semester hours in Honors):

1. completing at least 9 semester hours of University Honors courses in at least two of the three major discipline areas (humanities, social sciences, and natural sciences) and one each from the three levels of HON 1515, HON 2515, and HON 3515
2. completing 9 additional semester hours of Honors courses from any area
3. completing at least 3 semester hours of Honors courses in the major
4. fulfilling the Honors College International Education requirement
5. maintaining both a cumulative and Honors course GPA of 3.45 in the senior year
6. completing an Honors Thesis/Project (3 semester hours minimum), to be examined (defended) and approved by both an advisor in the student's thesis/project area and a second reader from a different department. (For a list of the 2011-2012 theses see page xx.)

Within guidelines approved by the Honors College Academic Program Committee, students may enter into an Honors contract with an instructor and a department or program to complete a

standard curriculum course and receive Honors credit. Contracts must be approved in advance by the Director of the Honors College. Copies of the guidelines and Honors contract application materials may be obtained online or from the Honors office.

Any changes to the Honors College curriculum must be approved by the HC Academic Program Approving Committee. The members for 201-2013 were: Michael Dale, Rick Klima, Dee Parks, Tom McLaughlin, and Andy Heckert.

### Honors Courses 2012-2013

Dept/College	Departmental Honors Courses	Professor
<b>Anthropology</b>	ANT 2300-410 Meso American Cultures ANT 2235-410 North American Archeology ANT 4533-410 Paleopathology	Claussen, C. Claussen, C. Liu, C-h.
Art	ART 4515-101 Honors Seminar: Appropriation in Visual Art ART 4515 Jr/Sr Honors Seminar: MW 3-4:15 WH 214 C. Curtain Art and Money	Prouty Curtain, C.
Astronomy	AST 3560 Undergraduate Research/(1-3).	(as arranged)
Biology	BIO 3301-410 (available upon request) BIO 3536-410	Zerucha, T.
Chemistry	CHE 1110-410 Intro Chemistry Lab CHE 4580-410 Biochemistry I	Puckett, L. Alaine, E.
College of Business	ACC 2100-410 Principles of Acct IT MKT 3050-410 Principles of Marketing FIN 3680-410 Introduction to Finance MGT 4750-410 Strategic Management	Bagley, Hyatt McNeil Pouder, R.
College of Education	FDN 2400-410 Critical Perspectives in Learning & Teaching	DeSisto, L.
Communication	COM 1200-410 Foundations of Human Communication COM 1200-410 Foundations of Human Communication COM 2610-410 Print Newswriting COM 3130-410 Minorities and Mass Communication COM 3155-410 Persuasion x 2 COM 3318-410 Public Relations Principles COM 3600-410 Feature Writing COM 3928-410 Research Methods COM 3928-411 Research Methods COM 3640-410 Media Planning COM 4101-410 Advanced Speech Composition	Motter Welsh, S. Hall, C. Hall, C. Spurlock, C. Mundy, D. Edy, C. Spurlock, C Gray, J. Yang, C. DeHArt, J.
Computer Science	CS 1440-410 Computer Science I CS 3430-410 Database CS 3460-410 Data Structures CS 3460-410 Data Structures CS 3515 Junior Honors Seminar	McRae, A. Tashakkori, R. Kurtz, B. McRae, A. McRae, A.
Criminal Justice	CJ 3400-410 Theories in Crime and Justice CJ 3531-410 Cybercrime CJ 3115-410 Research Methods	Peterson, E. Marcum, C. Ruseva, T.

	CJ4532-410 The Constitution	Hester, R.
Dance	DAN 3430-410, Dance History DAN 3430-410, Dance History DAN 4460-410 Somatics DAN 4460-410 Somatics	Miller, R. Daughtridge, E. Adams, M. Atkins, L.
English	ENG 2001-410 Sophomore Writing ENG 2040-410 World Literature ENG 2020-410 English Literature II ENG 2050-410 Studies in English Literature ENG 2320-410 American Literature II ENG 2350-410 Studies in American Literature ENG 3515-101 Junior/Senior Honors Seminar ENG 2010-410 English Literature I ENG 2050-410 English Literature ENG 2310-410 American Literature I ENG 2350-410 American Literature ENG 3510-410 Honors Jr. Seminar	Hart Atkinson, W. Groover, T. Groover, T. Wilson, M. Wilson, M. Wilson, J. Staub, S. Staub, S. Wahpeconiah, T. Wahpeconiah, T. Martin, H.
Geography and Planning	GHY 1020-410 Honors World Regional Geography	L. McLees
Mathematical Sciences	<b>Mathematical Sciences</b> MAT 1010-410 Introduction To Mathematics MAT 1110-410 Calculus I MAT 2510-410 Soph Honors Seminar MAT 3510-410 Jr Honors Seminar	Greenwald, S. Rhoads, G. Hirst, J. Cook, W.
Philosophy	PHL 1000-410 Introduction to Philosophy PHL 2015-410 Environmental Ethics	Ruble, R. Taylor, J.
Physics	PHY 1150-410: Honors Analytical Physics I PHY-1150-210: Honors Lab PHY 1151-410: Honors Analytical Physics II PHY-1151-210: Honors Lab PHY 3560 Undergraduate Research PHY 4002 Applied Physics Literature	Burris, J.  Burris, J.  Burris, J. Coffey, T. J.
Political Science	PS 3530-410 Music & Politics PS 3536-410 Law and Politics PS 3115-410 Research Methods PS 3660-410 Administrative Law PS4533-410 Honors Seminar: American Electoral Process	Love, N. Burnett, C. Ruseva, T. Bradbury ??
Psychology	PSY 1200-410 Intro Psych x2 PSY 1200-411 Intro Psych PSY 3511-1 Honors Colloq: Children in the Legal System PSY 3512-101 Honors Colloq: Biofeedback PSY 3512-102 HON Col: Soc Psy Close Rel	Fearrington, J. Fearrington, J. Wingrove, T. Deni, J. Bringle, R.
Religion	REL 1110-410 Religions of the World REL 2020-410 New Testament	Thomas, E. Spencer, R.
Sociology	SOC 1000-410 The Sociological Perspective SOC 2020-410 Social Deviance	Wise, M. Wise, M.
Social Work	SW 2615-410 Cultural Competence in the Helping Professions SW 3330-410 Social Welfare Policies, Programs, and Issues SW 3850-410 Social Work Research Methods I SW 3870-410 Social Work Research Methods II	Levy, D. Phillips, D. Howell, M. Howell, M.



	<b>Honors College Courses</b>	
Freshmen Seminars	HON 1515-101 Metamorphoses in Life: Love & Death x2 HON 1515-102 Race & Resistance HON 1515-103 Marketing & Society HON 1515-104 Creative Life and Practice HON 1515-105 de Tocqueville & US: Reading Democracy in America HON 1515-106 Teacher Leadership in a Global Society HON 1515-107 Brain on Trial: Jones, L.S. & Kirscht, L. Neuroscience and the Law	Dale, M. Gonazalez, J. Michel, B. McLaughlin, T. Behrent, M.  Jacobsen, M. & Stanley, J. Jones, L.S. & Kirscht, L.
Sophomore Seminars	HON 2515-102 Graphic Novel HON 2515-104 Math And Fairness in Democratic Elections HON 2515-105 Un-Caped Crusaders: Education & Social Justice HON 2515-106 Pros(e)titution HON 2515-101 Great Cities: Vienna May-June 2012  HON 2515-101 Darwin HON 2515-102 Life Coaching HON 2515-103 Art and the Brain HON 2515-104 Popes, Artists and Revolutionaries: Struggles for Power in Christian History HON 2515-105 Narratives in the Caring Professions HON 2515-106 Fermentation S. Cohen HON 2515-101 Love, Sex & Power Paris/Rome May-June	Fisher, C. Klima, R. Mead, A.  Lane, M. Toub, J., Mansure, V., Hellenbrand A. J. Waters J. DeHart M. Zrull R. Reed  Osmond, C. Cohen, S.  Reed /Kwong
Junior Seminars	HON 3515-101 Consciousness HON 3515-102 We Are Water  HON 3515-103 Occupy School: The Philosophy of Participatory Democratic Education HON 3515-104 Meaning & Nature of Science HON 3515-105 International Experience: Bringing the World Home HON 3515-106 Literature, Philosophy, and Moral Imagination HON 3515-108 Community-Based Art HON 3515-109 Wine Production Practices (16) W 3:30-6 PM ESR B-15 Cohen, S. HON 3515-110 Campaigns and Elections  HON 3515-101 Fin de Siècle: Vienna May-June 2012  HON 3515-101 Music & Politics HON 3515-102 King Arthur Spring Break U.K. HON 3515-103 We Are Water HON 3515-104 Tycoons, Titans, Blaggards HON 3515-105 Emerging Technologies HON 3515-106 Animal Planet	Lewis, D. Cockerill, C.  Nelsen, P.J.  Dass, P.  Dubino, J.  Dale, M.  Hansell, T.  Newmark, A..  Toub, J., Mansure, V., Hellenbrand A. Love, N. Hellenbrand, A. Cockerill, K. Dunston, L. Mitchell, A. Dubino, J.

	HON 3515-107 Hope or Fear: Challenges to American Democracy HON 3515-108 E-Learning and Digital Media HON 3515-101 Philosophy of Love and The Meaning of Life May-June Paris/Rome	Ardoyn, P. Parks & Rice  Kwong/Reed
Special Topics	HON 3530-101 Selected Topics: Scientific Publishing (Neuroscience) HON 3531-101 Int'l Honors Experience (Mexico, South Africa) Spring/Summer 2012 HON 3531-101 Int'l Honors Experience (Mexico, South Africa, India) Spring/Summer 2013	Jones, L.S.  Jones, L.S.  Jones, L.S.

### Research and Creative Endeavors

Honors students complete a thesis as the capstone experience of their Honors curriculum, typically in their senior year. However, students start building the foundations for those projects during their freshman year. Students in the creative areas usually are working on their performance and production skills both through class work and studio and practice time from their first semester. Similarly, students who plan to pursue degrees in other areas that may depend on library, laboratory, or field research begin identifying areas of interest and potential mentors their first year as well.



Ideally, students are working as volunteers on a mentor's project by their second semester. In the best circumstances, students will find job opportunities that reflect their interests for the summer after freshmen year, and then be able to pursue their on-campus research as sophomores using the Independent Study option, or with support from the Office of Student Research. This will set the student up for a more focused experience the summer after their sophomore year, perhaps even connecting a research topic with an international experience.

By their junior year, students should be narrowing their ideas to a topic appropriate for an undergraduate thesis, with the help of a mentor, and beginning to draft a prospectus of what they will do. The third and final summer may be when they actually do the research, especially if their project requires an intense period of research, data collection, or preparation. Even if the summer is not needed for their thesis project, it is a last opportunity to gain a full-time experience related to their future career path, whether that is through a bench-research project, a writing job, an internship in business, or a clinical experience.

The theses produced by the graduating students are the clearest evidence that the students have been involved in research and creative activities while at Appalachian.

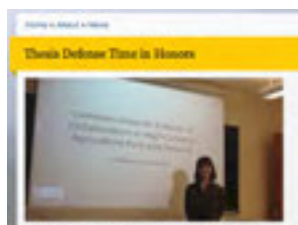
### Honors College Theses Fall 2012 and Spring 2013

Name	Department	Thesis Title	Director	Date
Gerald Patrick Murphy	History	Florida v. Jardines: The Constitutionality of Dog Sniffs	Lauren H. Waterworth	Dec 12
Jonathan Carpenter	Economics and Business Management	The Study Abroad Experience: What Really Makes a Difference - An Empirical Study of Business Students at Appalachian State University	Martin Meznar	Dec 12
Rebecca Coley	Health Care Management	The Influences Affecting End-of-Life Care Decisions of Terminally Ill Patients	Sandi Lane	Dec 12
Olga Monfiston	Hospitality and Tourism Management	The Role of Emotion in the Process of Decision-Making	Joseph Daly	Dec 12
Megan Northcote	Public History and Anthropology	Presenting Appalachian Culture: Seeking Authenticity Through Living History Museums and Folk Festivals	Neva Specht	Dec 12
Annmarie Anglim	Appalachian Studies	Midwifery in the Mountains: Lisa Goldstein's Care of Appalachian Women and Their Families in Western North Carolina	Phoebe Pollitt	May 13
Elliott Barnett	English and Secondary Education	How Self-Editing Can Impact Student Involvement in Adolescent Literature	Mark Vogel	May 13
Kerry Bartlett	Psychology	When to Test: Evaluating the Effect of Quiz Placement on Retention	Andrew Smith	May 13
Lillie Blanton	Political Science	No Child Left Behind? Memphis City Schools Examined For Policy Failure	Mike Potter	May 13
Carolyn Blough	Marketing	Increasing ASU Student Patronage at Bandana's Bar-B-Que and Grill: An Integrated Marketing Communications Plan	Eva Hyatt	May 13
Brian Bonville	Biology	The Potential Benefits of Plant Chemicals as Antiviral Drugs	Howard Neufeld	May 13
Lauren Brigman	Electronic Media Broadcasting	Social Media: A Technological Change That's Increasing the Level of Engagement of the Television News Viewer	Michael Fields	May 13
Rose Buchanan	Public History	Stories' Space in a Native Place: Challenging Stereotypes and Defying Conventions in the National Museum of the American Indian	Andrea Burns	May 13
Grant Canipe	Psychology	Effect of Caloric Restriction on Exercise Behavior and the Brain: Differential Gene Expression in Wheel Running and Sedentary Mice	Amy Knab	May 13
Shea Comadoll	Chemistry	Expression of Human Organic Anion Transporter Isoform 1 in Escherichia coli Chemistry	Jennifer Cecile	May 13
Maria Craig	Global Studies and Spanish	The Effect of Language Barriers on the Medical Care of Patients With Limited English Proficiency	Benjamin Souza	May 13
Samantha Craig	English and Secondary Education	Pastiche, Palimpsest, and Plagiarism in Moulin Rouge	Leon Lewis	May 13
Michael Cutshall	Cell and Molecular Biology	Characteristics of Effective Interventions for Reducing Type-2 Diabetes Risk Factors in Youth: A Systematic Review	Dana Brackney	May 13
Aaron Dallman	Music	The Music of Play: Using Play-Directed Music Therapy	Christine Leist	May 13

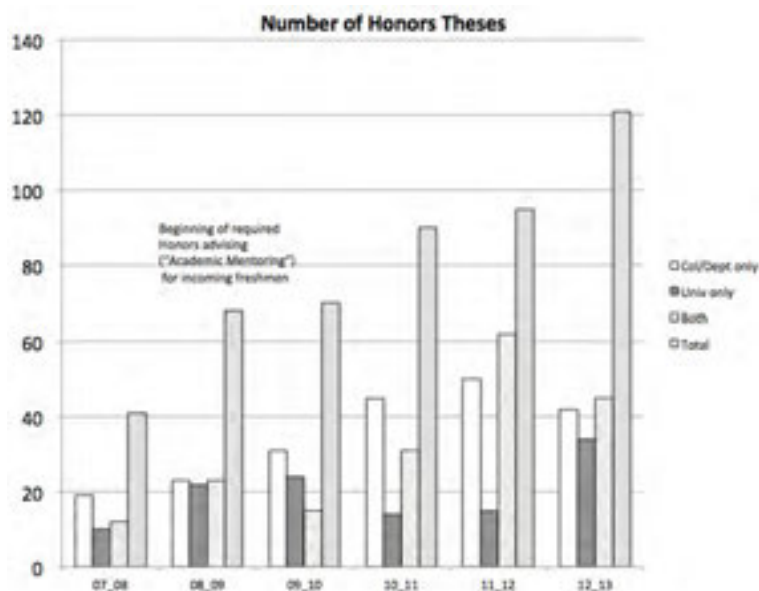
		to Develop Fine Motor and Speech Skills in Two Preschool Children with Autism Spectrum Disorder		
Christina Daly	Biology	Zebrafish as a Model Organism for <i>Vibrio cholerae</i> Infection	Ted Zerucha	May 13
Daniel DeCarlo	Psychology and Political Science	Moral Foundations Theory & Political Polarization: An Exploration Into the Link Between Morality and Ideology	Todd Hartman and Douglas Warring	May 13
Elizabeth Dunton	Psychology	Students' Initial Judgments of Professors: An Experimental Manipulation of Gender, Experience, and Availability	Rose Mary Webb	May 13
Molly Elliott	Exercise Science	The Impact of the "Give Kids a Smile!" Program on Oral Health and Wellness	Rebecca Battista	May 13
Chris Eubanks	Chemistry	Lability of an Axial Pyridyl Ligand as Related to the Surface Immobilization of Cobaloxime Hydrogen Catalysts	Mike Hambourger	May 13
Ben Gardner	Appropriate Technology	Practical International Applications of Permacultural Design Principles on the Community-Scale	David Domermuth	May 13
Caroline Gaskin	Spanish	The "Head" and "Heart" of Teaching English as a Second Language: Characteristics of Teachers Who Combine Best Practices and Critical Pedagogy	Catherine Fountain	May 13
Rachel Ginder	Psychology and Studio Art	Visual Art Installation Versus Biofeedback as Means of Stress Relief	Jeana Klein	May 13
Juliana Glenn	Sustainable Development	Household Chicken Production: Its Uses and Benefits in Both Developed and Developing Countries	Anne Fanatico	May 13
Sarah Gorry	Psychology	International Differences in Happiness: A Phenomenological Study Examining Happiness with the Framework of Maslow's Hierarchy of Needs	Kelly Williams	May 13
Hannah Gray	Art Management	Art in the Public Sphere: Investigating Cloud Gate	Christopher Curtin	May 13
Maria Gulas	Exercise Science	The Effects of Play-based Physical Activity on Metabolic Signatures in Adolescents	Scott Collier	May 13
Mallory Hammett	Accounting	The Income Tax: A Progressive Debate	Mary Ann Hoffmann	May 13
Amber Harold	Chemistry	High-throughput Drug Transporter Assays in <i>Caenorhabditis elegans</i>	Jennifer Cecile	May 13
Alex Helms	Accounting	Capital Gains Tax Policy: Effects on Investment	Mary Ann Hofmann	May 13
Tyler Holbrook	Philosophy	Noncognitive Moral Realism: An Emotive Approach to Normative Ethics	Jesse Taylor	May 13
Michelle Jewell	Computer Information Systems	What Can I do With a CIS Degree?: A Review of CIS Graduates' Post Education Employment	Alanah Mitchell	May 13
Abigail Joffee	Psychology	The Effectiveness of Wilderness Therapy: An Evolutionary Psychology Perspective	Lisa Emery	May 13
Haley Kearns	History and Secondary Education	Great Leaders: Accomplished Individuals or Accommodating Circumstances?	Michael Krenn	May 13
Meghan Kusper	Cell and Molecular Biology	Childhood Obesity and the Increasing Prevalence of Adult Like Risk Factors for Chronic Disease	Rebecca Battista	May 13
Robert Lee	Political Science	Ecotourism's Applications Towards Preserving Ecosystem Services	Tatyana Ruseva	May 13
Sara Leinbach	Communication and Advertising	Tapping Into the Mind of the Millennial Wine Consumer	Jennifer Gray	May 13
Katlyn Lipe	Psychology	Pilates: Implications for Future Use in Physical	Marianne	May 13

		Rehabilitation	Adams	
Mark Luke	Cell and Molecular Biology	Antibody-Drug Conjugates	Susan Edwards	May 13
Walter McGowan	Philosophy	Partiality Justified Monique Lanoix	Monique Lanoix	May 13
Dalton Miller	Political Science and Criminal Justice	Judicial Selection: An Analysis and Evaluation of Methods at Home and Abroad	Marian Williams	May 13
Allison Nelson	Computer Science	Facial Expression Analysis Using Microsoft Kinect	Rahman Tashakkori	05/2013
Michael Neve	Accounting	Measuring Tax Equity	Susan Anderson	05/2013
Caroline Noel	Cultural Anthropology	From Weaponry to Electricity: Godzilla, Kurosawa, & Japanese Interpretations of 'Nuclear'	Craig Fischer	May 13
Margaret Ovington	Accounting	Auditing of Sustainability Reports	Tracy Reed	May 13
Anthony Pastore	Biology and Psychology	Relationship Between Rating of Perceived Exertion Lactate and Intensity with Resistance Exercise	Jeffrey McBride	May 13
Kathleen Petermann	Sustainable Development	Common Ground: A Study of Collaboration in High Country Agriculture Past and Present	Christof den Biggelaar	May 13
Kalie Peyton	Nutrition	The Short Term Benefits vs. Long Term Health Effects of Processed Food in America	Martin Root	May 13
Margaret Pray	Biology	Localization of RH Glycoproteins in the Atlantic Hagfish, <i>Myxine Glutinosus</i>	Susan Edwards	May 13
Laura Rash	Psychology	Does the Color Red Reduce Eating? A Replication of Genschow, Reutner, and Wanke (2012)	Kenneth Steele	May 13
Joni Ray	Sustainable Development	Salamanders of the Southeastern United States: An Exploration of Biophilic Design Through Street Art	Jim Toub	May 13
Kaitlin Rzasa	Chemistry	Development of Sensing Systems to Monitor the Hydrolysis of $\beta$ -Lactam Antibiotics	Libby Puckett	May 13
Elanor Shingledecker	History and Spanish	Nineteenth Century Guatemalan Public Health and the Indigenous Population	Rene Harder Horst	May 13
Jordan Shoaf	Sociology	Elderly Latinos In North Carolina: Accessing Health Care Agencies Responses to the Growing Elderly Latino Population	Cameron Lippard	May 13
Brittany Sleeper	Nutrition	Breastfeeding and Human Immunodeficiency Virus Type 1	Sarah Jordan	May 13
Christopher Smith	History	The Progressive Party Campaign of 1948	Michael Krenn	May 13
Molly Spears	Communication Disorders and Spanish	The Assessment of the Speech and Language of Spanish-English Speaking Children	Joseph Klein	May 13
Julia Spring	Finance and Banking	The Impact of the Dodd-Frank Wall Street Reform and Consumer Protection Act on Community Banks	Don Cox	May 13
Erika Sundeen	Communication Disorders and Spanish	Language and Literacy in Deaf Children: American Sign Language and English Education	Jennifer Dalton	May 13
Rebecca Swofford	Psychology	Objectifying Statements, Media Frames, and Cover Images: A Comparison of Men's Health and Women's Health Magazines	Doris Bazzini	May 13
Anya Tilly	Exercise Science	Beetroot Juice Dietary Nitrate Supplementation and Hypoxic Aerobic Exercise Performance	David Morris	May 13
Jillian Tingle	Chemistry	Regulation of the Organic Cation Transporters in <i>Caenorhaditis Elegans</i> Chemistry Jennifer Perry Cecile	Jennifer Cecile	May 13
Daniel Villanova	Marketing	The Effects of Brand Personality Congruence on Loyalty and its Antecedents	Unal Boya and Eva Hyatt	May 13
Maximilian von	Management	The Future of Business Education: A Futuristic	Mark Lewis	May 13

Poschinger	and Marketing	Perspective		
Elizabeth Wallace	Psychology	Media's Effect on Body Image and Memory Bias for Body-Related Words	Lisa Emery	May 13
Erin Weaver		Overcoming Linguistic Differences in the American Classroom	Shanan Fitts	May 13
Kelly Welch	Psychology and Human Services	Virtual Warfare: Cyber-bullying as the Weapon of Choice	Mary Ballard	May 13
Lindsay White	English	Dissecting the Phenomenon: Disputed Illustrations of Prejudice in the Harry Potter Series	Craig Fischer	May 13
Kathleen Williams	Psychology	Predictive Factors that Contribute to Runaway Behavior in Adolescence	Twila Wingrove	May 13
Cynthia Wood	Communication Sciences and Disorders	AISIn op/: The Future of the Deaf Community and Cochlear Implants	Jennifer Dalton	May 13
Ryan Wright	Psychology	The (lack of) Effects of Mood on Wishful Thinking	Andrew Smith	May 13



Numbers of honors theses produced over the past six years is shown in the figure below. The total number (gray) is also subdivided to illustrate the component numbers of those theses that were for department or college honors only, Honors College credit only, or both. The continued growth is due to a number of changes in the Honors College, most importantly the institution of the “academic mentoring” model of advising, starting with some incoming Honors freshmen in 2009, and then expanding to almost all in subsequent years. The number of Departmental or College Honors only theses (not in the Honors College) had been growing, but has plateaued this year. This might be attributable to the burden of the budget cuts and the increased teaching loads of the faculty; many say they cannot also mentor theses. The increase in the total number of theses in the 2012-13 year is largely due to an increase in the numbers of students doing University Honors only; this suggests an increase in the number of students in majors without a departmental honors option choosing to complete the Honors College curriculum anyway, which was less likely previously.





## International Education

Starting in the Fall of 2007, the Honors curriculum changed to include the requirement of an International Education Experience. Since this requirement took effect, students have found a plethora of ways to study abroad and become global citizens. The Honors College is dedicated to helping students study away to gain a broader understanding of the world and to diversify their learning.

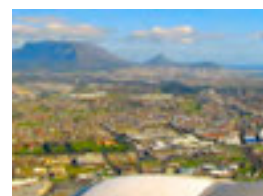
### International Educational Experience

The Honors College, in collaboration with the Office of International Education and Development, created several different educational opportunities for students wishing to have an international setting for their learning. Thanks to partner institutions in India, South Africa and Mexico, four different internship opportunities were in place for Summer 2013.

University of the Free State, Bloemfontein, South Africa (<http://www.ufs.ac.za/>)



The UFS generously set up multiple opportunities for APP students to spend four weeks learning how health care practitioners in several fields prepare for their careers.



Six students went for internships at the School of Medicine (4) and the Sports and Exercise Medicine program (2). Pre-medical students were paired with a third year medical student at UFS and spent two weeks in hospital rotations and then some time at outreach clinics around the city. The Sports Medicine program offered a mix of research and clinical exposure options including working with the rugby team. Bloemfontein, the “City of Roses,” is the capital of the Free State and sits in the center of South Africa. It is also the Judicial Capital and sixth largest city of South Africa, and has a proud history as the birthplace of the ANC. Situated on the high plateau 1,395 meters above sea level, so it is cold in June. Students were housed in residence hall on the UFS campus and made many new friends.

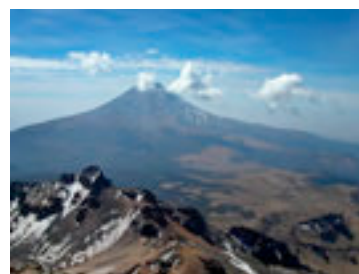


Benemérita Universidad Autónoma de Puebla – BUAP, Puebla, Mexico (<http://www.buap.mx/>)



Thanks to a generous professor in Sociology, one student spent her time working on original research data as part of a larger project on patterns of emigration. Another student was torn between her competing interests, and BUAP graciously arranged for her to sample a Nutrition class while she began planning and then implementing a research project on exercise behavior, food availability, and obesity, in consultation with Nursing faculty, as well.

BUAP is located in the historic and beautiful city of Puebla, a World Heritage Site, where students experienced Mexican history, culture, and geology (one of the tallest volcanoes in the world, Popocatepetl, “smokes” on the horizon). BUAP is a non-



residential university, so students rented rooms in homestays near the campus, learning about life in Puebla from people who live there.

Universidad de las Americas Puebla – UDLAP, Puebla, Mexico (<http://www.udlap.mx/>)



Two students spent four weeks at UDLAP, one at the medical school, learning how to transfer basic medical knowledge to the clinic, and one in a nanochemistry laboratory doing research. Using mannequins in the training labs, the pre-medical student learned how future medical practitioners are trained and prepared for patient care; there was also extensive clinic shadowing time. The research student worked side-by-side with graduate students in chemical engineering working on nanochemical water purification technology. UDLAP is close to Puebla, but is located in Cholula, home to the world's largest pyramid by volume, with a 15<sup>th</sup> century church on top. Exploring the state of Puebla included off-campus trips exploring the rich cultural heritage and natural beauty of this region. Students were housed in residence halls on the UDLAP campus and made friends both in and out of their educational venue.



Bishop Heber College, Trichy, India ([www.bhc.edu.in](http://www.bhc.edu.in))



Four students spent the month of June, 2013, at Bishop Heber College, which is located in the Tamil Nadu city of Tiruchirappalli, commonly known as Trichy. This city of 27 million has one of the largest Hindu temple complexes, Sri



Ranganathaswamy, and the historic Rock Fort on the banks of the River Cauvery. Two of the students were set up with extensive medical clinic shadowing experiences at the Janet Nursing Home and the Stephens Nursing home, where they saw Ob/Gyn practice and HIV care. Another, pre-dental, student was allowed to spend her days at a private dental clinic observing everything from fillings to braces to implants. The fourth student wanted to do biology field work and so was trained to identify and count regional birds as part of a study on intrusive species. All of them reported having the “time of their lives” in this unusual and life-altering experience.



Course-Related International Experiences

Four travel courses were run through the Honors College, two that were typical faculty-led courses abroad (HON 2515 “*Love, Sex & Power*” and 3515 “*Philosophy of Love and The Meaning of Life*” to Paris and Rome), while two others were semester-long courses with travel embedded during the fall or spring break. The fall course (“*Voyages*”)



took the ten Chancellor's Scholar freshmen to Dublin for five days, while the spring course (HON 3515 "*King Arthur*") had a week-long trip to British sites related to the Arthurian legends. Many students also took advantage of ASU faculty-led courses unrelated to Honors to fulfill the international education requirement, while still others went on semester or summer study abroad programs.

**Students who Studied/Interned/Served Internationally (list representative, not exhaustive)**

Country	Study Abroad Semester/Summer	Faculty-led course	Internship	Alternative Spring/Winter break	Other
Brazil	1				
Chile	1				
China	2				
Costa Rica		2			
UK		15			
France		15			
Germany			1		
Greece		1			
India		4			
Ireland		10			
Italy		15			
Mexico		4			
Nicaragua				1	
Russia	1				
South Africa		8			
Spain	1				6
Thailand	1				1
UK		2			
New Zealand	1				1

**Heltzer Honors Program for International Education**

Established in 2009, the Heltzer Honors Program International Education Scholarship Award is given exclusively to Honors students who are traveling abroad in an experience that earns them academic credit on their transcript.

International HHPIE Scholarships 2012-2013

Student	Scholarship Amount	Country	credits
Alyssa Tyler	\$1,200.00	UK	12
Hannah Cartner	\$1,200.00	UK	12
Brian Bonville	\$1,200.00	Brazil	12
Carolyn Blough	\$300.00	Costa Rica	2
Diane Creamer	\$1,300.00	New Zealand	13
Brittany Pauser	\$1,500.00	UK	13
Correy Dowd	\$450.00	UK	3
Grant Canipe	\$450.00	UK	3

Gretchen Brown	\$450.00	UK	3
Catherine Moore	\$400.00	South Africa	3
Danielle Russell	\$400.00	India	3
Dawn Woodard	\$400.00	India	3
Kimberly Noel	\$100.00	Mexico	3
Carlson Keller	\$100.00	South Africa	3
Miranda Cook	\$100.00	Mexico	3
Kelsey Fuller	\$100.00	Mexico	3
Elanor Shingledecker	\$100.00	Mexico	3
Caleb Yelton	\$100.00	South Africa	3
Kayla Mason	\$900.00	Costa Rica	9
Kristie Kennedy	\$600.00	France/Italy	6
Alison McClay	\$600.00	Spain	6
Nicole Steyl	\$600.00	Italy	6
Kaitlyn Thruston	\$300.00	Western Caribbean	3
Zoe-Melease Watkins	\$600.00	France/Italy	6
Margaret Cooper	\$600.00	France/Italy	6
Allison Tresslar	\$600.00	Italy	6
George Tabor	\$600.00	France/Italy	6
Jessica Rinker	\$300.00	Italy	3
Cody Taylor	\$600.00	Greece	6
Kate Rawson	\$600.00	France/Italy	6
Hailey Moore	\$600.00	France	6
Katlyn Dublin	\$600.00	France/Italy	6
Lisa Moeller	\$250.00	China	4
Shady Kimzey	\$200.00	Thailand	2
Emily Horsman	\$400.00	India	3
Jaclyn Redman	\$400.00	South Africa	3
Alexandra Dezii	\$400.00	India	3
Shea Comadoll	\$400.00	South Africa	3
Lisa Moeller	\$150.00	China	4
Kelsey Woodford	\$600.00	France/Italy	6
Hannah Collins	\$600.00	France/Italy	6
Susan Zhao	\$600.00	South Africa	6
David Valder	\$300.00	Dominican Republic	3
Miranda Cook	\$300.00	Mexico	3

## Minor in Medical Humanities

Created in the Honors Program in 2009, the Minor in Medical Humanities is designed for the health care pre-professional who wants to have a richer and broader program of study than just the required major or courses. By pursuing this Minor, students explore questions in the Humanities and Social Sciences that have a direct bearing on health care today. Courses such as *Medical Ethics* and *Health Law*, for example, will take the students into current issues of health care practice through the prism of ethical and legal concerns. Courses like *Chinese Medicine* and *Our Primate Heritage* will extend the student's thinking into the history of health care and the growing field of evolutionary medicine. While this Minor and most of these courses are not required for medical school or any other health care graduate program, students will find that the Minor will strengthen their application for those programs both for what it says on their transcript and for what it does to their thinking, writing, and speaking.



This Minor is for those students who want a bit more than the standard preparation for their health care field of choice, both for students who are already in Honors or for those not in Honors who want to be able to take some Honors courses. The Minor is administered by The Honors College, but application is open to all students, regardless of major, in the University, and all students accepted in the Minor may sign up for any Honors courses in the Minor. Any undergraduate student in the University may apply to be in the Minor in Medical Humanities. In order to participate in the Minor a student must have a 3.3 overall GPA at time of application, and this GPA must be maintained to graduate with the Minor. Applications must be submitted to The Honors College Office to the attention of the Minor in Medical Humanities Committee (MMHC) for review and approval. The Minor Requires 15 semester hours of course work, including Medical Ethics, the only required course.

Additional, relevant courses may be offered as Selected Topics by departments or as HON courses from The Honors College. Such courses may be included for the minor with approval of the Minor in Medical Humanities Committee (Director of The Honors College, Director of Health Professional Advising, three contributing faculty members, one each from any of the departments contributing courses to the Minor). Examples of such courses that have been offered previously include: *Chinese Medicine*; *Personal and Family Health*; *Ancient Medicine*; *Biotech and Society*; *Social Deviance*; *Genocide*; *Humans and Nature*; *Brains, Behavior and Sex*.

### Minor

Requirements.....  
15

Students are required to apply to participate in the Minor in Medical Humanities. A 3.3 overall GPA is required at time of application and must be maintained to graduate with the minor. Applications must be submitted to the Minor in Medical Humanities Committee (MMHC) for review and approval. Any student, regardless of major, may apply, and students accepted into the minor may take any Honors College courses that are offered for the minor.

DEPT	Course	hrs	Medical Hum. Requirements: 3 hours	Prerequisites
PHL	3015	(3)	Medical Ethics	none
			<b>Medical Hum. Electives: 12 hours</b>	
ANT	1430	(3)	Our Primate Heritage	none
ANT	3310	(3)	Human Osteology	MAT 0010 or passing math placement test
ANT	4600	(3)	Medical Anthropology	none
COM	2131	(3)	Health Communications	none
ECO	3610	(3)	Economics of Health Care	ECO 2030, ECO 2040 and ECO 2100
HCM	3110	(3)	Health Care Organization and Administration	none
HCM	4910	(3)	Health Law*	HCM 3130 or inst. permission
HP	4200	(3)	Epidemiology	none
PSY	3205	(3)	Biological Psychology	PSY 2664 or inst. permission
PSY	3653	(3)	Health Psychology	PSY 2664 or inst. permission
PSY	4562	(3)	Aging	PSY 2664 or inst. permission
PHL	3600	(3)	Philosophy of Science	One course in science/science educ./philos. or inst. permission.
SOC	3100	(3)	Gerontology	none
SOC	3600	(3)	Medical Sociology	none
SW	4555	(3)	Death, Dying, and Living	none
WS	3300	(3)	Gender and Technology	none
		(3)	Independent Study (as approved by MMHC)	

MMHC members 2012-2013: Leslie Sargent Jones, Chair (Director, The Honors College), Celeste Crowe (Director, Health Professions Advising), Jennifer Gray (COM), Lucinda McCray (HIS), Monique Lanoix (P&R).

The first cohort of Graduates with the Minor occurred in 2013: Kusper, Megan; Pray, Margaret; Thomas, Elizabeth.

#### Students in the Minor 2012-2013:

Coley, Rebecca; Collins, Karson; Collins, Hannah; Ester, Corbin; Lyall, Taylor; Kusper, Megan; Graham, Neville; Thomas, Elizabeth; Patel, Chirayu; Pray, Margaret; Stockstad, Marissa; Zhao, Susan

### **Accelerated Degree Options**

In partnership with the Walker College of Business, the Honors College is promoting the opportunity to do an accelerated B.S./M.B.A. In fact, Appalachian State University offers all high-achieving students the opportunity to complete both their bachelor's degree and their master's of business administration degree at ASU in 4.5 to 5 years. If students come in with Advanced Placement/College credit, they can finish their B.A. or B.S. in six to seven semesters and begin the Walker College of Business MBA program. If they use their last semester as an undergraduate (up to 12 s.h.) to take graduate courses, they can further shorten the time-to-degree. Since the MBA program offers an intensive one-year format and a rolling admissions process, a student could complete both degrees within four and a half years.



Using this as a model, the Honors College and Graduate School are hoping to encourage students to pursue similar accelerated models and stay at ASU for their graduate degrees in other fields, as well.

### Academic Mentoring: Honors College Advising

All advising for Honors students is handled by the Honors College advising faculty/staff. Through regular meetings with their Honors mentor, Honors students have the chance to discuss course registration plans with someone who gets to know them and helps them plan a curricular path leading to their professional and personal goals. For Honors students, advising is not just about completing a degree, but realizing a dream. This personalized, academic mentoring by the faculty and professional advisors of the Honors College staff is an additional benefit of being in the Honors College, and a critical piece in promoting student success and University Honors completion, as evidenced by the increasing completion rates of honors students (see thesis numbers on page 21).

Advising in 2012-2013 was provided by the following five personnel, with their areas of disciplinary responsibility listed:

Dr. Jones	Dr. Wheeler	Dr. Lane	Ms. Kirscht	Dr. Mead
<i>All pre-meds regardless of major</i>	Arts & Sciences: all Natural Sciences	Arts & Sciences: Humanities (English, Foreign Languages & Literatures, and Philosophy & Religion)	<i>All pre-law regardless of major</i>	Language, Reading & Exceptionalities (Special Ed.)
<i>All pre-dental regardless of major</i>	Computer Science	Appalachian Studies	Arts & Sciences: <i>Social Sciences</i> (Anthropology, Geography & Planning, Government & Justice Studies, History, and Sociology)	Curriculum & Instruction (Elem. Ed., Middle Grades)
<i>All other pre-health professions</i>	Environmental Science	Women's Studies	Finance, Banking and Insurance	Child Development
Communication Disorders	Math	Interdisciplinary Studies	Economics	Nursing
Exercise Science	Sustainable Development	Global Studies	Management	Communication
Psychology		School of Music	Marketing	Rec Management
Biology		Art	Accounting	Undecided
Nutrition & Dietetics		Theatre & Dance	Computer Information Systems	
		Technology	International Business	
		Interior Design	Health Care Management	
			Social Work	

## Honors Pre-Professional Advising

As part of the academic mentoring program, students in the Honors College received tailored pre-professional advising for medical and dental schools, as well as for pharmacy, DPT (physical therapy), and PA (physician assistant) graduate programs (Dr. Jones) and for law school and business school (Ms. Kirscht) in 2012-2013. This mentoring combines the features of pre-professional advising that might be offered by a pre-professional advising office (and that ASU does have for pre-medical/dental students) with the curricular advising needed to be sure that program requirements are met. By integrating both important aspects of support for students, the success rate for post-baccalaureate goals can be improved, as seen by the data that all pre-medical students were admitted to medical school (including UNC-CH and UA-B) and the one pre-law student was accepted to American University Washington College of Law.

## **Honors College Events**

A number of events are held throughout the year that serve different goals for the college. Some are designed to promote the student community (Freshmen Welcome Supper, Vanguard Knighting), while others are for recruiting purposes (Open House, Honors Days). Still others are to involve the families both at the beginning (Freshmen Family Picnic) and end of their students' career in Honors at Appalachian (Honorum Laurus in Dec and May (at right)).



### The Honors College Freshmen Retreat/Town as Text Inaugural Event

This past fall saw the inauguration of a Freshmen Retreat event, thanks to donations provided by some very generous donors. The students were bused to the Broadstone location for a day of events planned and managed by the Recreation Management office. These included large group field events in the morning, followed by individual games, high ropes climbing, and river fun in the afternoon. A barbecue lunch was provided (through University Catering). It was a great success and will be repeated next year.



The second day of the Retreat was a unique event arranged single-handedly by Dr. Dale Wheeler called "Town as Text." While the concept was borrowed from the NCHC's "City as Text®" event, this is different in that students visited specific agencies and sites in Boone and then returned to report what they had learned to the whole group.

### Welcome Supper

On the first Sunday before fall classes start, the Prestigious Scholarships Program and the Honors College host a supper for all of the entering freshmen. Some students are not able to come to the Retreat, so this is a chance to bring everyone together one last time as they start college. It is also a forum for PSP and the Honors College to provide some information to help students as they start their academic career. They are reminded about drop/add week and how to meet with their advisor during that week in case of a scheduling emergency. They are also reminded of the myriad opportunities that both PSP and the College offer them as they begin their professional path.

### Vanguard Knighting

Students who are willing to assist the college at public events (Open House, Honors Days, Scholars Day) are invited to join the Honors Vanguard to be recognized for their service to the college. There is no reward attached to this service, either monetary or in service points, but approximately 12 students a year volunteer to join the group and are knighted at the start of the academic year.



### Freshmen Family Picnic

Each year in September, the Honors College hosts a picnic lunch on the Sunday of Family weekend. This is an opportunity for the families of the freshmen to come and visit their students after the first month of university. It is a chance to meet the classmates and new friends their student have made, and to see the campus more intimately. There are generally over 200 people who attend, including some faculty, and it is a fun way for the students to connect their families with their new home.



### Open House

Each Fall and Spring the University hosts an Open House event attend by over 5000 guests. The Honors College once again provided information to prospective students through both a table manned by staff and Honors Vanguard students, as well as through talks offered by the College Director or Associate Director. Feedback on these offerings are always very positive and result in many applications, as indicated by their input to Admissions.

### Honors Days

There were four days in the Fall when Admissions invited around 25 students and their families to come and visit ASU and the Honors College. While these days are organized and funded by Admissions, the Honors College partners closely with that office to assure an outstanding experience for these students, from attending a mock Honors class (arranged with Honors College Faculty by the HOC office) to presenting about Honors during lunch (Director plus a student). This past year, the yield to ASU as a result of these events was very high (~60%) and indicates that it is a successful recruiting model that should be continued.

### Scholars' Day

This single day in late February is the interview and recruiting day for those top scholars being considered for merit-based scholarships. The Chancellor's Scholarship is the Honors scholarship that is part of this event, with the interviews taking place at this event. Current Chancellor's Scholars participate both as interviewers and as hosts in the Honors College facilities where we entertain the candidates before and after their committee interview (see above under Chancellor's Scholarship).

### Honorum Laurus

The Honorum Laurus ceremonies, held in December and May, are the College's opportunity to honor the graduates who have completed the University Honors requirements. The immediate family of all graduates are invited and each student is awarded the Honors medal and afforded the chance to speak from the stage. This makes it a uniquely personal recognition that the families and students appreciate.

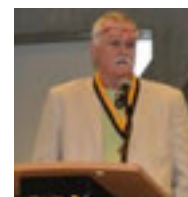


The spring 2013 hosted the families of over 70 students in the Parkway Ballroom of the new Plemmons extension.

The ceremony is also an opportunity to acknowledge the superb contributions of our faculty. The "Honors College Faculty Member of the Year" award at the May Honorum Laurus is a particular example of that recognition. The May 2013 awardee was Dr. Emory Maiden (right), English. This winner of this award is selected by the students of the graduating have taught Special member, Sociology.



Honors Vanguard, who choose the winner from among those who HON courses during their time at ASU. There is also a Award given to a retiring Honors College faculty which went to Dr. George Michael Wise (left),



This year, for the first time, an award was also given for an Honors College Mentor of the Year, selected by the Honors College office for someone who has done exceptional work in mentoring students towards their theses. The inaugural winner was Dr. Jennifer Cecile (right), Chemistry.



### **Honors Residential Community (Cone and Summit Halls)**

Students in the Honors College are not required to participate in the residential offering, but for the last decade, freshmen through senior students could live in East Hall if they chose. Housing allowed any Honors student living on campus to stay on campus, and this allowed the College to extend this guarantee of on-campus housing to its students. This is perceived as a great benefit to many students, and approximately 30% of the College students lived in East Hall (and the majority of East Hall was Honors). About 90% of the freshmen live in the community, and they usually make up about half of the Honors Community in East Hall.

Starting in Fall 2012, Housing decided to split the Honors Residential Community between the new hall, Summit (for continuing students), and the older (renovated) hall, Cone, for the

freshmen. As a result, neither building would be more than ~half Honors students. While the incoming freshmen would not be aware of what they were missing by not living with upper division students, there were concerns about how these students would integrate into Honors without the upperclass students in their hall to help mentor them. Thus several interventions/initiatives were planned to mitigate the loss of the shared housing.

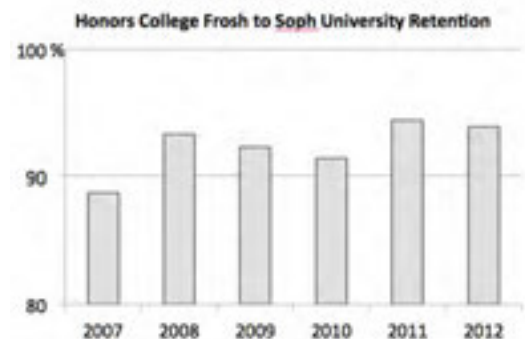
1. Students in both halls had slide-card access to the other building.
2. A Peer Mentor program was instituted so that an Honors student from Summit was paid to attend an HON 1515 Freshmen Seminar Class and given a budget to host events that mixed their freshmen with their Summit hall mates.
3. A Freshmen Retreat event was introduced to promote rapid community building among the freshmen and with upperclass students who came to the event as mentors.

The effectiveness of these strategies was assessed by the following:

1. Looking at freshman-to-sophomore retention
2. Running a survey on satisfaction with Cone and community in Spring
3. Looking at number of freshmen who wish to move to Summit

#### Freshman-to-sophomore retention:

The numbers of Honors College students who continue from freshman to sophomore year was high again, as it has been for the past four years. This indicates that there was no impact of the move from East Hall to Cone/Summit on the retention of Honors College students at ASU. The numbers of those staying at ASU but indicating they were NOT continuing in Honors was small (four) and interestingly three of those did NOT live in Cone, but in another community. This would suggest a value to the Cone community for retention in Honors (or an early indicator of lack of true interest in Honors, which is what we have seen anecdotally over the years).



#### Survey on satisfaction with Cone and Honors Community:

A very short survey was run right at the end of the semester to assess how the students view their experience of Honors (survey shown below).

Results come from 104 respondents of 145 freshmen (72%). Their answers, shown below, indicate that the students largely Agreed/Strongly Agreed with the statement “I feel I am part of the Honors College” (>80% of respondents). They also mostly Strongly Agreed with the statement that “I plan to graduate with University Honors” (60% of respondents), which is very encouraging. We have no previous surveys of this sort to compare to, but combined with the Agree statistic, it suggests that 90% of the respondents are reasonably intent on graduating with University Honors. This compares very favorably to a survey we ran in the Fall of 2008 with all



Honors Program students, where the results were that 62% of 528 respondents planned to complete the University Honors requirements.

The screenshot displays the 'Honors College Freshman Survey 2013' interface. It features a header with the college's logo and a navigation bar. The survey is divided into several question blocks, each with a title, a five-point scale, and a list of options. The questions are as follows:

- Q1:** Please answer the following question using the Strongly Agree to Strongly Disagree five point scale: I feel that I am a part of the Honors College. Options: Strongly Agree, Agree, Neutral, Disagree, Strongly Disagree.
- Q2:** Please answer the following question using the Strongly Agree to Strongly Disagree five point scale: I plan to graduate with University Honors. Options: Strongly Agree, Agree, Neutral, Disagree, Strongly Disagree.
- Q3:** For the following two questions please check ALL that apply. These are the experiences that have contributed the most to my feeling that I am part of the Honors College (leave blank if it does not apply):
  - ☐ Living in Cone
  - ☐ The Honors College Freshman Retreat
  - ☐ The Honors classes
  - ☐ Honors advising
  - ☐ APAC events
  - ☐ Access to Honors office and space in App Hall
  - ☐ Interactions with Honors upperclass students
  - ☐ The Peer Mentor in my HON 1010
  - ☐ June Honors Freshman orientation
- Q4:** Other (please write in any other experiences that have helped you feel you are part of the Honors College)
- Q5:** These are the things I value most about being in the Honors College (leave blank if it does not apply):
  - ☐ The Honors Classes
  - ☐ Honors advising
  - ☐ Honors housing
  - ☐ Priority registration
  - ☐ The International Education expectation
  - ☐ Other Honors College students
  - ☐ The research/scholarship expectation
  - ☐ The Honors faculty
  - ☐ The Wilson Honors & Engagement Community (first building complex)
- Q6:** Other (please write in any other characteristics that you value about the Honors College)

The most popular reasons given for what made them feel part of the Honors College were, interestingly, not the housing, but rather the Honors classes and the Advising (82% and 83% of respondents, respectively). The housing in Cone and "Access to the Honors offices and spaces in Appalachian Hall" came in at 62% and 57%, illustrating that the academic aspects of the choices were seen as more important to their sense of connection to the College than the housing or physical space.

In terms of what they valued most about being in Honors, it is no surprise that Priority Registration ranked number one, as 96% of respondents listed that, while the second-most valued attributes were the classes, advising, and housing, all with 69-72% of respondents listing them. Curiously, the "other Honors students" was chosen only by 54% of respondents, tied with the International Education expectation! We had not anticipated that ranking, and it shows that one can have a "requirement" that is viewed as a benefit, if it is the right one. The students did not

rate the research/scholarship expectation as highly (22%), but since most freshmen have not started to think about this yet, that is not unexpected.



Note that questions 4 and 6 allowed the students a chance to insert a list of their own experiences or things that made them feel connected or that they valued. Interestingly, the comments mostly reiterated the value of their peers (*“Friendships within the Honors College”*; *“Meeting other people in the Honors college and the impact they have on me as a person”*; *“People in my honors classes were very nice, and the general class sizes were smaller and more personal”*; *“Living with honors kids facilitates an environment of achieving. I can think of 8 kids on our floor of 40 that drink, smoke and do things that I try to avoid. Half of these people aren't honors. Being around students who are here to learn and achieve the goals they have set for themselves, helps me to work hard at school and reach for my goals.”*; *“So many nice people willing to help you succeed and invested in your future”*). But there were also two comments on the academic expectations (*“I enjoy the challenges that come with the Honors courses and the encouragement to remain focused on my education”*; *“The push to exceed our own expectations”* NOTE: quotes unedited).

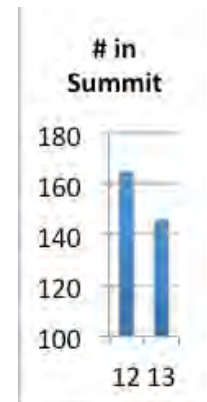
Some of the things I tried to promote integration, like the HON 1515 Peer Mentors, did not appear to contribute much to the students' sense of community (only ~16% valued that). It is also evident that the interactions with upperclass students are not important to the freshmen (also only ~17% indicated that contributed to their sense of community), but since they never had it before, they do not know what they are missing and what it might have contributed. There were



no comments indicating they wish they had more of that interaction. In fact, anecdotal evidence from the Peer Mentors (who were charged with trying to promote the inter-class connection) and from the RLC (C. Roberts-Cooper) is that the Honors freshmen were far more interested in getting to know each other in Cone than the upperclass Honors students in Summit, and the upperclass Honors students more not sufficiently interested in meeting the freshmen to make the effort to do so. This is disappointing, but reinforces my contention that the organic interactions that arise from sharing housing is what makes those interactions occur and produce the desired academic impact. Trying to force interactions outside of the natural interactions of shared space does not appear to work.

### 3. Number of freshmen choosing to move to Summit (upperclass Honors)

The number of freshmen living in Cone this year is 124 (85.5% of the class; the rest live in other halls/communities). The number of those who chose to move to Summit for Fall 2013 is 87 (61.7% of total class and 70% of those currently in Cone). Unfortunately, we do not have a way to look back at the history of honors freshmen who chose to stay in East Hall over the years, so have no comparison to know if the number of rising sophomores moving to Summit is typical. However, the total number of Honors students slated to live in Summit next year is down from this year (165 this year to 145 next year).



It is Housing's view that a new hall is always most attractive in its first year, so they are not surprised that the number of Honors students who wanted to live in Summit this year is higher than the number who have chosen to live there next year. However, the comparison is not controlled, as last year the Honors students were allowed to pull in non-Honors roommates into Summit (as upperclass students were always allowed to do in East Hall before), but this year we were told that only pre-existing Honors-non-Honors pairings could move in, all other Honors students had to have Honors roommates. We were told that IF the 206 beds we were allotted did not fill, THEN Honors students could pull in non-Honors roommates, but by that time the students had selected other roommates and locations and moved on, many off-campus. It has been requested to have the process returned to how it was in East Hall: Any continuing Honors students who wants to live there can, even with a non-Honors roommate. They would not fill Summit as they did not fill East, but it might fill the hall more effectively with Honors students and not leave it as it was this year and will be next year: almost three floors of non-Honors students who are not with ANY community at all. There is not a rationale provided as why unaffiliated, non-Honors students rooming together were preferable to non-Honors students rooming with Honors students, and it is not helpful for recruiting. Both prospective students and the their parents want to hear that an Honors student has guaranteed on-campus housing, and because of this new Housing restriction, it cannot be guaranteed.

### Yield on incoming class

Another measure of the success of the efforts to integrate the freshmen can be seen indirectly in the high yield rate on admitted students for the incoming freshman class. The 31.2% yield is comparable to the published rate for Wake Forest <http://www.usnews.com/education/best-colleges/articles/2013/01/28/national-universities-where-most-accepted-students-enroll>) of

31.5%, though still behind UNC-CH and NCSU (same site). What this relatively high yield shows is that current students are satisfied or they would be blogging and tweeting to the contrary, and this would negatively impact the yield. Our continuing challenge is to convince students of the caliber who can go to schools that yield more successfully that the Honors College at ASU is a competitive option.

## Conference Attendance

### Staff

FENS: Dr. Jones co-presented a poster at the Federation for European Neuroscience biennial conference in Barcelona, Spain (see under Students).

NCHA: The office (LSJ, DEW, MEL, LMK, ADM) and student Aaron Dallman (at right) drove to Greenville, NC, for the annual North Carolina Honors Association conference. Aaron presented his thesis research, "*Exploring Music Therapy: The Brain and Why Music Works*," while the staff had a day of meetings with colleagues to discuss new initiatives and directions.



NACADA: Angela Mead and Lisa Kirscht attended the annual conference of the National Academic Advising Association. Dr. Mead gave a presentation on the research that the NACADA grant had awarded her to support her doctoral research project on academic advising and first-generation college students: "*Advising First-Generation College Students: Research from Advisors Who've Been There and Done That*."

NCHC: Most of the staff (LSJ, MEL, DEW, ADM, CDB) along with an Honors College student (Rose Buchanan) and an HC Faculty member (Dr. Mark Zrull) attended the annual conference of the National Collegiate Honors Council in Boston. The group (except CDB) proposed and were accepted to present a symposium on "*Academic Mentoring: Advising for Life*." Dr. Jones was also an invited to be part of a panel "*Maximizing the Honors Budget in Difficult Economic Times*," and to participate in the workshop on "*What Makes a Winning Honors Newsletter?*" since the ASU Honors College won the newsletter competition. Dr. Mead presented individually on "*Increasing Socio-Economic Diversity in Honors: Advising First-Generation Honors Students*."

North Carolina Bar Association's Diversity Conference: Lisa Kirscht, the Honors pre-law advisor, attended this conference on "*The Admissions Game: Increasing Diversity in the Pipeline to Law School*."

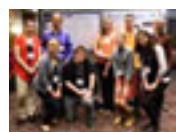
NAFA: Dr. Dale Wheeler attended the National Association of Fellowships Advisors conference in Atlanta, GA, in July 2013.

### Students

FENS: Meghan Kuser, accompanied by Dr. Jones, presented a poster at the Federation for European Neuroscience biennial conference in Barcelona, Spain.



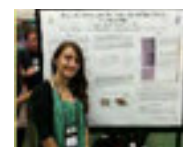
SfN: Seven Honors College students attended the annual meeting of the Society for Neuroscience in New Orleans to present a poster on the online, undergraduate neuroscience journal that is hosted through the Honors College at ASU ("*Using IMPULSE as a teaching tool internationally: Facebook and GoogleTranslate/Analytics*"). The students were also able to present at the concurrent Faculty for Undergraduate Neuroscience meeting. The students were accompanied by HC Faculty member Dr. Mark Zrull.



SYNAPSE: Nine students went to Columbia, South Carolina, March 30, 2013, to present a poster on IMPULSE at the Symposium for Young Neuroscientists and Professors of the Southeast.

SNCURCS (State of North Carolina Undergraduate Research and Creativity Symposium): While several students attended this meeting, Honors student Corbin Ester received George T. Barthalmus Undergraduate Research Grant award for the 2012-13 year.

NCUR: There were 29 ASU students at the annual meeting of the National Conference on Undergraduate Research, including Honors students like Alison Rossi (at right) presenting on "*Restricted Mobility Affects Periaqueductal Gray Activity in Female Rats*," Dana Cobb with "*Environmental Enrichment Affects Novelty Seeking in Adolescent Rats*" and Kelly Welch on "*Virtual Warfare: Cyber-Bullying as the Weapon of Choice*."



College Music Society International Conference: Carys Kunze was invited to be the only student intern at this meeting hosted in Buenos Aires, Argentina, in June, 2013. She worked closely with both conference organizers and attendees, helping to run the conference and learning how a major, global conference is managed.

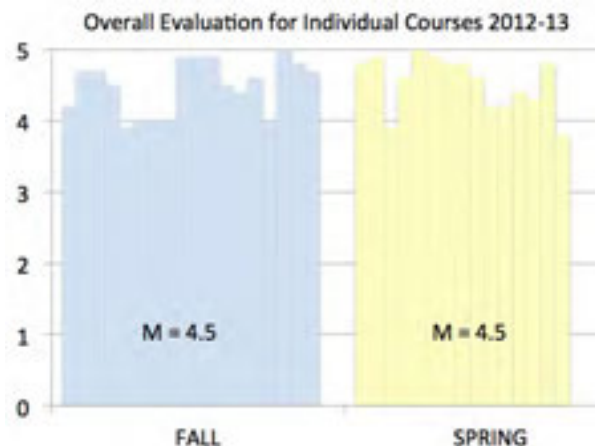
Appalachian Regional Commission Conference: The members of a junior honors seminar titled "*Community Based Art*," led by faculty member Tom Hansell, were partnered with a local non-profit (Elk Knob Community Heritage Organization) to create art that provides a window into the unique cultural and natural history of the communities surrounding the Elk Knob State Park in Watauga and Ashe Counties. They were invited to Washington, D.C., to the ARC conference to present their creations and their findings as part of the Appalachian Teaching Project November, 2012.



## Assessment

### Course Evaluations by Students

Faculty are sent evaluation forms to distribute at the end of the semester so that the Honors College can gauge the students' responses to the courses. The results from the Fall 2012 and Spring 2013 evaluations (at right) indicate that the students were satisfied with the overall quality of the courses. The average score for Fall and for Spring were both 4.5 (out of a Likert scale of 5). This is a slight improvement from the previous year (4.2 and 4.5) but more importantly there is less variability in the evaluations, and only two courses scored below a 4.0.



### Course Assessment by Faculty

Starting in 2009, an assessment document was created to collect data on how the Honors faculty evaluated the students in their courses. The short instrument had 12 questions, with a Likert 1-5 scale offered for answering the questions, shown here:

#### Faculty Assessment of Students in HON Course Questionnaire

- Q1: Overall preparedness of the students for your course
- Q2: Level of student communication in writing
- Q3: Level of student communication in speaking
- Q4: Level of student creativity for all assignments
- Q5: Level of student critical analysis for all assignments
- Q6: Level of student autonomy and independence in coursework
- Q7: Global competence (how well do students understand the course material in an international context?)
- Q8: Level of understanding of themoral / ethical dimensions of the course topic area
- Q9: Evidence of leadership by students in the course
- Q10: Level of responsibility of students throughout the course
- Q11: Overall rating of the caliber of the students
- Q12: Level of student course mastery by semester's end
- Q13: Overall rating of your satisfaction with the course

The result of these assessments for the Fall 2012 and Spring 2013 semester indicate that the 21 faculty responding to the request generally rated the caliber of the students as very high (4.55/5), and the preparedness rating improved from 3.8 to 4.24/5, as did the written communication (4.14 vs. 3.9/5 year before), creativity (4.24 bs. 3.9/5), and leadership (4.19 vs 3.9/5). All other questions also received scores of 4 or higher.

### Thesis Assessment by Thesis Committee and Self-Assessment by Students

In parallel with the assessment instrument for course assessment, thesis committee members (thesis director together with second reader) and students were given similar questions and asked to rate students/themselves on a 1-5 Likert scale:

- Q1: Communication - writing
- Q2: Communication - speaking
- Q3: Thesis-specific communication
- Q4: Mastery of thesis topic
- Q5: Level of creativity
- Q6: Level of critical analysis
- Q7: Level of autonomy and independence in completing their thesis
- Q8: Global competence
- Q9: Understanding of moral/ethical dimensions of thesis/topic
- Q10: Preparation for completing thesis prior to beginning work
- Q11: Level of performance throughout thesis process
- Q12: Potential for Leadership in future professional goals
- Q13: Overall rating of thesis / thesis defense

In evaluating themselves, the students largely agreed with their committee's assessment of their accomplishments at the end of the thesis process. Apparent mismatches in the assessment were seen in "Communication - writing," where the students viewed themselves as less competent than did their committee (4.135 vs 4.544). The same was true about their sense of creativity, as they saw themselves as only good (3.811), while their faculty mentors saw them as very good (4.385). Conversely, the faculty rated the students as only good (3.333) for their level of global competence, while the students thought they had a better understanding of this aspect of their projects (3.892). Interestingly, this is a reverse from the observation the previous year, where the faculty rated the students more highly than the students did themselves on this question.

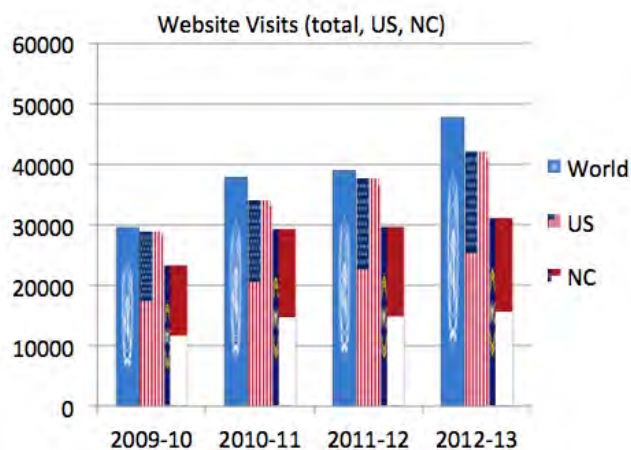
Question	2011-12 averaged Thesis Committee response data N = 57	2011-12 averaged Thesis Student response data N = 37
1	4.509	4.54
2	4.544	4.135
3	4.482	4.43
4	4.482	4.459
5	4.385	3.811
6	4.339	4.459
7	4.509	4.43
8	3.333	3.892
9	4.471	4.378
10	4.385	4.3
11	4.482	4.35
12	4.636	4.51



13	4.564	4.541
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## GoogleAnalytics for HC Website

The website for the then-Heltzer Honors Program was revised in 2008, and then three more times since, eventually migrating to a Drupal format. Data for the July 1, 2012 to June 30, 2013 period indicates the usage is high and still growing, with all states represented, but particularly North Carolina (31,262 as compared to 29,765 visits the year before). Interestingly, the percentage of non-NC hits among US views has increased, from 19.8% in 2011-12 to 25.9% this past year. Similarly, the number of world views (non-US) has increased from 3.5% last year to 11.9% in the 2012-13 year, nearly tripling in absolute numbers. Non-US views were primarily from the Philippines, curiously (>3000 views, and 3 minutes/page), followed by Britain, India, and Canada each with over 150 views.



National data showed that Georgia and Florida had the most views after NC, and spent almost as long seeing as many pages as NC viewers. California, South Carolina, and Tennessee all had over 700 views, but CA viewers spent the least time on the fewest pages. States with over 500 visits included Virginia, New York, and Texas, indicating potential target markets.



State	Visits	pages/visit	time
1. North Carolina	31,262	3.57	00:03:19
2. Georgia	1,238	3.18	00:02:19
3. Florida	954	3.28	00:02:54
4. California	789	1.98	00:01:08
5. South Carolina	787	3.75	00:03:12
6. Tennessee	787	3.82	00:02:39
7. Virginia	650	3.58	00:02:36
8. New York	598	2.40	00:01:28
9. Texas	508	2.55	00:01:26
10. Illinois	379	2.69	00:02:17

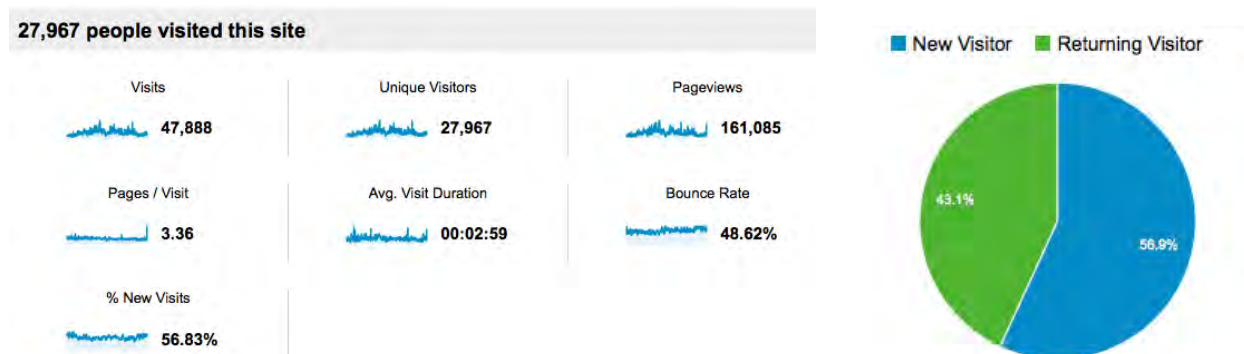
Charlotte NC	10,599
Raleigh-Durham (Fayetteville) NC	5,440
Greensboro-High Point-Winston Salem NC	2,955
Greenville-Spartanburg SC-Asheville NC-Anderson SC	1,094
Greenville-New Bern-Washington NC	638
Wilmington NC	427
Norfolk-Portsmouth-Newport News VA	45
Florence-Myrtle Beach SC	45

Metro regions with the highest “hit” rates are shown, with the interesting observation that Charlotte still contributes considerably more activity to the site than any other NC metro area. Outside of NC, other cities such as Atlanta, New York City, and Washington, DC, produce the greatest number of visits with over 500 visits/year. Other metro areas that are outside the southeast but produce over 250 visits/year include San Francisco,



Chicago, Los Angeles, and Philadelphia. Clearly, a wider recruiting outreach than just NC and the southeast should still be a strategy for the future.

The detailed data on website usage show that over 27,967 of the visits were from unique visitors, up from over 22,000 the year before. They spent on average three minutes per visit and visited 3.3 pages. Over 43% of these were new visitors, again indicating continued growth of the site and its use by those outside of the Honors College.



It was anticipated that the site would reach saturation at some point, but that clearly has not happened yet. There is continued growth both nationally and internationally, and with any investment in marketing the growth ceiling in site visits may be a long way off.

### Honors College Hosts Undergraduate Journal: *IMPULSE*



Since 2009, the online, undergraduate neuroscience journal *IMPULSE* has been hosted through the Honors College. Dr. Jones serves as the Founding Faculty Advisor for this journal, which has students and faculty from institutions around the world contributing to its mission: training undergraduates in scientific publishing. Founded in 2003, the journal is an outlet for undergraduate neuroscience research, as well as providing an opportunity for students to learn about reviewing, editing, and publishing in the sciences.

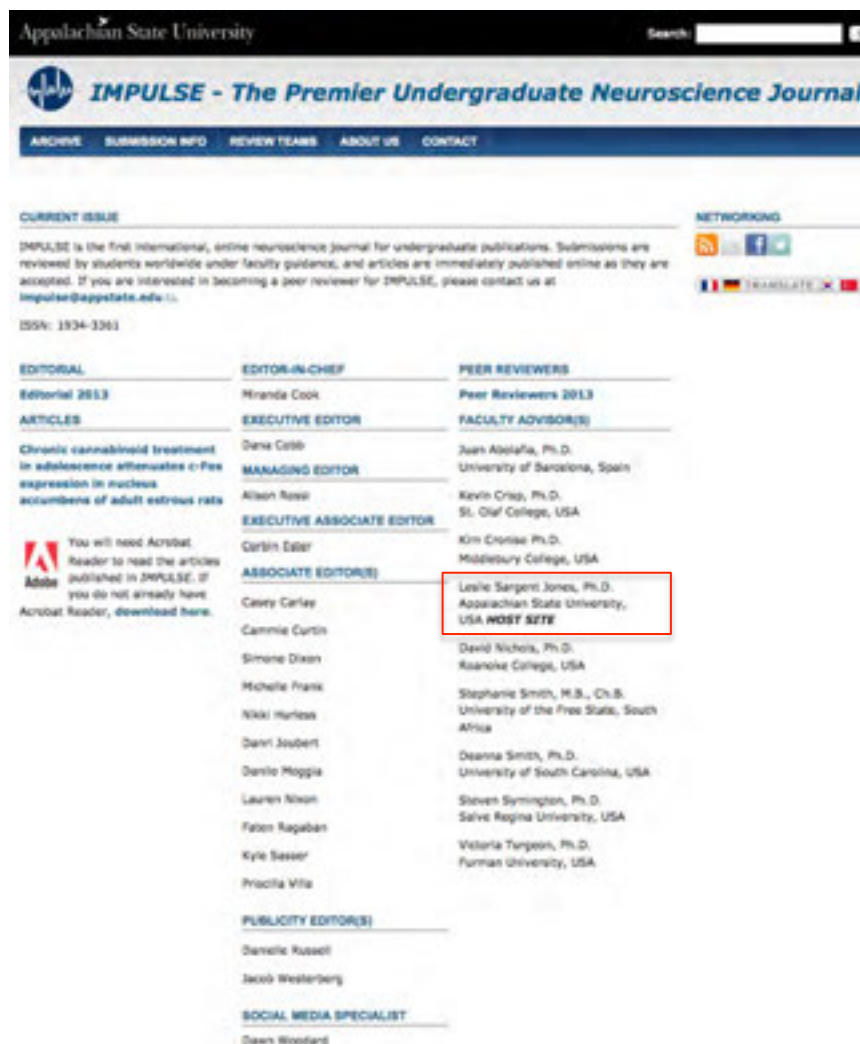
In the 2012-2013 year, the following 24 ASU students served as Reviewers:

Elisabeth Artz, Thalia Boozell, Grant Canipe, Casey Carlay, Dana Cobb, Miranda Cook, Alaina Doyle, Ryan Draper, Ryan Duffy, Patrick Downs, Corbin Ester, Zachary Gillespie, Chase Gorowski, Alain Humblet, Matthew Kelly, Meghan Kusper, Jasmine Otu, Alison Rossi, Danielle Russell, Melina Rucker, Timothy Sasser, Lindsay Shapiro, Cole Sloboda, Walker Stevens

As the Founding Faculty Advisor of the journal, Dr. Jones, Director of the Honors College, was awarded a Distinguished Mentor Award by the Faculty for Undergraduate Neuroscience at the annual meeting in New Orleans, fall 2012. This is not an annual award, but one that is given only occasionally as the FUN membership deems appropriate.



The journal can be found at: <http://impulse.appstate.edu>.



## Prestigious Scholarship Program (PSP) Annual Report 2012-2013, Dr. Dale E. Wheeler, Director

**Overview:** Since 2000, the Appalachian State University Prestigious Scholarship Program (PSP) has continually supported enrichment activities and has provided opportunities for Appalachian's most promising students. This year, the program focused on three major areas, the AIM High program, APPetite for Life, and support for the submission of competitive scholarship applications.

**AIM High:** In July 2012, ~300 students were invited to participate in the AIM High program. The application can be found at <http://psp.appstate.edu/join-aim-high>. The criterion was 30-60 semester hrs and a minimum GPA of 3.75. Around 105 students completed the online application to participate in the program. Five meetings were held throughout the year.

**APPetite for Life:** APPetite for Life is a program that brings faculty and students together for conversations about preparation for graduate school and scholarship opportunities. A total of seven APPetite for Life Events were held throughout the fall semester.

**Prestigious Scholarship Support:** Three external scholarship applications were completed and submitted. These included two Fulbright Grant applications and a Goldwater Scholarship application.

## **AIM High**

Rising sophomores with GPAs of 3.75 and higher were invited to join AIM High during the summer 2011. Of the ~300 invitations, 105 students opted into the group. During these meetings, students were presented with information pertaining to the requirements and opportunities during their time at Appalachian to make their graduate school applications more competitive. Topics included the personal statement, active involvement in research and creative activities, letters of recommendation, resumes, funding opportunities for research projects, and appropriate scholarships. Five meetings were held through the year.



August 28, Introduction to AIM High

September 25, Scholarly Activities and Faculty Mentors

November 27, International Experience Opportunities Study Abroad and Research

February 5, Graduate School Panel Discussion

February 26, Preparation for the Thesis and GRE preparation

Following the September and November meetings, follow-up meetings were held the next day at 1:00p and 4:00p for students who were unable to attend the Tuesday evening meeting. Usually, 5-10 students attended the Wednesday meetings.

## **APPetite for Life**

APPetite for Life is a program that brings faculty and students together for conversations about preparation for graduate school and scholarship opportunities. Faculty hosts were also encouraged to bring a graduate student or two from their program area to bring their perspective to the conversations. 42 students attended seven APPetite for Life events were held during the fall semester 2012 and ~\$1500 was spent on these events.

## **Scholarship Applications**

Three students completed and submitted scholarship applications. The PSP staff provided support to ensure that complete and competitive applications were submitted and all requirements were fulfilled by the posted deadlines.

### **Fall 2011**

Lena Aloumari	Fulbright Grant (Turkey)
Emily Feusse	Fulbright Grant (Argentina)
Jeffery Gerber	Goldwater Scholarship

Assistance for the Fulbright Grant applicants included a faculty committee to interview and provide suggestions to the candidates for improvement. Several faculty from across campus served as interview committee members.

Assistance for the Goldwater Scholarship applicants also included a faculty review committee to interview and provided suggestions for improvement. Members of the committee included, Prof. Andy Heckert (geology), Prof. Claudia Cartaya-Marin (chemistry), Prof. Dru Henson (biology), Prof. Brad Conrad (physics), Dr. Leslie Jones (Director of the Honors College / biology), and Prof. Dale Wheeler (Director of the Prestigious Scholarships Program).

### **Recruitment of Potential Scholarship Applicants**

The PSP office created an invitation system to try to encourage more students to visit the office and investigate potential scholarships. These invitations were given to faculty to hand deliver to promising students in their classes. While it resulted in an apparent increase in visits, follow-up was limited due to the medical leave of the Director in the Spring semester.

Congratulations!

You have been nominated by an Appalachian State University faculty member as a potential prestigious scholarship recipient. Your academic achievements identify you as candidate for distinguished recognition as a prestigious scholarship awardee.

Please make an appointment to meet with the Prestigious Scholarship Director soon to discuss this nomination and prestigious scholarship opportunities. See the [psp.appstate.edu](http://psp.appstate.edu) website for available office hours.

Email : [psp@appstate.edu](mailto:psp@appstate.edu) to schedule an appointment

Dale E. Wheeler  
Director, Prestigious Scholarships Office  
The Honors College, Appalachian State University

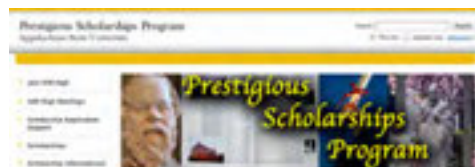


### **AIM High Travel Grant Activity**

AIM High student Carys Kunze attended the International Conference of the College Music Society, held in Buenos Aires, Argentina in June, 2013, with partial financial assistance of a \$300 Aim High Travel Grant.

### **PSP Website**

The PSP website was periodically updated to reflect upcoming events and approaching deadlines. A Facebook page was established for the AIM High students and was maintained during the fall semester by Tori Ford. Minor updates during the spring semester were made by Samantha Craig (Honors work study student).



### **Graduate Assistant**

During the 2012-2013AY, PSP was fortunate to have Tori Ford as a Graduate Assistant. She worked 20 hours a week throughout the fall and spring semesters. She was responsible for organizing and advertising the AIM High meetings. Responsibilities included ordering food through the ASU Food Services Office, reminding AIM High members of upcoming meetings through email, Facebook and Twitter. Ms. Ford was also responsible for organizing the APPetite for Life events described earlier in this report. She was a member of a Fulbright interview committee and was responsible for keeping the PSP website updated. Ms. Ford wrote numerous thank you notes to those who wrote letters of recommendations for scholarship applications, assisted with AIM High meetings, or hosted APPetite for Life events. She also videotaped the September and October AIM High meetings and posted them to the PSP website.

While Dr. Wheeler was on medical leave during the spring semester 2013, Tori Ford assumed the responsibilities of the PSP office. This included the oversight of the Portz Grant described below. Ms. Ford was instrumental in organizing and implementing activities at the Hospitality House in Boone with AIM High students. A picture and story of their success appeared on the front page of the Appalachian State University website during the month of April.

### **Portz Grant**

Dr. Wheeler was one of three recipients of a national Portz Grant funded through the National Collegiate Honors Council (NCHC). Matching funds for the \$600 grant were used to plant fruit trees and build raised garden beds at the Hospitality House in Boone, NC. Aim High students volunteered for the labor required to complete the work. A presentation of this project will be given at the annual NCHC meeting in New Orleans in November 2013.



PSP Website and AIM High Facebook: The PSP website was periodically updated to reflect upcoming events and approaching deadlines. A Facebook page was maintained by Tori Ford. Minor updates during the spring semester were made by Honors work study students.

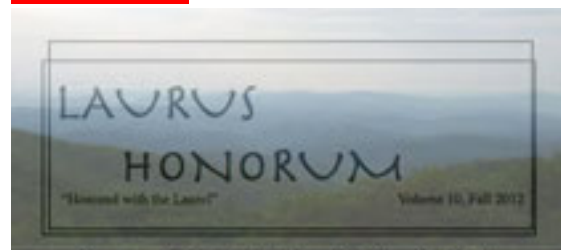


## Laurus Honorum: The Honors College Newsletter 2012-2013 Issues

The ASU Honors College was awarded First Place for its electronic newsletter by the National Collegiate Honors Council at its annual meeting in Boston, MA, Fall 2012. Part of the reward for this honor is that Dr. Jones will serve on the judging panel for the 2013 awards.



### FALL 2012



#### Honors Students Reach New Heights



### WELCOME

#### A WORD FROM THE DIRECTOR



It has been a busy fall, as usual, and there are several stories here via the accomplishments of the office staff and the activities of the Honors students. Starting with Dr. Latus's NCSC workshop in July and Dr. Gubkin's story on his semester in the Loft, congratulations are also in order for Ms. Carina Johnson, who completed her MEd in August. Tales of adventure come from former students' semester experiences in

London in New York City and at a medical school, as well as the interesting summer research projects of others at the NCSC and University of Kentucky. There are also reported reports from students and alumni traveling around the world, from Spain to Thailand and Jamaica.

An overview of Spring progress is on view, and there are fun tales about the first ever Freshman Research and Community Connections events, in addition to pictures from the Freshman Family Photo. There is a report on the annual Vanguard Nightingale, the trip to the North Carolina Honors Association meeting, and I hope you take this chance to meet our new staff members, Lisa Kinch, J.D., the new peer-review/business advisor, and Tim Ford, our new Graduate Assistant for the Prestigious Scholarships Program.

As always, plan to come back again in January to see what the Winter Laurus Honorum has in store, as we already know of a number of exciting events coming up that will bring new security to your attention.

— Linda Sargent Jones, Ph.D.

#### Thinker in Lincoln

In July, Assistant Director, Michael E. Latus, traveled to Lincoln, Nebraska to participate in the National Collegiate Honors Council (NCSC) – to participate in new faculty development activities. During the first semester he and several colleagues from institutions nationwide (and his representatives from Jones's) collaborated to enhance the assessment and evaluation of data to enhance the strategic planning process and to help form the anticipated student learning outcomes of their honors program and colleges. What Dr. Latus learned there will benefit the Honors College as it prepares for its next significant event in 2013 by the Southern Association of Colleges and Schools (SACS). The second semester of Lincoln is being prepared for the upcoming event by having NCSC-approved faculty who will

Dr. Latus looks forward to serving as an external consultant to facilitate the development and formation of honors education at other campuses.



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### FACULTY

#### FALL AT THE APPALACHIAN LOFT

Dr. Howard Gubkin, an English and Honors College faculty member, is directing Appalachian State University's Loft in New York City this fall, a facility the University has had since 1999, when the current Loft replaced an earlier locale. The Loft accommodates an eclectic mix of ASU students, faculty, alumni, staff, and others who have heard about the Loft from ASU friends or family. In fact, Dr. Gubkin has had a group of eight retired persons for a week of fun and adventure, and students from the School of Music visiting music industry-related issues, all staying in the bunkrooms, and getting along!

Dr. Gubkin reports that New York's reputation as one of the most vibrant and ethnically diverse cities in the world is well deserved. In the month after he and his wife Vicki arrived, they had the chance to explore the city in a way they had not done before. They found the building on 122nd Street near Grant's Tomb, adjacent to Columbia University campus, where Dr. Gubkin lived from ages five through seven as his father was finishing coursework for his doctorate; they saw a musical at Lincoln Center; they found Theodore Roosevelt's childhood home on East 28th Street; they walked the Hudson High Line; they rode the clock-work of the line to Coney Island; and they rummaged at the Ground Zero Memorial site. There's just so much to do in New York.

The Loft assignment involves a project, and Dr. Gubkin's for the semester is two-fold, catching up on reading he has put off for ages, and writing what might be called urban poetry. Dr. Gubkin has always loved the writings of Walt Whitman, old man of Manhattan (as he called his beloved island), so he has been working his way through the complete writings. He has taken advantage of his time there also to read Edgar Lee Masters' Spoon River Anthology, a classic piece of Americana. But mostly he is writing poems, which as anyone who does this knows, requires again, not physical, but mental, spiritual, a clearing of the psychic deck, so to speak. Dr. Gubkin feels fortunate to be able to do what he is doing, both in reading and writing, and in meeting the wonderful people passing through the Loft, New NYC.



Dr. Gubkin at the K11 Memorial Star Reflecting Pool

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### VANGUARD

#### New Vanguard Members Inducted

The annual induction of the newest class of the Honors Vanguard took place once again in the Honors College. The incoming members were inducted on August 28th in the lobby of East Hall in the traditional lighting ceremony led by Dr. Jones with her lantern. Current Vanguard members also attended to welcome their new colleagues to help explain the duties of this elite group. The Honors Vanguard's secret with naming events such as open houses, honors days, and meeting with prospective students to talk about the Honors College.

Congratulations to all!

#### The New 2012-2013 Vanguard Members

Chris Clark  
Brita Coomber  
Anna Coppinger  
Alaina Davis  
Caroline Elmer  
Melissa Finkbein  
Kurtis Galt  
Dennis Haskins

Bethany Miller  
Melinda Stewart  
Suzanne Webster  
David Warner  
Alison Reed  
Anthony Ruchowicz  
Alison Williams  
Caitlin Williams



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## STUDENTS

### Junior Dean Participates in Medical Leadership Development Program

This summer, Junior Dean participated in the Medical Leadership Development (MLD) Program, at the SUNY School of Medicine. During the intensive six-week program, she stepped into the shoes of a medical student and met with her peers at the school of medicine and health sciences. Although all of the students were new and unfamiliar to Dean, she found that her leadership skills were well-suited to the program. Dean's experience was her first time in a medical setting, and she found that her leadership skills were well-suited to the program. Dean's experience was her first time in a medical setting, and she found that her leadership skills were well-suited to the program.

The program also integrated a variety of problem-based learning with topics that ranged from ethics, communication, and health disparities, to leadership research and leadership culture. These experiential programs were the perfect complement to her studies, as she is also interested in pursuing public health.

Despite her busy schedule, Dean has continued to participate and provide a positive role. Being surrounded by others, she found that her leadership skills were well-suited to the program. Dean's experience was her first time in a medical setting, and she found that her leadership skills were well-suited to the program.



Junior Dean (left)



Molly Wineland in classroom

### Molly Wineland Performs in New York

Impassioned Molly Wineland, traveled to New York City to perform in the New York International Fringe Festival. Written and directed by Dr. David Davidson, a professor at Adelphi University, Davidson's production was a play about the history of the city, including the role of the city in the American Revolution. The play was an incredible experience for Molly, and she found that her leadership skills were well-suited to the program.

The show was a new play by the famous film club. It was a play about the history of the city, including the role of the city in the American Revolution. The play was an incredible experience for Molly, and she found that her leadership skills were well-suited to the program.



PAGE 4

## STUDENTS

### New Freshman Seminar Peer Mentor Program

This year the Honors College initiated a new program to help provide continuity and support for our students by engaging a continuing student peer mentor to each of the more than 100 first-year students. The program was designed to help students adjust to college life and provide them with a support system. The program was designed to help students adjust to college life and provide them with a support system.

Course	Professor	Peer Mentor
Introduction to Biology	Dr. Michael Day	Alison Cook
Genetics & Evolution	Dr. Joseph Daniels	Alison Cook
Microbiology & Immunology	Dr. Joseph Daniels	Alison Cook
Genetics & Evolution	Dr. Joseph Daniels	Alison Cook
Genetics & Evolution	Dr. Joseph Daniels	Alison Cook
Genetics & Evolution	Dr. Joseph Daniels	Alison Cook
Genetics & Evolution	Dr. Joseph Daniels	Alison Cook
Genetics & Evolution	Dr. Joseph Daniels	Alison Cook
Genetics & Evolution	Dr. Joseph Daniels	Alison Cook
Genetics & Evolution	Dr. Joseph Daniels	Alison Cook

### SPRING 2013 HONORS COURSES

Students are coming to the Spring semester with a variety of interests and backgrounds. The Honors College is offering a variety of courses to meet these interests. The Honors College is offering a variety of courses to meet these interests.

The Honors College is offering a variety of courses to meet these interests. The Honors College is offering a variety of courses to meet these interests.



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## EVENTS

### HONORS FRESHMEN RETREAT

This year, for the first time, the Honors College was able to host an all-day retreat event for the entering freshmen. Thanks to two very generous donors, Mr. Brad Wilson (Co-Chair of the Capital Campaign) and Mr. Frank Daniels, Jr. (member of the Board of Trustees), a full day of outdoor community-building activities was possible at the Broadwater facility. The day-long event was run by UROC and the remarkable staff of Mr. Rich Campbell, who provided a morning of organized activities that had all 100+ students (two thirds of the entering class plus 15 upper-class students as mentors) playing together in teams in challenges designed to get them working together. They also were meeting their new classmates, of course, along with the ARA officers and several other continuing students who were there to answer questions and make friendships that would hopefully promote connections between class years.

A great barbeque lunch was served up in the lodge, thanks to the ASD Catering staff, and students had another opportunity to meet and chat in that lovely facility. In the afternoon the students were free to sign up for new things to try, such as the Alpine Tower of High Ropes, or to play games like volleyball, soccer, and ultimate Frisbee (there was a rather large and long game of that), or just to lounge down by the Watauga River. Several students explored the river, while others floated about on tubes enjoying a chance to relax before the semester started. When a shower blew through in the mid-afternoon, some went back up to the lodge for card games and other indoor fun (thanks to our Samantha Craig for some of that fun too!).

It was a tired crew of freshmen who were bused back to campus at 5:00, but they were also a freshly-bonded class with new friendships forged through shared accomplishments and fun. The Honors College staff, all there watching (and sometimes joining in), were amazed at how quickly and happily the students made themselves at home and forged these new friendships to critical for support and success during the freshman year. The Honors College is extremely grateful for the gifts that made this possible, and looks forward to being able to repeat the event next year.



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## EVENTS

### COMMUNITY CONNECTIONS

On August 16, fifty freshman Honors Students participated in the first Community Connections event, which was organized by Dr. Dale Whitten. The main goal of the Community Connections experience was to gain perspective on the town of Boone and how various agencies work together to meet the needs of the population and create a vibrant community. Eighteen groups of 2-4 students were assigned various local agencies to visit. Each group was required to ride the Appalachian, the local, free bus system, to reach their destination. Their assignment was to determine how their agency helps to define the town of Boone and the surrounding community.

Agency directors met for 15-30 minutes with their assigned group of students. Students found out about the history, services provided, the population served, concerns, benefits and opportunities for ASD students, and the future of the agency. Some of the locations visited included the Boone Arts Council and Art Gallery, the Watauga County Health Department, the Watauga County Sheriff's Office, Boone City Hall, Watauga County Parks and Recreation Center, the Humane Society, the Watauga Democrat Newspaper, and the Sanitation and Recycling Center. Once the students finished their interview, they found a place for lunch and used the time to determine who would give a 3-minute presentation about what they had learned.

All students reassembled at 1:30 p.m. in Room 114 of the Carol Groves Bell Library and Information Commons. Beginning promptly at 2:00 p.m., the students shared their experiences in amusing presentations, including lots of pictures and information, and even a short video of their adventures was shown.



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## EVENTS

### FUN AT THE FRESHMEN FAMILY PICNIC

Family Weekend at Appalachian also brought the Honors College Freshmen Family Picnic back again! On Sunday, September 30th, freshmen Honors Students and their families joined in Legions for a "picnic" full of great barbecue food and conversation. Everyone took advantage of this wonderful opportunity to meet other families and form new friendships. The picnic ended with a visit from Chancellor Frawley, who had the chance to meet many of the Honors Students' families and to speak to them about the Honors College. A great time was had by all who attended!



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## INTERNATIONAL

### Umma Kruttscholtz Goes to Thailand



After graduating last November with her English and Global Studies degrees, Umma Kruttscholtz spent her summer interning in Bangkok, Thailand, doing some teaching and some research. She volunteered at a church where she taught English to Thai housekeepers, and she also had the opportunity to teach English at the Thai Women's Academy.

Umma improved her Spanish speaking skills by interning at a Spanish school, where she had to give the struggling students into the country. The students did not speak any English, but they both learned their weekly class.

Another rewarding experience Umma had was teaching English with students how to write, and they shared her love incredibly during their time.

After Thailand, Umma moved to Wilmington, NC, where she has been enjoying her work at the National Coordinator of the local Thai Thai Center, a nonprofit center in the community.

Jon Ray spent the 2011-2012 academic year studying in Sevilla, Spain, at Universidad Pablo de Olavide. Her main objectives while abroad were to study other cultures and learn a second language. She spent fall semester living with a Spanish host family. This was a welcoming experience in a foreign country as they became very close, and it helped her with the Spanish style of family life. Living with a Spanish-speaking host family also rapidly advanced Jon's level of the Spanish language. She lived in Triana during the spring semester, an area of the city rich with flamenco culture, as well as a history of renovations.

While in Europe Jon took advantage of the opportunity to travel and made many unforgettable memories while exploring. Some of her most valuable experiences were in Morocco, where she was able to tour small local farms and learn more about sustainable business practices from a fair trade argan oil production facility in the High Atlas Mountains. Her top two travel destinations were Granada and the southern coast of Portugal.

Jon's favorite class at her university was Intercultural Communication. It added perspective and meaning to intercultural connections that Jon made throughout the year. It has also helped define her future interests of helping to strengthen positive intercultural interactions.

### Jon Ray's Unforgettable Year in Spain



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## INTERNATIONAL

### Nick Smith Experiences Zambia

Beginning Nick Smith wasn't interested in spending his summer at home, actually he was interested in just the opposite. In his mind, the aspects of staying home was, naturally, going abroad. Overseas travel wasn't a new thing for Nick, and though his previous travels outside of the country he had found that he possessed a deep love for traveling, to build the new places, cultures, and people he encountered overseas impossible to forget and he found to appreciate on every travel opportunity that came up.

After months of searching for places to go, Nick finally came into contact with New Day Orphanage in Zambia, and they asked him to come on board as an intern for the summer. New Day Orphanage is a Christian-based organization in its second year of operation, whose main goals are providing a Christian world-view, quality education, and Zambian culture to orphans in the area surrounding Zambia. In the two months that Nick stayed at New Day he spent the majority of his time with the children, either helping in the school teaching them English, Bible stories, or music or just playing with them. He made quick friends with the other staff members at New Day, including two Zambians with whom he lived, named Kabanga and Mulenga. As the interns, Nick assisted in picking up the teams from the States and helped them acclimate to African life. Nick also played on the local village's soccer team, and scored three goals in four games. In addition to his time at the orphanage, Nick was also able to visit Victoria Falls, one of the seven natural wonders of the world, and to go on a safari in Botswana.



## CONFERENCES

### HONORS COLLEGE TEAM TRAVELS TO ECU FOR ANNUAL NCAA CONFERENCE

The Honors College team attended the North Carolina Honors Association Conference (NCHA) on September 14-15, which was hosted at East Carolina University this year. This annual event provides members of our Honors College with an opportunity to meet with individuals from honors colleges and programs throughout the state to collaborate and share ideas for improving their programs.

Honors students, faculty, and administrators all joined in opening the conference on Friday evening with a keynote dinner and discussion. This was followed by a morning session for the honors students and an honors best practices roundtable discussion for faculty and administrators.

After beginning the day on Saturday with the NCHA business meeting, the team was able to enjoy some amazing research presentations by the honors students held throughout the morning. ASU's very own Honors Student, Aaron Dufman, presented his research to a standing-room only crowd. The conference concluded with a closing luncheon, where faculty and administrators heard from the honors students about what they learned and took away from the conference.

The Honors College was selected to host the NCHA conference next year, which makes Dr. Jones the NCHA President-elect for the organization. The team is already discussing plans and is excited to welcome honors students, faculty, and administrators throughout North Carolina to ASU and beautiful Boone in Fall 2013!

[Right] Dr. Leslie Sargent Jones has conversations with Bill Atwell (UNC-Wilmington) and Kevin Baxter (ECU).



[Above] Aaron Dufman presents his research, "Exploring Music Therapy: The Brain and Why Music Works," to a packed room of honors faculty, administrators, and students.



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## CONFERENCES

Biological science, Meghan Kasper, and Dr. Leslie Jones, Director of the Honors College, traveled to Barcelona where they presented at the 2012 International meeting of the Federation of European Neuroscientists. Dr. Jones is the founding faculty advisor of the ASD-based undergraduate neuroscience journal, *IMPULSE*, and Meghan is the Managing Editor. The poster reported on the learning impact for students who submit and publish their work in *IMPULSE*, and Meghan enjoyed meeting and discussing potential collaborations with fellow neuroscientists from around the world.

Both Meghan and Dr. Jones also had the chance to attend other presentations on topics ranging from neurobiology to visual processing in monkeys and more. Meghan is hoping that conversations with a colleague at the University of Barcelona will lead to a new research training site at that institution this coming year.

Accompanied by her parents on this trip, Meghan was able to visit a few of the many scenic tourist destinations of Barcelona, including the Sagrada Família Cathedral and trip to beautiful Montserrat.

### MEGHAN KASPER PRESENTS IN BARCELONA



Dr. Leslie Jones (left) and Meghan Kasper (right)

### The Honors College Welcomes Dori Ford

Dori Ford joins the Honors College team as the Graduate Assistant for the Preceptor Scholars Program (PSP). She will be working with Dr. Dale Wharton, Director of PSP, to coordinate the ASP High and AP/IB for Life events, as well as assisting the Honors College staff.

Dori completed her undergraduate studies at Saint Joseph's University in Philadelphia, graduating with a Bachelor of Arts in Criminal Justice. She recently received her Master's in Public Administration from Pennsylvania State University. She has joined the ASD community to pursue her Master of Arts in College Student Development.



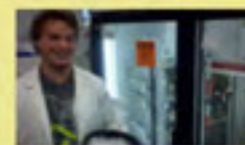
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## RESEARCH

### CHARLIE EYER PARTICIPATES IN NATIONAL SCIENCE FOUNDATION RESEARCH

This past summer, Sophomore Charlie Eyer worked in the National Science Foundation funded Research Experience for Undergraduates in the Biomedical Sciences at the University of Kentucky. While there, Charlie spent his summer working in the lab of Dr. David Rodgers, learning many techniques that are utilized in the field of Structural Biology and Crystallography.

"While I was working with Dr. Rodgers, I learned many new techniques that both broadened and diversified my skill set as a maturing research scientist. The RUP-RUE program at the University of Kentucky really taught me what life as a scientist would be like, not only through my own experience, but by learning from all of the researchers around me. I would fully recommend the program to anyone who even seems slightly interested in research as a possible career."



Charlie's summer research is being presented at ICB: MACS (South Eastern Regional Meeting of the American Chemical Society). Charlie's future career plans include pursuing a dual degree in a M.S./Ph.D. program, after which he is interested in translational research, cancer research, and pediatric oncology.

### Congratulations to Honors College Office Manager Catina DeBord!

The Honors College is proud to announce that Catina DeBord, Office Manager in the Honors College, earned her Master of Public Administration degree from Appalachian State University. Catina earned her master's graduate degree in public relations from Appalachian State University in 2012 and she has been working in the Honors College since 2010.



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## RESEARCH

### ANTHONY PISTONE INTERNS AT APPALACHIAN STATE LAB



This past summer, Senior Anthony Pistone interned at Appalachian State's Human Performance Lab at the North Carolina Research Campus at Kannapolis. Under the direction of Dr. David Nyman, he worked on the lab's most recent project, "Effects of Milled Chia Seed on Exercise Performance in Sedentary Cyclists."

Anthony learned how to conduct VO2 max test and operate a Bod Pod, a machine that accurately determines subjects' body composition. He was also charged with the task of collecting heart rate, rating of perceived exertion, power output, and VO2 data at specified times throughout the day of the test. On recent days, he analyzed the subject data and learned how to manipulate the information into graphs and figures similar to the ones found in scientific journals.

As a result of Anthony's work over the summer, he received an Undergraduate Research Assistantship program from the Office of Student Research. Anthony is in the process of creating a poster of the study's findings to be presented at ASU's Celebration of Student Research and Creative Endeavors Day in the spring.

### New Honors Pre-Law and Business Advisor

Lisa Kirscht joins the Honors College team after gaining twelve years of legal experience in Florida. Lisa spent the past four years teaching and directing the academic success program at Barry University School of Law in Orlando. Her prior experience also includes working as an underwriting counsel for a Florida National Title Insurance Company, and as a judicial staff attorney for Florida's Ninth Judicial Circuit Court. Lisa has practiced in the areas of insurance defense, domestic, and criminal law.

Lisa received her undergraduate degree with honors from East Carolina University, and her law

degree with honors from North Carolina Central University. She is excited to be back in North Carolina to re-visit with family and friends, and looks forward to working with the Honors Students at Appalachian.



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## Best Wishes From The Honors College



### Next Laurus Honorum Arrives in January!

#### GIVE NOW

If you would like to donate to the Honors College and support our talented students, please visit our website and click on the image above, which is located at the bottom of our home page at [www.honors.appstate.edu](http://www.honors.appstate.edu).

For more information on how to donate, please email or call the Honors College. We appreciate your support and generosity!

#### The Honors College Newsletter

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## WINTER 2012



## WELCOME

### A WORD FROM THE DIRECTOR



The New Year started out in a rush, as we packed up and moved out of East Hall, the Honors home for a decade. Our home (not quite impacted yet) are now all in the new space, Appalachian Hall, completing the transition to the Honors and Engagement Village. This lovely complex comprising Sunset, Case, and Apple Hall forms a lovely rectangle with a

beautiful balcony to the center; all we are missing is the "mother!" Look for more information about the new Honors home in the Spring newsletter.

For now, you will find stories about Fall 2012, with everything from terms of the annual NCNC meeting (ask even an award!) to the exciting report about our newly-merged Dr. Mead. There are some alumni updates, but mostly travel tales from the adventures of students at conferences, on study abroad, or for courses (look for the Dublin story).

My photo makes it look like we have had a lot of snow, but it has been a particular winter. Apple Hall Mainframe (where I am in the shot) has made enough to keep the slopes open and the ski and boarding classes will be fine, but that was where you had to go to find any snow this season until the short but intense storm on Jan. 17th. That brought a half a foot to many places, and let us take the shot of our new home looking wintry.

Nonetheless, all the best for 2013 to all of our friends, faculty, alumni, and students, and come see us in our new home soon!

### CONGRATULATIONS TO OUR VERY OWN, DR. ANGELA MEAD!

Angela Mead, Honors Advising Coordinator in the Honors College, has at long last reached the end of her own academic journey. In December 2012, she graduated with her doctorate in educational leadership from Appalachian State University after working on her degree part-time while also working for the Honors College. She has spent the last couple of years working on her dissertation, titled "First-generation college students and academic advising: Words of wisdom from academic advisors."

While it was often challenging balancing work and academics, Dr. Mead is glad that she decided to pursue her doctorate, but she is, of course, even more glad to be done now! Her co-workers and friends in the Honors College are glad that she's completed her degree as well, and celebrated with her by holding a surprise party in her honor.

Dr. Mead advises education, communication, nursing and undecided majors in the Honors College, and she can now tell them exactly what it is like to finish a doctorate!



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## AWARDS

### Honors College Laurus Honorum Newsletter Wins First Place at the 2012 National Collegiate Honors Council Conference!



Each year the NCNC, the now-international association of honors colleges and programs, selects the best newsletters from among those submitted for consideration. With member institutions numbering nearly 900, the NCNC now divides the newsletters into four categories: published versions by students or by staff/faculty; and e-versions by students or staff/faculty. In each of the four categories 1st, 2nd, and 3rd place winners are recognized. At the Fall 2012 NCNC conference in Dublin, the Honors College at Appalachian received the first place award for an e-newsletter by faculty/staff!

The Honors College began producing its own e-newsletter, the Laurus Honorum, every quarter since the summer of 2010. Stories of student research and travel are featured, along with Honors faculty and staff accomplishments, reports on student presentations at conferences, alumni updates, and general news about the College. While the newsletter is a digital publication, just a pdf to be sure, the judges indicated that its selection over the many other entries was due to the lovely stories usually accompanied by pictures of students, as well as the broad audience targeted by the varied pieces.

While the stories are usually written by the students and faculty who are in them, the editing and formatting is done by the entire Honors College staff, with the particular attention of the website manager. This was Zack Underwood in the first year, then Kent Miller, and now the newsletter is in the capable hands of Lisa Kinch, who has already produced a full issue that was a worthy heir to those before.

The Honors College thanks all of those who have contributed their stories and expertise to help the College earn this award and national recognition. For next year the editors may not compete again, but instead are drafted to serve as judges for the 2013 competition. Let the games begin!



Above: Honors Director, Dr. Mead, accepting the award on behalf of the College from Dr. Richard Anderson, one of the NCNC.



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## AWARDS

### Honors Sophomore Awarded George T. Bartholomew Grant and Presents Research



Honors Sophomore, Corbin D. Taylor, was awarded a George T. Bartholomew Undergraduate Research Grant for 2012-2013. He is the first ASO student to receive this award, and one of only five throughout the state of North Carolina to receive the grant this year. This is a competitive, undergraduate research grant for sophomores only in recognition of the late Dr. George Bartholomew (UNC State University) founding member of the OSR Advisory Board at ASO and founder of the State of North Carolina Undergraduate Research and Creativity Symposium (SUNCRCS). He had a passion for encouraging undergraduates to pursue their interests through research, be it in the sciences,

business, or through artistic expression. Dr. Bartholomew was an advocate for the early development of students in the research process as a way to engage and retain students in academics.

Corbin's project proposes to synthesize several new glycosides that will couple with robust forming new catalysts. Similar robust glycosides are known to catalyze hydroxylation reactions, and Corbin's project involves the modification of the glycoside portion to improve the catalytic properties of these materials. This research project will be carried out in the research laboratory of ASO Professor Dale Whetzel (chemistry). In November 2013, Corbin will present the results of his work at SUNCRCS.

Last fall, Corbin also presented his research on the effects of a newly-silencing mutation in the enzyme ribonucleic acid polymerase in SUNCRCS and the South Eastern Regional Meeting of the American Chemical Society (SERMACS), which was conducted at the NCR RFP program at the University of Kentucky with Dr. David Rodgers. "I strongly believe that going to these meetings were two of the best experiences I've had as an undergraduate. They provided opportunity to discuss the variety of different studies in my future field, and allowed me to talk to representatives from graduate schools. I've been interested in. They were great for meeting representative criticism and encouragement, and also validated my academic efforts as more than just doing well in classes."

In October the Faculty for Undergraduate Research held their annual meeting in New Orleans with the Society for Undergraduate Research, where Dr. James, Director of the Honors College, was recognized as a recipient of the Distinguished Mentor Award. This award is given only nominally to recognize members of FUR who have made outstanding contributions as mentors for young researchers. The Past President of FUR, Sandy Dickinson, wrote Dr. James to say "Your commitment and the committee agree wholeheartedly that the contributions you have made through DUFUR are not only outstanding, but deep and long-lasting. Students who participate in DUFUR gain knowledge, confidence and important research skills." DUFUR is the ASO-based undergraduate research journal DUFUR, which gives students around the world a chance to learn and publish in a peer-reviewed journal.

### Dr. Leslie Sargent Jones Reviews Distinguished Mentor Award



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## STUDENTS

### Thesis Defenses Complete for Eight Honors Students

All of the hard work paid off for eight honors students who successfully defended their theses in the final weeks of the Fall 2012 semester. These students, individually designed and defended significant research a great deal of help, our faculty advisors and their advisors. Congratulations to the students, and special thanks to the faculty advisors who served as their advisors.



**Antonia Colley (left)**  
"The Influence of the End of Life Care  
Decisions of Terminally Ill Patients"  
Advisor: Dr. David Lane



**Jonathan Lawrence (right)**  
"The Study of the Experience: What  
Study Means a Difference: An Empirical  
Study of Business Students at Appalachian  
State University"  
Advisor: Dr. Martin Menden



**Kelly Lewis (left)**  
"Management of the Speech and Language  
of Spanish-English Speaking Children"  
Advisor: Dr. Joseph Kato



**Nichole Jewell (right)**  
"What Can I Do With a LIS Degree? A  
Review of LIS Graduate Post-Education  
Employment"  
Advisor: Dr. Douglas May



**Tyler Morrison (left)**  
"The Role of Social Equity in the Greening Process"  
Advisor: Dr. J. Ryan Tyler



**Kathy Sorenson (center)**  
"Great Leaders: Accomplished  
Individuals in Accomplishing  
Communities"  
Advisor: Dr. Michael Evans



**Samantha Gray (center)**  
"Psychic, Polymorph, and  
Pigment in the Blue Room"  
Advisor: Dr. Lane Lewis

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## RESEARCH

### Allison Nelson Conducts Research at Clemson University

During December 2012, senior computer science student Allison Nelson, attended Clemson University's National Science Foundation Research Experience for Undergraduate program in Mathematics. She worked under Dr. Neil Calkin and Dr. James Fowler on a project to analyze the combinatorial game of Nim, often played as a graph, the set of sub-ways were able to use combinatorial methods to derive even steps in advance of the game and were able to investigate and predict patterns in gameplay. The Nim game consists of a game represents the state of the game at any given point, using their previous data, it was easy to predict what the Nim game would be based on the number of edges in the graph and the different sequences of moves. Along with learning about advanced mathematical methods, Allison gained valuable knowledge about research and advice for a future career in mathematics.

She has presented her work at DCONEX and at a RSI conference at USC, Berkeley. Allison is currently working on a paper in support of a peer-reviewed journal and is applying for Ph.D. programs in computer science in order to open her goal of being a computer science professor in the future.



Allison Nelson presented her work right.

### Honors Alumnae Tim Neffinger Presents in Honors Students and in London



Recent graduate Tim Neffinger, a Philosophy (B.S.) Honors and Honors Alumnae, came back to give a talk on the October night that September 2012 brought early news to Honors. His talk was a review of his work, with the topic "The Disruption of International Economic Development: Creating World Bank" generating many questions and discussion that went on long after the talk was over. The Department of Philosophy and Religion co-sponsored the talk, which was a presentation to a conference in London, England, where Tim was invited to talk. He traveled there later in November to give a presentation based on his research while Honors. Tim is a graduate of the University of East London. The conference focused on "Honoring Progress in International Development," and Tim's application of Honors Research in the Department of Philosophy to economic development proved fruitful. In his presentation, Tim's presentation discussed education, and led to many enlightening conversations with colleagues and professors alike. Tim also had the opportunity to explore London as a tourist, and to see something new to his eyes.



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## STUDENTS

### Boone Kidson at Watanga County Public Library

During the Fall 2012 semester, Dr. Craig Foster taught an Honors seminar section that focused on comic books and graphic novels. One big part of the class was Boone Kidson, an all ages comedian for Watanga County children, which the class enjoyed and studied at the Watanga County Public Library on Saturday October 20th from 11 am to 1 pm. Admission was free and about 100 people attended the event.

With the support of the Honors College, the event included appearances by two artists: Ben Towle and Rachel Duffin. Ben Towle is an Honors graduate student who created a graphic novel, "The Great Escape," which was released by Watanga County Public Library in 2012. His comic, posted in the library, was the "Great Escape" comic found at [www.great-escape.com](http://www.great-escape.com).

Boone Kidson, an Honors College graduate who created a graphic novel for the Honors Thesis, is a current graduate student in Educational Media at Appalachian. The show a chapter of Boone Kidson, a comic-influenced fantasy story for his undergraduate Honors project. The comic work as Boone, which can be seen at [www.boonekidson.com](http://www.boonekidson.com).

Kidson began with Ben and Rachel, conducting a special tutorial with local Girl Scouts. On the Kidson line, the Girl Scouts offer a "Comic Art" badge, and the class invited them to come to the session at the end of the year to work with them on their badge projects.

All in all, the event opened to everyone, with lots of activities and giveaways ready to go. Everyone who came received a free all ages comic book, including the Honors in a hand-drawn picture book, and participated in drawing games designed to teach the fundamentals of comic book art. The order for the use of these games, called the "Drawing Games," can be found at [www.kidson.org/young/drawinggames](http://www.kidson.org/young/drawinggames). Ben and Rachel both gave presentations on their work, with lots of illustrations, and the class also screened a program of comic book art.

Dr. Foster reported that the Kidson Kidson was a great success. It was a great work as an event that promotes literacy in the community in such a fun way. It was especially impressed with my Honors students, who gave up a Saturday to attend their enthusiasm for comic with the next generation of readers.



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## INTERNATIONAL

### Rachel Duffin Teaches in Brazil!

Rachel Duffin, a senior studying in Global Studies and Spanish, spent Summer 2012 teaching English at the Instituto Federal Rural de Pernambuco in Recife, Brazil, a coastal city located at the northeastern coast of the country. The Instituto Federal Rural de Pernambuco is a federal institution of higher education (Instituto Federal de Educação, Ciência e Tecnologia do Estado de Pernambuco - IFPE) which provides the global experience for students seeking university education. A major component of this program is a preparatory course for the TOEFL exam, a rigorous English proficiency test required for studying abroad in the United States. Rachel and the other Appalachian students each taught two classes daily for two weeks. They were responsible for designing lesson plans and assess that covered both basic and advanced English topics.

Every day before teaching the city bus to school, Rachel's lesson, an older woman who previously taught two Brazilian graduate students prepared a large batch of meals, drinks and pastries. These meals, daily meals, she not only shared local dishes, but also the Brazilian tradition of teaching new students and making new friends with local and foreign. Locally, Rachel's lesson topics included, as Rachel knew, only the national Portuguese the best picking up along the way. Rachel's lesson plans included, as Rachel knew, only the national Portuguese the best picking up along the way. Rachel's lesson plans included, as Rachel knew, only the national Portuguese the best picking up along the way. Rachel's lesson plans included, as Rachel knew, only the national Portuguese the best picking up along the way.

Outside the classroom, Rachel experienced many adventures that were mostly what she would expect from Brazil, and others that were quite surprising. Being in the heart of Brazil, she felt compelled to visit the beaches. Rachel is interested in the beaches for good reason: among the most popular of beaches are surrounded by natural reefs and coral with clear water. After a day of work and study, she often found herself relaxing on the beach, as though she were in Brazil. Rachel participated in weekly evening activities. The weekends during these months consisted of parties and traditional dancing.

The thoroughly enjoyed learning a new language, experiencing the vibrant, multicultural landscape, meeting new friends, and seeing the world from a new perspective. Rachel's experience was a great success, and she was especially impressed with my Honors students, who gave up a Saturday to attend their enthusiasm for comic with the next generation of readers.



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## INTERNATIONAL

### CHANCELLOR'S SCHOLARS TRAVEL TO DUBLIN

The Chancellor's Scholars Quenton Moss, Christopher Wadsworth, Colleen Casare, Shana Knecht, Caitlin Kline, Sarah Jolly, Tami Sullivan, Sarah Jones, Dicker Sweeney, Maria Pina, Dana Talbot, along with Yagor in attendance Dr. Leslie Sargent Jones and Dr. Angela Reed, spent the trip of a lifetime in Dublin, Ireland during Fall Break.

Departing from Boone on Tuesday, October 9, they arrived in Dublin to do a city tour on a chilly Irish morning that kept everyone awake despite the cold. They fought and out of sleep. They saw Dublin castle, walked along the harbor, and saw many historic sites. They saw the Guggenheim Museum, the Belfry, and the Book of Kells. They saw the Guggenheim Museum, the Belfry, and the Book of Kells. They saw the Guggenheim Museum, the Belfry, and the Book of Kells.










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The Honors College Staff  
Wishes You a Happy, Healthy,  
and Successful 2013!

Next Honorum Laurus  
Arrives in the Spring!

Give Now

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For more information on how to donate, please email or call the Honors College. We appreciate your support and generosity!

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The Honors College Newsletter

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SPRING 2013

## LAURUS HONORUM

"Honored with the Laurus" Volume 12, Spring 2013



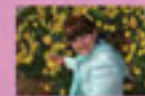
Honors Students Take on the Quest!

WELCOME

### A Word From the Director

It is finally spring in Boone! It was a long time coming, and we were still clearing snow off of our cars in the last days of March, but the pale signs of spring are now in bloom, down on the lower valley, looking up the shimmering rays and turning a warmish shade of pink to their roots to tell it is our first warm season in this new campus, and it has been wonderful to watch the students use all the lower spaces in the winter cold, from the music of The Platform to the games in the library and, now the river area in the warming days of April, from soccer to volleyball. Dr. Michael Dale held class out in the lower courtyard this week, and the kids were not far behind. What a spectacular location for our new Honors College home!

In addition to stories about the newly-dazzled Blvd and Carole Wilson, Honors and Engagement Community, you will find an exciting tale of travel adventure from



alumni Catherine Wood and Stephen Tim Delaney, multiple travel pieces from spring break or study abroad, and reports on conferences and other student activities. One particularly noteworthy event was the HCHC and PGP-sponsored day of service at the Hospital for the Homeless. On the practical side, there is also an overview of fall courses and information about the new international education opportunities available in Boone. So jump in, sample a few articles, and move back in the summer for our next edition or better still, send us your story!

—Leslie Sargent Jones, Ph.D.

### Honors Students Take a Break for Some Winter Fun!



The Appalachian Honors Association (AHA), the student-elected organization for the Honors College, recently hosted a fun winter break to App State Mountain in March. Several Honors students participated and enjoyed a break evening of skiing, snowboarding, and lots of fun! It was a great bonding adventure as the more experienced skiers and snowboarders helped the newcomers. AHA looks forward to planning another trip next year with an even larger group.

PAGE 2

## NEWS

### The New Home of "Castle-Honors"

After months of planning, preparation, and construction, the Honors College moved to its new home in January! Located on the east side of campus at 234 Lanark Street, at the Corner of Brown Street, the new Brad and Carole Wilson Honors and Engagement Community is now complete with Appalachian Mall adjoining Summit and Cone Halls to form a castle-like rectangle with a beautiful center hallway.



There is also a spacious corner library that is lit up by windows covering an entire wall that overlooks a beautiful view of the campus. This cozy space provides a relaxing atmosphere where students can escape to socialize, study, or simply enjoy the view.



The new space houses a number of areas that will improve our services and environment for Honors Students. The second floor offers six new classrooms that will offer state-of-the-art audio and visual classroom technology. The arrangement of each classroom space facilitates active learning environments that foster open discussions among the students and professors. This floor also offers two great study areas. One area has been adopted by the Appalachian Honors Association (AHA) as a new Honors musical venue called "The Platform" where students gather and perform on Thursday evenings.




Windows fronting both sides of the corner of Appalachian Mall provide energy and light as you walk up the stairs to the third floor where the Honors College staff and faculty offices are located. Additional private study rooms and a resource center have been put to good use on this floor by students who seek quiet study time or to gather for fun and games.




Please come by to see our wonderful new facilities and get a glimpse of what's to come in the Honors College!

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## NEWS

### Fall 2013 Course Line-Up

It is pre-registrations advising time for those planning their fall semester, and the Fall-Up List shows us an exciting variety to sign up ourselves. There are some new classes like Biology Technology and Calculus, 20th-century American Prof. Lippert's old Professor of Learning, Introduction to Comparative Education, a global education class from Prof. DeRosa, that look wonderful, but there are also some old favorites like Myth and Meaning, Ohio, Prof. Westwood, and Visual Production. Professor from Prof. DeRosa, that every will be happy to see. A particularly unusual one from Dr. Dee Fiedler and Susan Wilson in Computer Science is Nature Open Culture Center, which will have the students using the MOOC of their choice and exploring it during the semester. This should provide useful information for a potential publication in this emerging field in education. China and Chinese American is a new field course from English Professor Holly Martin that will be available to study in Berlin, Germany, among many other places, and also what makes the choice to be part of Prof. Smith's Community-Based Art class last fall. We are in it! We will see what it's all about when we go to Washington, D.C. next week.



The Honors Center line-up for the following class has some favorites like Latin and Greek, Creative Life and Practice, and American Legends, but the new ones Contemporary Studies, Literature, and Culture should help prepare the international career paths of many students. Science students will be considering The Science-Based World, Science and Culture Thinking, which will bring them face-to-face with the culture class of evolution-based research and collaborative scientific. Whichever way they choose will give them a healthy contribution to the world of Honors research and the life of the mind.

### Honors Students Show Their Talent in Maya Angelou Performance

Honors students, Jenna Noel (far right) and Jane Brown (third from left), put on an amazing dance performance during An Evening With Maya Angelou. The 20th Martin Luther King Jr. Commemorative. The event took place on January 22nd at the Honors Center, where hundreds had the pleasure of watching the beautiful dance piece that was performed.



Congratulations Jenna and Jane!

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## RESEARCH

### Perception

Artistic approach, they are presented with a board for their class. In their way with tools to have fun. Artists' viewers are able to play with, modify, extend, and draw on a blackboard wall. For the artist, Jenna Noel (far right) and Jane Brown (third from left) put on an amazing dance performance during An Evening With Maya Angelou. The 20th Martin Luther King Jr. Commemorative. The event took place on January 22nd at the Honors Center, where hundreds had the pleasure of watching the beautiful dance piece that was performed.



As part of her Honors Thesis research, Rachel Ginder's installation, Perception, was featured in the Learning Space Gallery in the Pennington Student Union from January 20th through February 10th. Through Rachel's use of bright colors and arrangements of childhood playthings, Perception reveals the surface of a few childhood and her imagination. More to come from Rachel's work.



The installation was awarded with the intention of having each viewer's eyes to be presented a quick, shiny, free quick. When the viewer enters they are greeted by a track that indicates them to the child-like fun at the rear of the gallery.

Throughout the semester, Rachel has been working a psychology class-research study to the space, testing its ability to reduce stress of a person's perception to the world. The study will be published in her first Honors Thesis, "Visual Art Installation: How Psychology is Used in the World."



PAGE 5

## EVENTS

### The Life Raft Debate

On the evening of March 20th, three brave ACD faculty members participated in The Life Raft Debate hosted by the Appalachian Honors Association (AHA). Despite the heavy, bitter cold weather, this fiery annual event attracted over sixty audience members, who laughed, clapped, and cheered throughout the entire debate.

The story behind the event is that some sort of apocalyptic disaster takes place and the sole survivors are the audience members, who have built a raft and are set to rebuild society from the ground up. They must bring along the three ACD professors for their wisdom and guidance in the new world. HOWEVER, there is only ONE additional spot on the raft. The professors must argue that five or two disciplines is the one indispensable area of study that our civilization will need in order to flourish. The audience members then cast their votes for who will be the one to climb aboard the raft and help save humanity!



Featured as this year's professors were Dr. Pamela London from Chemistry (center), Dr. Donna Lillian from Women's Studies (right), and Dr. Chris Gossard from the College of Education (left). Each did an amazing job in the presentation, and responding to some challenging questions from the audience. In the end it was Dr. London who won the coveted spot on the raft and the much-needed sea troops!



Special thanks to these three professors for providing the audience an incredible evening of fun, laughter, and education!



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## EVENTS

### The Vagina Monologues

From November 2012 to February 2013, Rivers student and advertising major, Shelby Reynolds, directed *The Vagina Monologues*, an annual production on Appalachian campus. The *Vagina Monologues*, a play by Eve Ensler, is a series of stories written or inspired by women. The purpose of the Monologues is to bring awareness to issues as light-hearted as penis facts to the life of a woman, and including the word "vagina" and as serious as rape, sexual abuse, and genital mutilation.

Shelby and the cast began rehearsals in late November and rehearsed every week up until the performance. The show ran for three nights near Halloween's Day weekend, selling out its final night. It raised over \$6000 for the Y-SAT Campaign, which helps women and girls across the world in various ways.

Shelby plans to direct the show again next year if you would like to be a part of next year's show, please stop by the ASU Women's Center located in the International Building.



The Vagina Monologues 2013

Shelby Reynolds directed the show with cast.

### Brown's New Musical Venue: The Platform



"The *Appalachian Brown's Association (ABA)* introduced a new venue to the musical world of the southeast that, only a year ago, was called 'The Platform.' The *Platform* is a new musical venue that has been created by the *Appalachian Brown's Association (ABA)* and is a place where we can perform our music and our art in a new and exciting way."



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## ALUMNI

### Meet the Thumbtacks



Meet the Thumbtacks: Catherine Wood and Stephen The Delivers both 2012 Bachelor's Degree graduates who dropped everything to follow their dreams of backpacking Europe for one year.

Three years ago, Catherine began dreaming of long-distance backpacking from Portugal to Beijing. "I knew it would be difficult and risky, but backpacking Europe was something I needed to do," she says. "I realized in my heart that I had to accomplish the dream as a young girl or always look back and wonder 'what if?'" As an undergraduate, Catherine traveled with the Rivers Brown Program to China for a summer study in politics and architecture. She also traveled with the Walker College of Business to China as a Rolland Fellow. Her experiences with ASU fueled her love of travel and gave her the courage and skills to plan for the extended trip. The past had to talk, but Stephen knew taking the trip with her, and it wasn't a difficult sell. He was because, as this would be his first time traveling outside the U.S., he recalls, "It was a leap of faith and the adventure of a lifetime. How do you say no to that?" There were a lot of times in stress and disaster in common, but her people accomplish their dreams without taking risks.

It started with a dream. Stephen bought a world



PAGE 8

map and Catherine bought some thumbtacks. Before long, they had a map full of postcards and a goal of travel in the form of a backpacking adventure. They came up with the name "Thumbtack Travel" and launched a website to chronicle their journey - ThumbtackTravel.com - to be sure to share it all.

The Thumbtacks had started careers, worked to earn money and gain experience, and planned for possible worse-case scenarios. They knew that quitting their jobs at the height of an economic downturn could spell disaster for the future, but it was worth the risk. Although they were happy in their jobs, Stephen wanted to make sure and Catherine was in need for a large bank, they needed more.

The Thumbtacks bought one-way tickets to Amsterdam and, from the moment they hit the ground, knew they had made the right decision. Traveling by bus, boat, rail, car, motorcycle, and more, and of course on foot.



The Thumbtacks in China

The Thumbtacks traveled 1,000 miles from Amsterdam to Beijing. They lived the monologues in China, did some in Croatia, did some in the jungles of Laos, and explored the real top because of travel. But decided the experience was worth more than that. It gave them an opportunity to change their lives, going forward.

Catherine points out, "Our education at Appalachian State taught us to think outside the box. It's not our trip to travel as it was the industry we wanted to be in. Inside of the 30 days following our return to the States, we both have jobs in our desired field."

(continued on page 9)



## ALUMNI

...Thumbtacks (continued from page 8)

Stephen dreamed of pursuing a career in digital marketing, but realized how difficult it is to switch industries without experience. He used their website, ThumbtackTravel.com, and the social marketing from their trip to get a foot in the door. He is now a Digital Marketing Specialist with a business consulting group in Raleigh.

Catherine is also now in her much desired field of international business. She accepted an internal audit/international consulting role with a large NC textile manufacturer that has a presence in China, India, Mexico, and Pakistan. Despite coming back

to the states a few months ago, she's ready to hit the road again and give her passport some much-needed exercise - only this time it will be for work.

Thumbtack



### Timothy Hefflinger Presents Honors Thesis Research in London



In November 2012, Rivers graduate Timothy Hefflinger, traveled to London to present a portion of his Honors thesis. The "Disruption" of International Development: Creating Sustainable Policies at the University of East London (UEL) Disruptive Conference. The conference focused on emerging progress in international development, and his work applying Michel Foucault's notion of discipline to international development proved to be a fruitful and discussion-provoking addition to the presentation.

Hefflinger was selected by a panel of professors from UEL to have his talk, which was published in the UEL Journal on International Development, as a featured speaker and one of the other presenters at the conference.

In expressing his gratitude to all at ASU who helped him through this process, he reports he looks forward to what he's about. "As I begin to apply in graduate schools this coming autumn, I will surely be highlighting this experience and the critical skills I've gained by traveling and presenting my work abroad."



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## SERVICE

### Marissa Helps Children's Home in Georgia

Like most freshmen, Marissa Davidson was looking for something exciting and out of the ordinary to do over spring break. When her plans fell through, she found herself looking into Alternative Spring Break trips. Although somewhat, Marissa was excited when she found out she would be spending a week with her fellow wonderful people doing service work at Murphy-Margot Children's Home in Cedartown, Georgia.

Murphy-Margot's mission is "to provide a safe and nurturing environment where severely abused and neglected children can thrive and heal." Spending a week in service to children who longed for love and support was something Marissa could picture herself doing, and after the week was over, she admitted, "I wouldn't have had it any other way." At the agency Marissa painted the new recreation center as well as a reading life that was placed in the new building. She was able to spend time with the children during their lunch and dinner as well as during after school activities, such as chess, art, or outdoors. "Despite everything these kids have been through, they are so willing to share their joy with a complete stranger. It really was amazing and truly eye-opening."

Not only did Marissa get to know some of the 57 kids, aged 8-18, who are currently living at Murphy-Margot, she also got to know two other ASU students who enjoy service as much as she does. Marissa explains, "For me, this trip was not just about service. It was about learning who I am and helping these kids learn who they are too. They are not just a sad story, but they are children with feelings, hopes, and dreams. And they helped me discover that too." Marissa recommends that everyone go on an Alternative Spring Break trip at least once, and to be open to the new experiences it provides.



Marissa posing with her college life placed in the new recreation center at Murphy-Margot.



Marissa and her group building a thank you sign given to them by the children at Murphy-Margot.

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## Next Laurus Honorum Arrives in the Summer!

Watch for our summer newsletter and read about the spring Honorum Laurus, international study abroad adventures, thesis highlights, and much more!

**GIVE NOW**

If you would like to donate to the Honors College and support our talented students, please visit our website and click on the image above, which is located at the bottom of our home page at [www.honors.appstate.edu](http://www.honors.appstate.edu).

For more information on how to donate, please email or call the Honors College. We appreciate your support and generosity!

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## SUMMER 2013


# LAURUS HONORUM

"Honored with the Laurus"

Volume 17, Summer 2013



**HONORS STUDENTS FIND A WORLD TO EXPLORE**



## WELCOME



Dr. Jones is front of the Great Cathedral at Petroshvili (the Summer Palace) in St. Petersburg, Russia.

It has been about the wettest, coldest spring in a long time, but the weather has not dampened our spirits as we revel with the graduates in May, and then started getting reports of the myriad summer adventures of the students and faculty. My own vacation was spent in the beautiful Baltic, from Copenhagen to Petroshvili (see photo), but you will see that many of our students have been to even more exotic locations, like India, South Africa, and Chile. Our alumni are also sending back exciting stories of travel and discovery as are the Honors Faculty. This newsletter gets more like National Geographic every issue - and we like it! If you are an alumnus/a, join the party and send us YOUR story of international and professional exploration to add to the fun.

**Coming Soon! Honors College Freshman Retreat 2013**  
**Wednesday, August 14th – Thursday, August 15th**

Pam-packed days are planned for our new Honors freshmen this year, beginning with the "Town as Text" event in August 14th and a day-long adventure at Broadstone on August 15th!

- Group activities to meet other Honors students
- High and low ropes challenge courses (voluntary!)
- Just have fun and play! In the river, games on the fields, or games indoors

Watch for highlighted events and photographs of this year's retreat in our fall newsletter.





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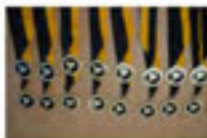
## FAREWELL

### Graduating Students Honored at the Spring 2013 Honorum Laurus



On May 10th the Honors College hosted the Spring 2013 Honorum Laurus graduation ceremony. Over 200 people attended, including 70 graduating Honors Students and their guests, to celebrate their outstanding accomplishments in the Honors College. Their hard work culminated with the completion of their Honors Thesis project, with wide-ranging subjects that included Karlin Rasmussen's "Development of Sensing Systems to Monitor the Hydrolysis of  $\beta$ -Lactam Antibiotics," Elliot Barwert's "How Self-Editing Can Impact Student Involvement in Adolescent Literature," and Maximilian von Puchling's "The Future of Business Education: A Futuristic Perspective." Visit our website to get a fascinating glimpse of all our talented graduates' Honors Thesis Abstracts at: [www.honors.appstate.edu/academics/thesis-examples](http://www.honors.appstate.edu/academics/thesis-examples).

The Honorum Laurus is the Honors College ceremony to celebrate those who have completed the requirements to earn the distinction of University Honors. Each student so honored in Laurus Honorus, "one honored with the laurus" as, in this case, a medal. The medal design received by all of our graduates reflects the logo of the Honors College, which in turn incorporates the mountain neighbor of the Appalachian State University word mark. Our graduates have now taken flight, giving their wing to the world, we wish them every success and will follow their bright futures with pride and great interest.



PAGE 3

## WHAT'S HAPPENING

### Three Future Physicians



All three Honors College students who applied to medical schools are on their way starting this fall. Margo Pray (on the left) is off to UNC-Chapel Hill. Anne Marie Anglin (in center) is heading for VCOM in Wheeling, VA, while Maria Colan (on the right) is going back home to the University of Alabama at Birmingham. These three Chancellor's Scholars have contributed so much to the campus that they will be sorely missed, but we are anxious for them to join the ranks of health-care providers and share their magic with the wider world. Margo was a Biology major who plans to have a general practice, as does AJ, who supported in Appalachian Studies to better her skills as a rural provider, and Maria majored in Human Science and has specialized in studying how activity can mitigate metabolic problems. They have all done brilliantly at ASU, and we are sure they will continue to blaze a bright path in the future.

### Honors Students Produce Wine That's Now Available in Boone!

Students in Dr. Seth Cohen's Fall 2012 "Wine Production Practices" seminar learned all about wine making and took it one step further by helping to produce a wine in cooperation with Grandfather Vineyards. "The Scholar" is a magnificent blend of 90 grown cabernet sauvignon and merlot, and is now available at Pradley's Wine & Beer Warehouse. A percentage of the proceeds from the sale of this wine will be donated back to the ASU Fermentation Science Program to help continue efforts towards a better future for the NC grape and wine industry, as well as helping with the brewing program (note the cork is from Ivory Tower Brewing, the winery of the ASU brewing program). Get some taste and enjoy!



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## AWARDS

### Three Faculty Members Honored at Spring 2013 Honorum Laurus

#### Dr. Mike Wise Receives Honors College Special Recognition Award



Dr. Mike Wise has been a member of the faculty in the Department of Sociology since 1972, and has contributed to Honors courses since the beginning of the Honors Program in the late 1970s. At the May Honorum Laurus graduation ceremony, Dr. Wise was recognized for his overall distinguished performance as an Honors faculty member and for his service to our Honors students over the years. Congratulations, Dr. Wise!

#### Dr. Jennifer Cecile Named Honors College Thesis Mentor of the Year



Dr. Jennifer Cecile from the Department of Chemistry was named the Honors College Thesis Mentor of the Year at the May Honorum Laurus ceremony. Dr. Cecile has been an outstanding mentor to Honors students for many years, but this year she mentored three students through completion of their Honors Thesis. These intense, individually designed projects demand a great deal from the faculty members who supervise them, and Dr. Cecile has demonstrated exceptional leadership and guidance to the Honors students who have benefited from these projects. Congratulations, Dr. Cecile, and thank you for all you do for our Honors students!

#### Dr. Emory Mauden Selected as Honors College Faculty Member of the Year



Dr. Emory Mauden from the English Department was honored at the May Honorum Laurus graduation ceremony with the award of Honors College Faculty Member of the Year. What makes this award particularly special is that the recipient is selected by the Honors College Senior Vanguard members, who solicit input from other Honors students to determine the winner. Dr. Mauden was recognized for his distinguished performance and excellence in teaching our graduating Honors students over the past four years. "I enjoy working with Honors students because of a wonderful combination of excitement about learning about flexible intelligence and strong motivation to succeed." Congratulations, Dr. Mauden!

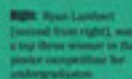
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## STUDENTS

### Honors Students Participate in 16th Annual Celebration of Student Research and Creative Endeavors



On April 16th, several Honors students were among 150 students presenting their research at ASU's annual research day sponsored by the Office of Student Research. In addition to those present in the right, other Honors students who presented research included Amber Smith, Kerry Burdett, Shaw Connelley, Miranda Cook, and Alyson Wells.



Left: Dawn Woodard (left) and Meredith Woodard (right), both winners of the Sigma Xi award for interdisciplinary research.

### Honors Student Receives Competitive U.S. Department of State Critical Language Scholarship



Rising Honors junior Brian Cox (seen pictured on front cover), is one of 22 students who received the highly competitive U.S. Department of State Critical Language Scholarship. Brian is spending the summer in Russia, which is to the Republic of Tatarstan, studying the Russian language in a 7-10 week intensive program along with 14 other students, whom they are spending only Russian. Through this experience, Brian hopes to become fluent in Russian and to continue his study of the language in the graduate level while he pursues graduate work in computer science.

Watch for his insights here to learn all about his experience in our fall newsletter. Congratulations, Brian!

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## EVENTS

### Honors Orientation

The Honors College welcomed 143 new Honors students during Freshman Orientation in June. Both group and individual sessions were held to provide information to students and parents about Honors curriculum, policies, academic advising, and the benefits of being in the Honors College. The Honors Freshmen will return on August 12th for early move-in to the dorms and participate in more planned activities to kick-off the new academic year including the second annual Freshman Lecture with the "Town as Text" event in Boone on August 24th and the Breadstone on August 25th. The Freshman Welcome Supper will be Sunday evening, August 26th.



### Honors Student Offers New Style of Urban Dance



Joshua Carr is a rising Honors College senior and is the Founder and President of Entropy Dance Crew at ASU. Joshua participated in this year's Summer Dance Series through the Department of Theatre and Dance, which offered a variety of dance classes open to dancers at all levels. On June 4th, Joshua held a class in the combined style of Krump with Hip-Hop influences, creating a new style of urban dance. This was a very high-energy class that required dancers to let go of what they were used to and make new discoveries. The warm-up, breakdown of movement vocabulary, and set movement to music made this a fun and exhilarating experience (and a good workout) for all who attended.

Upon earning his degree in psychology, Joshua plans to open his own dance company that will provide career opportunities for choreographers and dancers within his community. He also plans to practice dance therapy for youth as a way of managing anxiety, emotional wellness, and overall physical health.

PAGE 7

## ALUMNI

### Honors Alumna Makes Positive Impact While Exploring the World

One year ago, Ryan Bradley's Appalachian undergraduate career ended, and she became an Honors College graduate and Mountaineer Alumna. Ryan's life as a college graduate began with a nutrition internship in Bloomington, South Africa, arranged by the Honors College, followed by world-class rock climbing with amazing people in the Rocklands of South Africa. The day she returned to the U.S., she immediately drove to Moine to do research at Mount Desert Island Biological Laboratory. Ryan was there to assist her ASU mentor, professor, and friend, Dr. Sue Edwards. "Ryan has had such an immense impact on me and I needed to see myself away from the place and people who helped shape who I have become today." After a week or so of unpacking, Ryan repacked and set off to Israel to experience yet another culture and lifestyle. "Each life of my adventures, Israel was full of non-stop excitement and I am proud to say I now have friends fighting in the Israeli army, fighting to keep Israel free."

where they gave away the great goods received from their sponsors. They were able to inspire people with disabilities to set goals, overcome obstacles, and reach new heights. At the culmination of their journey they had been taught as many lessons by incredible people, raised thousands of dollars, and had over 20 sponsors (including clubs from ASU).



Climbing Ancient Art at Fischer Towers in Moab, UT



Table Mountain in Cape Town, South Africa



Bouldering in Jon's Valley, UT



Floating with friends in the Dead Sea, Israel

After arriving back in the U.S., Ryan took the next month to continue planning for her "big" trip. Throughout her final semester at ASU, along with studying, climbing, writing her thesis, and surviving a case of "mononucleosis," she began planning and organizing a fundraiser: Climbing 4 Multiple Sclerosis (MS). Ryan's father was diagnosed with MS the year she was born, and watching him struggle and fight his deteriorating body gave her the courage and desire to help others with MS. She and her best friend traveled cross-country giving presentations and providing information about the disease. They worked in partnership with the National MS Society and took people with MS climbing, free of charge. By the time Ryan and her friend reached California they had acquired many sponsors and quite a bit of gear. They were able to get a lot to sponsor them, as well as a hand to come and play at their benefit and raffle show.

PAGE 8

## ALUMNI

### Honors Alumnus Experiences International Cultures Before Dental School

As Zack Anderson approaches the first day of dental school this August since graduating in May 2012, he can't resist reflecting on the experiences and opportunities he received through ASU and the Honors College that helped him get there. Majoring in pre-professional biology, while taking additional courses in Spanish, business, and Honors, provided him with an academic experience that was diverse, challenging, and relevant to his interests and goals. "Through the Honors College, not only did I take exciting and unusual courses like Math and Fairness in Elections, and Principles of Wine Production, I was also able to write an Honors Thesis in Spanish on a topic relevant to my future as a dental student and practicing dentist."



An interest in Dr. Weston Price's studies on nutrition and dentistry around the world inspired Zack to compose an Honors Thesis titled, "Los problemas creados por los cambios en la dieta occidental y la falta de acceso a la atención odontológica en los Estados Unidos," which explored the connection between Western diets and oral health, as well as the issues related to dental care access today. "To make his college experience even more interesting and rewarding, he explored and took advantage of programs offered through the Office of International Education and Development (OIED). Through OIED, he was able to take courses in New Zealand, including a faculty-led program, a semester abroad, and a summer abroad in Spain. "These opportunities not only gave my academic experience a global perspective, but also inspired me to become involved with International Appalachian, a student-led organization dedicated to internationalizing the ASU campus."



Due to his interest in international cultures and travel, Zack took a year off from school after graduating from ASU in order to take a trip around the world. Visiting eleven countries in Europe, Asia, and the South Pacific allowed him to visit past exchange students at ASU, volunteer in schools and orphanages, and explore new places he never visited before. Now the gap year is coming to a close, and he is about to begin his journey as a dental student at the University of Colorado. "A huge thank-you goes out to ASU and the Honors College for making this all possible!"



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## NEWS

### Honors College Signs Two Memoranda of Agreement/Understanding With NC Community Colleges

This spring, the Honors College was delighted to host members from Piedmont Community College and Asheville-Sunder Technical Community College to sign Memoranda of Agreement/Understanding (MOA/Us). These MOA/Us signed by President Scott Gustafson and officials from the community colleges will allow the students who participate in the community college Honors programs a fast-track into the Honors College at Appalachian, allowing them the opportunity to graduate with University Honors. The Honors College has been working diligently with local community colleges for over three years to develop and grow community college Honors programs.

These recent signings are the second and third community colleges to have arrangements with the Honors College. In April 2011, the first MOA/Us was signed with Southeastern Community College. Currently, the Honors College is in the process of signing its fourth MOA/Us with Durham Technical Community College. The Honors College looks forward to welcoming Honors students from these colleges, and hopes to sign more MOA/Us with other community colleges in the future.



President, Dr. Scott Gustafson, signs MOA/Us with Asheville-Sunder Technical Community College



President, Dr. Scott Gustafson, signs MOA/Us with Durham Technical Community College

### Dr. Chris Osmond Joins Honors College Faculty



Dr. Osmond loves working with Honors students because "they're not afraid to 'go there' to find the place where what they discuss in class comes with what they really care about, and bring that exciting interaction to light to move and improve it all."

The Honors College would like to welcome Dr. Chris Osmond, Assistant Professor of Leadership and Educational Studies, as the newest member of the Honors College faculty. Dr. Osmond teaches Social Foundations of Education to future teachers, and his research focuses on the use of the humanities ("narrative pedagogy") with teachers, nurses, social workers, and other caring professionals to protect against burnout, and help them thrive in their vocations. He also works in the fields of curriculum theory, narrative, reading education, and educational policy, especially critical work on the rise of neoliberal models of accountability and the emerging "wild culture" in public education.

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## INTERNATIONAL

### Nick Smith Experiences Chile While Completing Spanish Minor

This past winter, Honors student Nicholas Smith decided to escape the frigid Boston spring semester in favor of the more agreeable South American climate. For five months, Nick lived in Villa del Maipo, Chile, and was enrolled in Francisco Terrazas' *Castillo de Valparaiso* in Valparaiso, Chile, specifically in Villa del Maipo, a city within the Valparaiso metropolitan area.



Nick is a sophomore sociology major who is also completing a double minor in religious studies and Spanish. In just one semester, Nick was able to start and finish his Spanish minor by taking 15 hours of classes - all in Spanish. He was able to practice his Spanish at home while living with his Chilean family, which included both parents and their 14-year-old son and eight-month-old daughter.



In the five months he lived in Chile, Nick was able to experience much of the culture and daily life of a Chilean, as well as getting involved in ways that one only could by living there for an extended period of time. This included witnessing the protests and demonstrations of the growing student movement, frequenting the outdoor markets, participating in weekly basketball games at the university, taking a Chilean cooking workshop, volunteering to teach English, working with a grassroots non-profit, and finally, mastering the intricacies of the local public transportation. Nick was also able to travel during his time abroad, making trips to the north and south of Chile, Uruguay, Argentina, as well as successfully completing the world famous W Trek, a six-day hike through beautiful Chilean Patagonia. In the future, Nick hopes to build on his Spanish language skills as well as continue working with inner city kids. He will always treasure the relationships he built with his family and friends in Chile and all over the continent.

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## INTERNATIONAL

### Jessica Hinker and Nicole Sleyl Conquer Italy!

From May 14th to June 2nd, Honors students Nicole Sleyl and Jessica Hinker traveled with the Outdoor Programs to the Tuscany region of Italy. According to Nicole, "When signing up for the trip, I thought I would be hiking as a nice trail to see pretty views with a group of students I didn't know. What I gained was the most incredible experience of my life, not to mention a group of friends who I consider my Italian family!"



Nicole Sleyl (upper row, third from left) and Jessica Hinker (top row, third from right) picture with members of group on a day off.



Below: Nicole Sleyl



Above: Jessica Hinker

Jessica and Nicole set off to explore Italy with a group that included two Outdoor Programs leaders, an Italian couple, a New Zealand guide, and ten other students. They spent most of their time hiking in the Cinque Terre National Park, the National Park on Elba Island, and the Alps Apennine mountains, but they also enjoyed visiting art museums, churches (churches), and sea kayaking on Elba. The group also spent time exploring villages such as Portofino, the Cinque Terre (Monterosso, Vernazza, Corniglia, Manarola, and Riomaggiore), Fieschi, Valterra, Elba Island, Sanre, a farm in the Casentino Valley, and Florence.

Jessica, Nicole, and the rest of their "Italian family" stayed at hotels, refuges, and B&Bs, and worked together to hike over 60 miles up rocks, through snow, and along the edge of a mountain

to reach the summit. The food they ate in each stop was unique to the area, allowing them to try foods such as wild boar, rabbit, and multiple types of pasta and pig. In each place the group traveled along the trails, and the New Zealand guide or the Italian couple would talk about the history, culture, or flora and fauna of where they were. They got to meet incredible, diverse Italians, and be fully immersed in the culture by exploring parts of Italy that many never have an opportunity to see. The group learned some of the language, the social habits, and visited some local "hot spots" just to talk during free time.

By the end of the trip, the group could definitely say that they walked, talked, and ate like Italians! "This trip and how much we learned are indescribable," says Jessica, "we had life-changing, adventurous, and unforgettable experiences that we will cherish forever." Nicole added, "I thought I was just signing up for a cool trip, what I didn't know was that I would hike some of the hardest trails, see the most gorgeous views in the world, and have with the most amazing friends."

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## INTERNATIONAL

### Four Students on Honors International Experiences in India

Taking up the challenge of being the first in a new program, Alexandra Davis, Emily Horneum, Danielle Russell, and Dawn Woodard headed off to India at the beginning of June for a four-week "vol-term" at Bishop Heber College in Trichy, Tamil Nadu. Alex (shown below with a nurse in the clinic) and Danielle (2nd from left in cricket picture on right) were signed up for medical clinic observations, and got all that they hoped for at two Ch-Ops clinics and beyond (Alex has now seen a delivery and was overwhelmed by the opportunity).



Emily (on left in cricket shot above) was slated for dental practice observations, and she saw everything from extractions, to root canals, to orthodontia.



Dawn (in blue in photo at right) elected for the most unusual experience, as she wanted to do some biology field work, so she was out counting sparrows and learning about all the other birds of Trichy along the way. She is shown with one of her co-birders.

Alex, Danielle, Emily, and Dawn are on the cover (left to right at a wedding) pictured in their newly-purchased saris (shown below) which they were glad to don for their cohesiveness and comfort. Look for more details on their stories in a future issue.

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## INTERNATIONAL

### Four Students Get Hands-On Medical Experience in Mexico

Four students spent the month of June in Mexico at two different schools: Elson Shinglerdacker and Kim Noel were at Universidad de las Américas Puebla (UDAP), while Kelley Fuller and Miranda Cook were hosted at Benavente Universidad Autónoma de Puebla (BUAP). Elson (below left) was doing shadowing at the medical school, learning about medical student training and health care delivery, while Kim was working in the chemistry lab of Dr. Erick Bandala learning how to insert catheters into the compound 58k-15, she sent us a picture of her lab work (below center).



At BUAP, sociology major Kelley was working on a project with Dr. Cordero on migration and labor, she is shown above on right with her favorite Miika Pri-Oro Priggo, which has temporarily distracted her from her data analysis. Miranda was auditing nutrition classes and conducting her thesis research on diet, exercise, and diabetes in consultation with faculty from Nutrition and Nursing, she is shown on the right sampling a coffee as part of her project.



In addition to their professional experiences, they also traveled around the region seeing beautiful scenery (note waterfall on front cover) and magnificent, ancient structures, like the Great Pyramid of Cholula (with the 400-year-old Church of Our Lady of Remedies below left), and admiring the neighborhood volcano, Popocatepetl. Their blogs are also filled with reports of wonderful foods, including the regional star chiles en nogada.



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